

Staenberg Family Complex - Indoor Warm Water Rec Pool

	Sunday				Monday				Tuesday				Wednesday				Thursday				Friday				Saturday					
Time	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area		
5:30am							Open Swim Ongoing				Open Swim Ongoing			Open Swim Ongoing		Open Swim Ongoing			Open Swim Ongoing			Open Swim Ongoing								
6:00am																														
6:30am																														
7:00am	Lap Swim Open at 7am		Open Swim		Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am			Open Swim Ongoing			Open Swim Ongoing			Lap Swim Open at 7am		Open Swim			
7:30am																														
8:00am																														
8:30am																														
9:00am	Splash Academy 9am-12pm		Open Swim		Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am			Open Swim Ongoing			Open Swim Ongoing			Lap Swim Open at 7am		Open Swim			
9:30am																														
10:00am																														
10:30am																														
11:00am	Splash Academy 9am-12pm		Open Swim		Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am			Open Swim Ongoing			Open Swim Ongoing			Lap Swim Open at 7am		Open Swim			
11:30am																														
12:00pm																														
12:30pm																														
1:00pm	Splash Academy 1-2pm		Open Swim		Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am			Open Swim Ongoing			Open Swim Ongoing			Lap Swim Open at 7am		Open Swim			
1:30pm																														
2:00pm																														
2:30pm																														
3:00pm	Lap Swim & Splash Academy Ongoing		Open Swim		Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am			Open Swim Ongoing			Open Swim Ongoing			Lap Swim Open at 7am		Open Swim			
3:30pm																														
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5:00pm	Lap Swim & Splash Academy Ongoing		Open Swim		Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am			Open Swim Ongoing			Open Swim Ongoing			Lap Swim Open at 7am		Open Swim			
5:30pm																														
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7:00pm					Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am			Open Swim Ongoing			Open Swim Ongoing			Lap Swim Open at 7am		Open Swim			
7:30pm																														
8:00pm																														
8:30pm					Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am		Aqua Flow 9-9:45am	Lap Swim Open at 5:30am			Open Swim Ongoing			Open Swim Ongoing			Lap Swim Open at 7am		Open Swim			

Note: Grey shaded = pool closed; Beach Area indicates toddler water features are turned on.

Aquatics staff supervises pool area so recreational swimmers, lap swimmers and water walkers can share the facility, while maintaining comfort and maximum usage.

Updated 9/18/25 • Schedule subject to change without notice.