

Fox Group Ex Schedule Independence Day

Tuesday, July 4

8:00am	Core Fusion	MB	Barb
8:30am	H.I.I.T. *	GX	Patty
9:30am	Cycle	CS	Patty
10:30am	Stretch	MB	Kay
10:30am	Zumba	GX	Heather
11:30am	Tai Chi	MB	Judy

Classes 55 minutes, unless indicated.

CS-Cycle Studio / GX-Group Exercise Studio / MB-Mind-Body Studio

* Livestream also available via your J Community account.

Regularly scheduled classes
will not be held.

**HAPPY**
Independence
DAY

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