




# ST. LOUIS NORC - SEPTEMBER 2019 CALENDAR

st.louis **norc**  
 Naturally Occurring  
 Retirement Community  
 Connecting Neighbors. Enriching Lives.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
1 	2 LABOR DAY NORC Offices Closed JCC Open 8am - 5pm	3 11-11:45am <b>Chair Yoga</b> (TGP) 12:30-1:45pm <b>Current Topics</b> (TGP) 1:15-2:15pm <b>Knit Wits</b> (MC)	4	5 1:30-2:30pm <b>The Beauty of Yiddish Widsom w Sarah</b> (TGP)	6	7
8	9 4-5pm <b>iPhone Basics w Larry Edison (1of2)</b> (TGP)	10 11-11:45am <b>Chair Yoga</b> (TGP) 12:30-1:45pm <b>Current Topics</b> (TGP) 1:15-2:15pm <b>Knit Wits</b> (MC)	11 9:30am-2pm <b>KWMU Public Radio Station Bus Trip (SOLD OUT!)</b>	12 1-3pm <b>Fit for Function by OASIS</b> (TGP)	13 11am-12pm <b>Travel Talk: St. Petersburg, Russia w Linda Nash</b> (TGP) 1-3pm <b>Movies at Mirowitz</b> (MC)	14
15	16 1-2pm <b>Film Series: Ken Burns' Mark Twain (4of4)</b> (TGP) 4-5pm <b>iPhone Basics w Larry Edison (2of2)</b> (TGP)	17 10:30-11:15am <b>Ask the Nurse</b> (TGP) 11-11:45am <b>Chair Yoga</b> (TGP) 12:30-1:45pm <b>Current Topics</b> (TGP) 1:15-2:15pm <b>Knit Wits</b> (MC)	18 10:30am-12pm <b>Creative Expressions Art Grp w Artist Joanna Szpazewicz</b> (TGP) - \$3/class	19 1-3pm <b>Movies at Mirowitz</b> (MC)	20 1-2:30pm <b>Page Turners Book Group - Nine Perfect Strangers</b> by Liane Moriarty (TGP) 1-3pm <b>Movies at Mirowitz</b> (MC)	21
22 11am-12pm <b>Rainbow Cnnection Multi-Generational Program</b> (MC)	23 1-2pm <b>Wii Brain Games - play Jeopardy and stretch your brain</b> (TGP)	24 11-11:45am <b>Chair Yoga</b> (TGP) 12:30-1:45pm <b>Current Topics</b> (TGP) 1:15-2:15pm <b>Knit Wits</b> (MC)	25 3-5pm <b>Mirowitz Center Showcase/"Meet the Providers"</b> (MC)	26 1-2:30pm <b>All Aboard the SS NORC for Caribbean-Cruise Themed Celebration of Life Party</b> 	27 9 - 10am <b>Men's Breakfast at Creve Coeur McDonalds</b> (11521 Olive) 1-3pm <b>Movies at Mirowitz</b> (MC)	28
29 EREV ROSH HASHANAH JCC Open: 7am - 5pm	30 ROSH HASHANAH NORC Offices Closed JCC Closed	<b>September and October are filled with Jewish holidays. Here's a quick description of each holiday:</b> <b>Rosh Hashanah</b> - The Jewish New Year and birthday of the universe (anniversary of the creation of Adam and Eve) <b>Yom Kippur</b> - Holiest day of the year during which people atone for and may be cleansed of sins <b>Sukkot</b> - Weeklong celebration of the harvest and protection provided for the Israelites when they left Egypt. <b>Shemini Atzeret</b> - Falling just after Sukkot, its is the holiday when Jews start praying for rain <b>Simchat Torah</b> - Celebrates the Jewish love of the Torah (first 5 books of Jewish Bible)				

**CONTACT INFORMATION**  
**Reservations**  
 Laura: 442-3255  
 norc@jccstl.org



**Volunteer Requests**  
 Joan: 442-3834  
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**Other Inquiries**  
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**LOCATIONS**  
 The Gathering Place  
**(TGP)**  
 Arts & Educ Bldg  
 2 Millstone Campus Dr  
 RSVP to 442-3255  
  
 Mirowitz Center at  
 Covenant Place  
**(MC)**  
 8 Millstone Campus Dr  
 RSVP to 733-9813

Calendars are mailed every other month and are 2-sided.

# ST. LOUIS NORC - OCTOBER 2019 CALENDAR

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
		<b>1</b> ROSH HASHANAH NORC Offices Closed JCC Open	<b>2</b>	<b>3</b> 1-3pm <b>Movies at Mirowitz (MC)</b> call 314-733-9813	<b>4</b> 1-3pm <b>Movies at Mirowitz (MC)</b>	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b> 11-11:45am <b>Chair Yoga (TGP)</b> 12:30-1:45pm <b>Current Topics (TGP)</b> KOL NIDRE /YOM KIPPUR	<b>9</b> YOM KIPPUR NORC Offices Closed JCC Closed	<b>10</b> 1-3pm <b>Movies at Mirowitz (MC)</b>	<b>11</b> 10:30am-12pm <b>Play Reading Grp w Dan Weinberg (1of3)(TGP)</b> 1-3pm <b>Movies at Mirowitz (MC)</b>	<b>12</b>
<b>13</b>	<b>14</b> SUKKOT NORC Offices Closed	<b>15</b> SUKKOT NORC Offices Closed 	<b>16</b> 10:30am-12pm <b>Creative Expressions Art Group with Artist Joanna Szapszewicz (TGP) - \$3/class</b>	<b>17</b> 1-2pm <b>Mirowitz Center Cabaret - St. Louis Ukele Group (MC)</b>	<b>18</b> 10:30am-12pm <b>Play Reading Grp w Dan Weinberg (2of3)(TGP)</b> 1-2:30pm <b>Page Turners Book Group - Margot by Jillian Cantor (TGP)</b>	<b>19</b>
<b>20</b>	<b>21</b> SHEMINI ATZERET NORC Offices Closed	<b>22</b> SIMCHAT TORAH NORC Offices Closed 	<b>23</b>	<b>24</b> 9:30am-2:30pm <b>Bus Trip to Urban Harvest Roof Top Garden Tour (TGP) \$15 member/ \$20 non-member</b>	<b>25</b> 9 - 10am <b>Men's Breakfast at McDonalds (11521 Olive Blvd)</b> 10:30am-12pm <b>Play Reading Grp w Dan Weinberg (3of3)(TGP)</b>	<b>26</b>
<b>27</b>	<b>28</b> 1-2pm <b>Wii Brain Games - play Jeopardy and stretch your brain (TGP)</b>	<b>29</b> 11-11:45am <b>Chair Yoga (TGP)</b> 12:30-1:45pm <b>Current Topics (TGP)</b>	<b>30</b> 8am-5pm <b>Fall Coach Bus Trip to Hannibal, MO</b> <b>RSVP by 9/20: \$35 member/\$40 non-member</b>	<b>31</b> 11am - 12pm <b>Medicare Part D Updates for 2020 w Ladue Pharmacy's Rick Williams (TGP)</b> 