

Staenberg Family Complex - Millstone Indoor Lap Pool

WINTER/SPRING 2020

	Sunday				Monday				Tuesday				Wednesday				Thursday				Friday				Saturday																																																			
	LANE				LANE				LANE				LANE				LANE				LANE																																																							
Time	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4																																																
5:30am	Lap Swim Ongoing				Lap Swim Ongoing				Lap Swim Ongoing				Lap Swim Ongoing				Lap Swim Ongoing																																																											
6:00am																																																																												
7:00am	Lap Swim Ongoing				Lap Swim Ongoing				Lap Swim Ongoing				Lap Swim Ongoing				Lap Swim Ongoing				Lap Swim Ongoing				Lap Swim Ongoing																																																			
8:00am									Lap Swim Ongoing																Lap Swim Ongoing				Lap Swim Ongoing				Lap Swim Ongoing				Lap Swim Ongoing																																							
9:00am					Lap Swim Ongoing				Lap Swim Ongoing				Aqua Boot Camp 9:30-10:30am				Lap Swim Ongoing				Lap Swim Ongoing				Aqua Boot Camp 8:15-9:30am																																																			
10:00am													Lap Swim Ongoing												Lap Swim Ongoing				Lap Swim Ongoing				Lap Swim Ongoing				Lap Swim Ongoing																																							
11:00am									Lap Swim Ongoing								Lap Swim Ongoing				Lap Swim Ongoing								Lap Swim Ongoing												Lap Swim Ongoing																																			
12:00pm																					Lap Swim Ongoing				Lap Swim Ongoing								Lap Swim Ongoing				Lap Swim Ongoing								Lap Swim Ongoing																															
1:00pm																	Lap Swim Ongoing												Lap Swim Ongoing				Lap Swim Ongoing								Lap Swim Ongoing								Lap Swim Ongoing																											
2:00pm																									Lap Swim Ongoing								Lap Swim Ongoing				Lap Swim Ongoing								Lap Swim Ongoing								Lap Swim Ongoing																							
3:00pm																													Lap Swim Ongoing								Lap Swim Ongoing				Lap Swim Ongoing								Lap Swim Ongoing								Lap Swim Ongoing																			
4:00pm																																	Lap Swim Ongoing								Lap Swim Ongoing				Lap Swim Ongoing								Lap Swim Ongoing								Lap Swim Ongoing															
5:00pm																																					Lap Swim Ongoing								J Sharks Swim Club 5-6pm				J Sharks Swim Club 5-6pm								J Sharks Swim Club 5-6pm								Lap Swim Ongoing											
5:30pm																																									Lap Swim Ongoing				J Sharks Swim Club 5-6pm				J Sharks Swim Club 5-6pm				J Sharks Swim Club 5-6pm				Lap Swim Ongoing																			
6:00pm																																													Lap Swim Ongoing				Aqua Power Deep 6:15-7pm				Aqua Power Deep 6:15-7pm								Lap Swim Ongoing				Lap Swim Ongoing											
7:00pm																																																	Lap Swim Ongoing				Aqua Power Deep 6:15-7pm				Aqua Power Deep 6:15-7pm												Lap Swim Ongoing				Lap Swim Ongoing			
7:30pm																																																					Lap Swim Ongoing				Lap Swim Ongoing				Lap Swim Ongoing				Lap Swim Ongoing											
8:00pm																																																									Lap Swim Ongoing				Lap Swim Ongoing								Lap Swim Ongoing				Lap Swim Ongoing			
9:00pm	Lap Swim Ongoing																																																												Lap Swim Ongoing				Lap Swim Ongoing				Lap Swim Ongoing							

Notes: Dark shaded areas denotes that area is closed.

Aquatics staff will supervise pool area so recreational swimmers, lap swimmers and water walkers can share the facility, to maintain maximum usage.

updated 1/13/20 • Schedule subject to change without notice.