



Parent Information Meeting Pre-Test

Answer Key

Coordinator: Discuss the answers to the test questions after viewing the Model Youth Sport Parent video. Encourage discussion among all of the parents for all of the questions.

True or False Questions

- 1) **Children go through basically the same order of developing motor skills, but not at the same rate or at the same time.** *True- Children learn in basically the same order, but at significantly different rates. Keep in mind not to compare different children who may be the same age but are much different physically.*
- 2) **The focus of the Start Smart Baseball program is only on the development of motor skills.** *False- Start Smart focuses on many things including developing parent/child bonds, social skills and teaching parents how to best instruct their children.*
- 3) **Children should show an increase in confidence and a more positive outlook on participation in organized sports as a result of the Start Smart Baseball program.** *True- When children learn and improve on basic skills and receive positive and encouraging feedback from parents, their confidence and enthusiasm for sports is bound to improve.*
- 4) **Winning is the most important aspect in children's organized sports.** *False- It is important to stress more important aspects such as having fun, making friends, and building self-confidence.*
- 5) **Discipline and positive reinforcement can help to create a mutual respect between parent and child.** *True- Respect between a parent and child grows when children receive positive reinforcement, words of encouragement, and when necessary, proper discipline.*

Short Essay Questions

- 6) **Briefly describe what you think the role of a parent is in children's sports.** *Show support and unconditional love, express support of coaches and officials, and become "kid oriented".*
- 7) **Please describe the purpose of the Start Smart Baseball program.** *To prepare children for organized sports, to promote maximum involvement of parent and child, to promote sportsmanship and social skills, to help parents teach their child(ren) the basic motor skill necessary for participation in sports, and to help prepare parents for their role in children's sports.*
- 8) **Please explain this statement: Expect Success (from your child).** *Children need encouragement and need to know what you expect them to learn and improve.*
- 9) **Name several keys to your child's improvement in sports.** *Positive reinforcement, encouragement, support, unconditional love, practicing with your child, etc...*
- 10) **What are some things you can do as a parent to show support for your child in their sports programs?** *Learn the rules of the sport and the rules of the team, support the coaches, be honest about your child's ability, avoid talk of scholarships and pro-contracts at an early age, refrain from the use of alcohol and tobacco at all children's functions, etc.*