

## **Soccer Kick for Distance**

Women use #4 balls Men use # 5 balls

- 1. Three (3) consecutive kicks will be made by each contestant.
- 2. A practice kick will be allowed, and if participant chooses, may use this towards competition.
- 3. The object is to achieve the longest distance.
- 4. A foot fault called by the official will automatically nullify that kick.
- 5. If a ball lands outside the foul lines, it will be charged as a kick but will not count for distance.
- 6. In case of a tie, the participant with the second longest kick will be declared the winner. If a tie still persists, the third kick will determine the winner.
- 7. The ball may be placed anywhere horizontally along the fault line.
- 8. The distance is measured where the ball first hits the ground.
- 9. Only athletic shoes may be worn.