

# Marilyn Fox Building - Millstone Pool Schedule

Fall 2023

| Time    | Sunday  |   |   |   |   |   | Monday                          |   |   |   |   |   | Tuesday                         |   |   |   |   |   | Wednesday                       |   |   |   |   |   | Thursday                           |   |   |   |   |   | Friday  |   |   |   |   |   | Saturday    |   |   |   |   |   |
|---------|---|---|---|---|---|---|---------------------------------|---|---|---|---|---|---------------------------------|---|---|---|---|---|---------------------------------|---|---|---|---|---|------------------------------------|---|---|---|---|---|---|---|---|---|---|---|-------------|---|---|---|---|---|
|         | LANE  |   |   |   |   |   | LANE                            |   |   |   |   |   | LANE                            |   |   |   |   |   | LANE                            |   |   |   |   |   | LANE                               |   |   |   |   |   | LANE  |   |   |   |   |   |             |   |   |   |   |   |
|         | 1   | 2 | 3 | 4 | 5 | 6 | 1                               | 2 | 3 | 4 | 5 | 6 | 1                               | 2 | 3 | 4 | 5 | 6 | 1                               | 2 | 3 | 4 | 5 | 6 | 1                                  | 2 | 3 | 4 | 5 | 6 | 1   | 2 | 3 | 4 | 5 | 6 | 1           | 2 | 3 | 4 | 5 | 6 |
| 5:30am  | Grey shaded   |   |   |   |   |   | Lap/Rec Swim<br>5:30am-8pm      |   |   |   |   |   | Lap/Rec Swim<br>5:30am-8pm      |   |   |   |   |   | Lap/Rec Swim<br>5:30am-8pm      |   |   |   |   |   | Lap/Rec Swim<br>5:30am-8pm         |   |   |   |   |   | Lap/Rec Swim<br>5:30am-7:30pm                                 |   |   |   |   |   | Grey shaded |   |   |   |   |   |
| 6:00am  |   |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                    |   |   |   |   |   |   |   |   |   |   |   |             |   |   |   |   |   |
| 7:00am  | Blue shaded   |   |   |   |   |   | Blue shaded                     |   |   |   |   |   | Blue shaded                     |   |   |   |   |   | Blue shaded                     |   |   |   |   |   | Blue shaded                        |   |   |   |   |   | Blue shaded   |   |   |   |   |   |             |   |   |   |   |   |
| 8:00am  |   |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                    |   |   |   |   |   |   |   |   |   |   |   |             |   |   |   |   |   |
| 8:30am  | Blue shaded   |   |   |   |   |   | Blue shaded                     |   |   |   |   |   | Blue shaded                     |   |   |   |   |   | Blue shaded                     |   |   |   |   |   | Blue shaded                        |   |   |   |   |   | Blue shaded   |   |   |   |   |   |             |   |   |   |   |   |
| 9:00am  |   |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                    |   |   |   |   |   |   |   |   |   |   |   |             |   |   |   |   |   |
| 9:30am  | British Swim School<br>9am-2pm  |   |   |   |   |   | Wet Sweat<br>9-10am             |   |   |   |   |   | Aqua Flow<br>9-9:45am           |   |   |   |   |   | Aqua Power<br>8-9am             |   |   |   |   |   | Aqua Flow<br>9-9:45am              |   |   |   |   |   | British Swim School<br>9am-2pm                                |   |   |   |   |   |             |   |   |   |   |   |
| 10:00am |   |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                    |   |   |   |   |   |   |   |   |   |   |   |             |   |   |   |   |   |
| 10:30am | British Swim School<br>9am-2pm  |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-5:30pm |   |   |   |   |   | British Swim School<br>9am-2pm                                |   |   |   |   |   |             |   |   |   |   |   |
| 11:00am |   |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                    |   |   |   |   |   |   |   |   |   |   |   |             |   |   |   |   |   |
| 11:30am | British Swim School<br>9am-2pm  |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-5:30pm |   |   |   |   |   | British Swim School<br>9am-2pm                                |   |   |   |   |   |             |   |   |   |   |   |
| 12:00pm |   |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                    |   |   |   |   |   |   |   |   |   |   |   |             |   |   |   |   |   |
