

## Staenberg Family Complex - Fitness & Wellness Building

St. Louis (near Creve Coeur)

## **Fitness and Recreation Facilities**

Meeting Space	Dimensions	Ceiling Height	Square Feet	Audi- ence	U-Shape	Class	Hollow Square	Club	Exhibits 8'x10'	Exhibits 10'x10'	Comments
Multipurpose Room	20' x 50'	9' 6"	988	100	25	50	22	70	-	-	Room may be sub divided, great for birthday parties, counter tops, microwave, small refrigerator, slip resistant flooring. Available for small group business meetings.
Fitness and Recreation											
Group Exercise Studio	33' x 45'	9' 6"	1,503	-	-	-	-	-	-	-	-
Performance Studio	23' x 34'	9' 6"	786	-	-	-	-	-	-	-	Kid's interactive work out zone to include game bikes, dance pads, Wi-Fi, and educational computers
Mind Body Studio	22' X 51'	9' 6"	1,113	-	-	-	-	-	-	-	-
Reformer Pilates Studio	22' x 24'	9' 6"	519	-	-	-	-	-	-	-	-
Gymnasium (Full)	102' x 144'	25' / 13'	14,688	1,500	-	-	-	1,100	87	70	4 volleyball net systems and 2 regulation full basketball courts with 1/4 smaller court options with mechanized divider curtains, 3 regulation badminton courts, hardwood sports flooring system, 2 electronic scoreboard systems, sound acoustical panels throughout. Portable sound system available
1/4 Ct. Gymnasium A/B/C/D	51 x 72	25' / 13'	3,672	-	-	-	-	-	-	-	-
1/2 Gymnasium	102' x 72	25' / 13'	3,672	-	-	-	-	-	-	-	-
Racquetball Courts	20 x 40	20'	800	-	-	-	-	-	-	-	6 racquetball courts
Squash Courts	22' x 31'	20'	672	-	-	-	-	-	-	-	2 squash courts
Grand Lobby Area	25 ' x 60'	30'	1,488	-	-	-	-	120	9	7	Lounge seating area with TV and available Café seating. Surround music available with iPod capabilities.
KidsZone (Babysitting)	28' x 48'	9' 6"	1,340	-	-	-	-	-	-	-	Cubbies for storage, TV/VCR/DVD unit, climbing play structure, educational computers
Indoor Rec Pool	-	-	10,200	-	-	-	-	-	-	-	Two 18 yard recreational lap lanes, kids play area with slide, fountains, interactive play elements, large double circle slide and area for water exercise classes
Indoor Lap Pool	-	-	2,016	-	-	-	-	-	-	-	25 yard pool with 4 lap lanes, indoor water climbing wall, area for water basketball and volleyball. Surround music available with CD and iPod capabilities.
2 Ball Fields	General softball and baseball fields	-	-	-	-	-	-	-	-	-	2 lighted fields
Soccer Field	Standard soccer field with goals										Lighted soccer field with temporary light standards