

Staenberg Family Complex - Indoor Warm Water Rec Pool																									Fall/Winter/Spring																													
	Sunday				Monday				Tuesday				Wednesday				Thursday				Friday				Saturday																													
Time	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area																										
5:30 a.m.																																																						
6:00 a.m.																																																						
6:30 a.m.																																																						
7:00 a.m.	Lap Swim Open at 7 a.m.		Open Swim																												Open Swim Ongoing				Open Swim Ongoing				Open Swim Ongoing				Open Swim Ongoing				Open Swim Ongoing				Lap Swim Open at 7 a.m.		Open Swim	
7:30 a.m.																																																						
8:00 a.m.																																																						
8:30 a.m.																																																						
9:00 a.m.	Splash Academy 9 a.m.-2 p.m.				Lap Swim Open at 5:30 a.m.		Aqua Fit 9-9:45 a.m.		Lap Swim Open at 5:30 a.m.				Aqua Fit 9-9:45 a.m.		Lap Swim Open at 5:30 a.m.				Aqua Fit 9-9:45 a.m.				Lap Swim Open at 5:30 a.m.		Aqua Fit 9-9:45 a.m.		Splash Academy 9 a.m.-2 p.m.																											
9:30 a.m.																																																						
10:00 a.m.																																																						
10:30 a.m.																																																						
11:00 a.m.					Aqua Flow 11 a.m.-12 p.m.						Aqua Flow 11 a.m.-12 p.m.						Aqua Flow 11 a.m.-12 p.m.						Aqua Flow 11 a.m.-12 p.m.																															
11:30 a.m.																																																						
12:00 p.m.																																																						
12:30 p.m.					Open Swim																				Lap Swim Open at 5:30 a.m.								Open Swim																					
1:00 p.m.																																																						
1:30 p.m.																																																						
2:00 p.m.																																																						
2:30 p.m.	Lap Swim																				Aqua Tai Chi 2-2:50 p.m.				Lap Swim																													
3:00 p.m.																																																						
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Note: Grey shaded = pool closed; Beach Area indicates toddler water features are turned on.

Aquatics staff supervises pool area so recreational swimmers, lap swimmers and water walkers can share the facility, while maintaining comfort and maximum usage.

Schedule subject to change without notice.