| 12:30pm | British Swim School<br>9am-2pm  |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-5:30pm |   |   |   |   |   | British Swim School<br>9am-2pm                                |   |   |   |   |   |             |   |   |   |   |   |
| 1:00pm  |   |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                    |   |   |   |   |   |   |   |   |   |   |   |             |   |   |   |   |   |
| 1:30pm  | British Swim School<br>9am-2pm  |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-5:30pm |   |   |   |   |   | British Swim School<br>9am-2pm                                |   |   |   |   |   |             |   |   |   |   |   |
| 2:00pm  |   |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                    |   |   |   |   |   |   |   |   |   |   |   |             |   |   |   |   |   |
| 2:30pm  | Lap/Rec Swim<br>Ongoing,<br>see specific<br>lanes on<br>chart   |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-5:30pm |   |   |   |   |   | Lap/Rec Swim<br>Ongoing,<br>see specific<br>lanes on<br>chart |   |   |   |   |   |             |   |   |   |   |   |
| 3:00pm  |   |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                    |   |   |   |   |   |   |   |   |   |   |   |             |   |   |   |   |   |
| 3:30pm  | Lap/Rec Swim<br>Ongoing,<br>see specific<br>lanes on<br>chart   |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-5:30pm |   |   |   |   |   | Lap/Rec Swim<br>Ongoing,<br>see specific<br>lanes on<br>chart |   |   |   |   |   |             |   |   |   |   |   |
| 4:00pm  |   |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                    |   |   |   |   |   |   |   |   |   |   |   |             |   |   |   |   |   |
| 4:30pm  | Lap/Rec Swim<br>Ongoing,<br>see specific<br>lanes on<br>chart   |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-5:30pm |   |   |   |   |   | Lap/Rec Swim<br>Ongoing,<br>see specific<br>lanes on<br>chart |   |   |   |   |   |             |   |   |   |   |   |
| 5:00pm  |   |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                    |   |   |   |   |   |   |   |   |   |   |   |             |   |   |   |   |   |
| 5:30pm  | Lap/Rec Swim<br>Ongoing,<br>see specific<br>lanes on<br>chart   |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-5:30pm |   |   |   |   |   | Lap/Rec Swim<br>Ongoing,<br>see specific<br>lanes on<br>chart |   |   |   |   |   |             |   |   |   |   |   |
| 6:00pm  |   |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                    |   |   |   |   |   |   |   |   |   |   |   |             |   |   |   |   |   |
| 6:30pm  | Lap/Rec Swim<br>Ongoing,<br>see specific<br>lanes on<br>chart   |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-5:30pm |   |   |   |   |   | Lap/Rec Swim<br>Ongoing,<br>see specific<br>lanes on<br>chart |   |   |   |   |   |             |   |   |   |   |   |
| 7:00pm  |   |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                    |   |   |   |   |   |   |   |   |   |   |   |             |   |   |   |   |   |
| 7:30pm  | Special Programming<br>Inflatable Obstacle course will be<br>available on the first Sunday of<br>each month from 3-5pm. |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-5:30pm |   |   |   |   |   | Lap/Rec Swim<br>Ongoing,<br>see specific<br>lanes on<br>chart |   |   |   |   |   |             |   |   |   |   |   |
| 8:00pm  |   |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                    |   |   |   |   |   |   |   |   |   |   |   |             |   |   |   |   |   |
| 9:00pm  | Special Programming<br>Inflatable Obstacle course will be<br>available on the first Sunday of<br>each month from 3-5pm. |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-8pm |   |   |   |   |   | British Swim School<br>10am-5:30pm |   |   |   |   |   | Lap/Rec Swim<br>Ongoing,<br>see specific<br>lanes on<br>chart |   |   |   |   |   |             |   |   |   |   |   |
|         |   |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                 |   |   |   |   |   |                                    |   |   |   |   |   |   |   |   |   |   |   |             |   |   |   |   |   |

Note: Grey shaded = pool closed; blue shaded = lap/rec swim.

Schedule subject to change without notice.

Updated 9/5/23