

Staenberg Family Complex - Indoor Warm Water Rec Pool

Fall 2023

Time	Sunday				Monday				Tuesday				Wednesday				Thursday				Friday				Saturday							
	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area				
5:30am	Grey shaded				Lap Swim Open at 5:30am				Open Swim Ongoing				Open Swim Ongoing				Open Swim Ongoing				Lap Swim Open at 5:30am				Open Swim Ongoing				Grey shaded			
6:00am																																
6:30am																																
7:00am	Lap Swim Open at 7am		Open Swim		Lap Swim Open at 5:30am				Open Swim Ongoing				Open Swim Ongoing				Open Swim Ongoing				Lap Swim Open at 7am				Open Swim							
7:30am																																
8:00am																																
8:30am	Splash Academy 9am-2pm		Open Swim		Lap Swim Open at 5:30am				Open Swim Ongoing				Open Swim Ongoing				Open Swim Ongoing				Lap Swim Open at 5:30am				Open Swim							
9:00am																																
9:30am																																
10:00am	Jr. Jaws 1-1:45pm		Open Swim		Lap Swim Open at 5:30am				Open Swim Ongoing				Open Swim Ongoing				Open Swim Ongoing				Lap Swim Open at 5:30am				Open Swim							
10:30am																																
11:00am																																
11:30am	Aqua Flow 9-9:45am		Open Swim		Lap Swim Open at 5:30am				Open Swim Ongoing				Open Swim Ongoing				Open Swim Ongoing				Lap Swim Open at 5:30am				Open Swim							
12:00pm																																
12:30pm																																
1:00pm	Aqua Fit 11am-12pm		Open Swim		Lap Swim Open at 5:30am				Open Swim Ongoing				Open Swim Ongoing				Open Swim Ongoing				Lap Swim Open at 5:30am				Open Swim							
1:30pm																																
2:00pm																																
2:30pm	Lap Swim		Open Swim		Lap Swim Open at 5:30am				Open Swim Ongoing				Open Swim Ongoing				Open Swim Ongoing				Lap Swim Open at 5:30am				Open Swim							
3:00pm																																
3:30pm																																
4:00pm	Aqua Tai Chi 2-2:50pm		Open Swim		Lap Swim Open at 5:30am				Open Swim Ongoing				Open Swim Ongoing				Open Swim Ongoing				Lap Swim Open at 5:30am				Open Swim							
4:30pm																																
5:00pm																																
5:30pm	Lap Swim		Open Swim		Lap Swim Open at 5:30am				Open Swim Ongoing				Open Swim Ongoing				Open Swim Ongoing				Lap Swim Open at 5:30am				Open Swim							
6:00pm																																
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7:00pm	Aqua Flow 9-9:45am		Open Swim		Lap Swim Open at 5:30am				Open Swim Ongoing				Open Swim Ongoing				Open Swim Ongoing				Lap Swim Open at 5:30am				Open Swim							
7:30pm																																
8:00pm																																
8:30pm	Grey shaded				Grey shaded				Grey shaded				Grey shaded				Grey shaded				Grey shaded											

Note: Grey shaded = pool closed; Beach Area indicates toddler water features are turned on.

Updated 9/5/23 • Schedule subject to change without notice.

Aquatics staff supervises pool area so recreational swimmers, lap swimmers and water walkers can share the facility, while maintaining comfort and maximum usage.