

EEC Menus May-June 2026

Milk served daily w/Breakfast, lunch and snack



Monday	Tuesday	Wednesday	Thursday	Friday 4
May 4	May 5	May 6	May 7	May 8 Kitchen Closed
French Toast Tropical Fruit	Plain Bagel (WG) Cream Cheese Pear	Biscuit (WG) Tropical Fruit	Berry Muffin wg Mixed Fruit Pear	Puffed Rice Tropical fruit
Baked Beef Penne wg Garlic Bread Broccoli Pineapple	Cheese Pizza Tomato Pasta Salad Mandarin Orange	Fish Tacos Tortilla (WG) Spanish Rice Green beans, Salsa Peaches	Falafel, Pita Hummus Israeli Salad Applesauce	Egg Salad Sandwich wg Veggie Pasta salad Chips Challah Mandarin Oranges
Cottage Cheese Crackers (WG) Peaches	Sun Butter Banana	Ritz Cheese Crackers Pineapple	Cheese Crackers WG Fresh Orange Wedges	Oatmeal Fruit Bar wg Peaches

Monday	Tuesday	Wednesday	Thursday	Friday 5
May 11	May 12	May 13	May 14	May 15
Corn Flakes Pears HB Egg	Blueberry Muffin (WG) Fried Egg Pineapple	English Muffin (WG) Egg sandwich w/ Cheese Mandarin Orange	Croissant (WG) HB Egg Peaches	Pancake Hb Egg Banana
Lasagne Rollup Marinara Garlic Bread Peas, Carrots Mandarin oranges	Mac and Cheese Chef's Veggies Tropical Fruit	Salami Sandwich on Wheat wg Fries Fresh Apple Wedges	Pizza Bagels Italian Vegetables Applesauce	Chicken Shawarma Pita Israeli Salad Pineapple
Pudding Peaches	Tzatziki Crackers Pears	Roasted Carrots, Ranch Banana	Graham Crackers (WG) Orange Wedges	Yogurt Granola

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Monday	Tuesday	Wednesday	Thursday	Friday 6
May 18	May 19	May 20	May 21	May 22
Oaty O's Cereal Peaches HB egg	Berry Muffin WG Fried Egg	Biscuit (WG) Cheese Slice Mandarin Oranges	Cheese Muffin HB Egg Peaches	Waffle Banana
Sloppy Joe Bun (WG) Tots Chunky Apples	Cheese Tortellini, Alfredo Garlic Bread Italian Spinach Tropical Fruit	Fish Sticks (WG) Brown Rice Cole Slaw Peaches	Cheese Enchilada Bake w /Beans Corn W/Peppers Salsa Pear	Chicken Stir-Fry Rice Asian Vegetables Pineapple
Ritz Cheese Crackers Pears	Cottage Cheese Fresh Sliced Apple	Cheese Slice Crackers, (WG) Banana	Oatmeal fruit Bar (WG) Orange Wedges	Strawberry Yogurt Mixed Fruit

Monday	Tuesday	Wednesday	Thursday	Friday 7
May 25	May 26	May 27	May 28	May 30
Closed Memorial Day	Closed	Closed	Closed	Closed

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Monday	Tuesday	Wednesday	Thursday	Friday 1
June 1	June 2	June 3	June 4	June 5
Cornflakes Peaches HB Egg	Plain Bagel (WG) Butter Applesauce	Croissant Butter, jam Sliced Apples	Banana Muffin (WG) Tropical Fruit	Pancake (WG) Banana
Spaghetti (WW) Meat Sauce Garlic Bread Italian Green beans x 2 Tropical fruit	Baked Potato Bar Veggie Chili w/ Vegan Crumbles Broccoli, Pineapple	Fish Sandwich on Bun (WG) Slaw Crispy Fries Pineapple	Cheese Quesadillas on Tortilla (WG) Fiesta Corn Pineapple	Chicken Nuggets/ Tender Sweet Potato fries Pear Challah
Roasted Carrot Sticks Honey Mustard Pears	Ritz Cheese Crackers Fresh Orange Wedges	Fruit Oatmeal Bar WG Banana	Pizza Snaps Fresh Apple slices	Granola Mixed Berry Yogurt

Monday	Tuesday	Wednesday	Thursday	Friday 2
June 8	June 9	June 10	June 11	June 12
Corn Flakes Tropical Fruit	Plain Bagel (WG) Cream Cheese Mixed fruit	Biscuit (WG) Cheese slice Mandarin Oranges	Croissant Pear	French Toast (wg) Banana
Turkey Chili Cornbread Broccoli Peach	Stuffed Shells Marinara Garlic Bread Green Beans/Carrots Pineapple	Turkey Sandwich on Wheat Round (WG) Veggie Pasta Salad Applesauce	Grilled Cheese on Wheat Bread (WG) Tomato Soup Peach	Chicken Noodle Soup Saltines Mixed Vegetables Pineapple Challah
Blueberry Muffins wg Pears	Cottage Cheese Graham Crackers (wg) Banana	Pretzel Nuggets Honey mustard Fresh Melon	Cheese Cornbread (WG) Fresh Apple Wedges	Granola Yogurt

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Monday	Tuesday	Wednesday	Thursday	Friday 3
June 15	June 16	June 17	June 18	June 19
Oaty o's Cereal Peaches	Blueberry Muffin WG Butter Applesauce	English Muffin (WG) Butter, Jam Apple wedges	Apple Muffin (WG) Butter Pear	Waffle (WG) Banana
BBQ Meatballs Mashed Potato Mixed Vegetable Mixed Fruit	Tortellini Alfredo Garlic Bread Green Beans Pears	Tuna on Croissant Carrot Salad Pineapple	Mac (WW) and Cheese Cauliflower Tropical Fruit	BBQ Chicken, Bun (wg) Crispy Fries Slaw Challah
Cheese Slice Ritz Crackers (WG) Mandarin oranges	Roast Carrots, Ranch Banana	Hummus Pita chips Mandarin Oranges	Snack Mix Orange Wedges	Strawberry Yogurt

Monday	Tuesday	Wednesday	Thursday	Friday 4
June 22	June 23	June 24	June 25	June 26
Puffed Rice Tropical fruit	Plain Bagel (WG) Cream Cheese Pear	Biscuit (WG) Butter, jam Tropical Fruit	Egg Strata Mixed Fruit Pear	French Toast Banana
Chicken Schnitzel Sandwich on Roll WG Broccoli, Cauliflower Pineapple	Cheese Pizza Tomato Pasta Salad Mandarin Orange	Fish Tacos Tortilla (WG) Spanish Rice Corn, Salsa Peaches	Falafel, Pita Hummus Israeli Salad Applesauce	Chicken Tenders Potato Salad Slaw Tropical Fruit
Cottage Cheese Crackers (WG) Peaches	Sun Butter Banana	Ritz Cheese Crackers Fresh Orange Wedges	Oatmeal Fruit Bar WG Fresh Melon	Yogurt w/Blueberries