





# ST. LOUIS NORC - DECEMBER 2019 CALENDAR

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
1	2	3 11-11:45am <b>Chair Yoga</b> (TGP) 12:30-1:45pm <b>Current Topics</b> (TGP)	4	5 1-2pm <b>Our Founding Fathers and What Their Words Mean Today with Sandra Diamond</b> (TGP)	6 9:30am-1:30pm <b>Bus Trip to Powell Hall Coffee Concert-Baroque Fireworks</b>	7
8	9 12-1pm <b>Lunch &amp; Learn with AW HealthCare: Winter Blues &amp; You</b> 4- 5:30pm <b>iPhone Training on Camera, Photos and "The Cloud" w Larry Edison</b> (TGP)	10 10:30-11:30am <b>Ask the Nurse &amp; BP Check w All Ways Caring Homecare</b> (TGP) 11-11:45am <b>Chair Yoga</b> (TGP) 12:30-1:45pm <b>Current Topics</b> (TGP)	11 <b>Volunteers Needed for JFED Mailing Party</b> 11am-12:30pm: Shift 1 1- 2:30pm: Shift 2 	12	13	14
15 	16 1-2pm <b>Film Series: Ken Burns' Lewis &amp; Clark (2of4)</b> (TGP) 4- 5:30pm <b>iPhone Training on Mail, Contacts and Calendars w Larry Edison</b> (TGP)	17 11-11:45am <b>Chair Yoga</b> (TGP) 12:30-1:45pm <b>Current Topics</b> (TGP)	18 10:30am-12pm <b>Creative Expressions Art Grp w Artist Joanna Szapszewicz</b> (TGP) - \$3/class 4:30-6:30pm <b>Dinner Out at Houlihan's</b> (1085 N Mason)	19 9:30am - 2pm <b>Bus Trip to History Museum for Pulitzer Prize &amp; St. Louis Post Dispatch Photographs Exhibit \$10</b> 	20 9 - 10am <b>Men's Breakfast at Creve Coeur McDonalds</b> (11521 Olive) 1-2:30pm <b>Page Turners Book Club - Founding Mothers</b> by Cokie Roberts	21
22	23 1-2pm <b>Wii Brain Games - Jeopardy</b> (TGP)	24 11-11:45am <b>Chair Yoga</b> (TGP) 12:30-1:45pm <b>Current Topics</b> (TGP)	25 CHRISTMAS DAY <b>NORC OFFICES CLOSED</b> 	26	27	28
29	30	31	Jan 1 NEW YEARS DAY <b>NORC OFFICES CLOSED</b>	Jan 2	Jan 3	