








ST. LOUIS NORC - JANUARY 2020 CALENDAR

about **norc**
Naturally Occurring Retirement Community
Connecting Neighbors. Enriching Lives.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
29-Dec	30-Dec	31- Dec NEW YEAR'S EVE NORC Offices Closed J open 5:30am -5pm	1 NEW YEARS DAY NORC Offices Closed J Open 8am - 5pm	2	3	4
5	6	7 11-11:45am Chair Yoga (TGP) 12:30-1:45pm Current Topics (TGP)	8 	9 1-2pm Info Session: Group Fitness for ALL - Fun and Fitness with J's Priscilla (TGP)	10 10:30am-12pm Play Reading Group with Dan Weinberg featuring Neil Simon's Biloxi Blues (1of3)(TGP)	14
12	13 1-2pm Film Series: Ken Burns' Lewis & Clark (3of4) (TGP)	14 10-11 am Get Going, Get Out and Get Around (MC) 10:30-11:30am Ask the Nurse/BP Check w All Ways Caring Home Care (TGP) 11-11:45am Chair Yoga (TGP) 12:30-1:45pm Current Topics (TGP)	15 10:30am-12pm Creative Expressions Art Group w Artist Joanna Szapszewicz - \$3 (TGP) 	16 4:30-6:30pm Dinner Out at Rib City (11831 Colonnade, Des Peres)	17 10:30am-12pm Play Reading Group with Dan Weinberg featuring Neil Simon's Biloxi Blues (2of3)(TGP) 1-2:30pm Page Turners Book Group - The Book Woman of Troublesome Creek by Kim Richardson (TGP)	21
19	20 MARTIN LUTHER KING JR. DAY NORC Offices Closed J is Open 	21 11-11:45am Chair Yoga (TGP) 12:30-1:45pm Current Topics (TGP)	22 9:30am-1:30pm KWMU Public Radio Station Tour Bus Trip - \$10 (TGP) 	23 1-2pm The Impact of the 2020 Caucuses and Primaries with Sandra Diamond (TGP) 	24 9-10am Men's Breakfast at Creve Coeur McDonalds (11521 Olive) 10:30am-12pm Play Reading Group with Dan Weinberg featuring Neil Simon's Biloxi Blues (3of3)(TGP)	28
26	27 1-2pm Wii Brain Games - Jeopardy (TGP)	28 11-11:45am Chair Yoga (TGP) 12:30-1:45pm Current Topics (TGP)	29	30	31 9:30am-1:30pm Powell Hall Coffee Concert Bus Trip: Sleeping Beauty - \$40 with transportation	

CONTACT INFORMATION

Reservations

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Volunteer Requests

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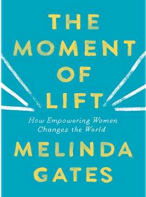
LOCATIONS

The Gathering Place
(TGP)
 Arts & Educ Bldg
 2 Millstone Campus Dr
 RSVP to 442-3255

Mirowitz Center at
 Covenant Place
(MC)
 8 Millstone Campus Dr
 RSVP to 733-9813

Calendars are mailed every other month and are 2-sided.

ST. LOUIS NORC - FEBRUARY 2020 CALENDAR

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
2	3	4 11-11:45am Chair Yoga (TGP) 12:30-1:45pm Current Topics (TGP)	5 	6 1-2pm Get Ready for Missouri Primaries with Sandra Diamond (TGP)	7 11am-12pm Living in Israel- Young Adults' Perspective with Shaked and Guy (TGP)	8
9	10 1-2pm Film Series: Ken Burns' Lewis & Clark (4of4) (TGP)	11 10:30-11:30am Ask the Nurse/BP Check w All Ways Caring Home Care (TGP) 11-11:45am Chair Yoga (TGP) 12:30-1:45pm Current Topics (TGP)	12	13 1:30-2:30pm South Africa: The Experience of a Lifetime with Kristen Conard (TGP) 	14 10:30am-12pm We LOVE Lucy - Video trivia and laughs with Laura Press Millner (TGP) 	15
16	17  Presidents Day	18 11-11:45am Chair Yoga (TGP) 12:30-1:45pm Current Topics (TGP)	19 10:30am-12pm Creative Expressions Art Group with Artist Joanna Szpaszewicz (TGP) - \$3/class 2:30-3:30pm BBB presents "Frauds & Scams Targeting Our Community" (MC)	20 9:30am -2pm Tour of Channel 9/PBS Television Studio Bus Trip - \$10 member/ \$15 non-member (TGP) 	21 1-2:30pm Page Turners Book Group - A Moment of Lift by Melinda Gates (TGP) 	22
23	24 11am-12pm Drawing Course with Ed Farber (1of3) - Parts 2 and 3 on 3/2 at 10:30am & 3/9 at 11am 1-2pm Wii Brain Games - Jeopardy (TGP)	25 11-11:45am Chair Yoga (TGP) 12:30-1:45pm Current Topics (TGP)	26 12-1pm Meet Amber Lenz, Doctoral Candidate in Occupational Therapy, and NORC's Spring Intern (TGP)	27 4:30-6:30pm Dinner Out at The Post Sports Bar & Grill (763 Old Ballas Rd, Creve Coeur)	28 9-10am Men's Breakfast at McDonalds (11521 Olive Blvd)	29