

## **Frisbee Throw for Distance**

Frisbees to be used Classic-90gms.-9" dia. Wham-0 model #81118 (your choice) Maxflight-160gms-8 <sup>3</sup>/<sub>4</sub>" dia. Wham-0 model #51105 (your choice)

- 1. Three (3) consecutive throws will be made by each contestant.
- 2. A practice throw will be allowed, and if participant chooses, may use this towards competition.
- 3. The object is to achieve the longest distance.
- 4. A foot fault called by the official will automatically nullify that throw.
- 5. If a Frisbee lands outside the foul lines, it will be charged as a throw but will not count for distance.
- 6. In case of a tie, the participant with the second longest throw will be declared the winner. If a tie still persists, the third throw, will determine the winner.
- 7. The distance is measured where the Frisbee first hits the ground.