

Marilyn Fox Building - Millstone Pool Schedule Fall/Winter/Spring

Fall/Winter/Spring

	Sunday						Monday						Tuesday						Wednesday						Thursday						Friday						Saturday					
	LANE						LANE						LANE						LANE						LANE						LANE						LANE					
Time	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6						
5:30 a.m.							Lap/Rec Swim 5:30 a.m.-5:30 p.m.						Lap/Rec Swim 5:30 a.m.-5:30 p.m.						Lap/Rec Swim 5:30 a.m.-5:30 p.m.						Lap/Rec Swim 5:30 a.m.-5:30 p.m.						Lap/Rec Swim 5:30 a.m.-5:30 p.m.											
6:00 a.m.																																										
7:00 a.m.	Lap/Rec Swim Ongoing, see specific lanes on chart												Wet Sweat 8-9 a.m.						Aqua Power 8-9 a.m.						Aqua Power 8-9 a.m.																	
8:00 a.m.																																										
8:30 a.m.																																										
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2:00 p.m.																																										
2:30 p.m.																																										
3:00 p.m.																																										
3:30 p.m.																																										
4:00 p.m.							British Swim School 8 a.m.-2 p.m.												Aqua Flow 9-9:45 a.m.												British Swim School 8 a.m.-2 p.m.											
4:30 p.m.																																										
5:00 p.m.																																										
5:30 p.m.																																										
6:00 p.m.							J Sharks Swim Team 5-6 p.m.						British Swim School 4-8 p.m.						J Sharks Swim Team 5-6 p.m.						British Swim School 4-8 p.m.																	
6:30 p.m.																																										
7:00 p.m.																																										
7:30 p.m.																																										
8:00 p.m.																																										
9:00 p.m.													Aqua Fit 6:30-7:30 p.m.																													

Note: Grey shaded = pool closed; blue shaded = lap/rec swim.

Schedule subject to change without notice.