



Chots' Shot

Shanah Tovah

Shanah Tovah is a Hebrew phrase which translates to Happy New Year. Sunday evening, September 29, 1 Tishre, began the Jewish New Year, and the year 5780. Much the same, J Day Camps starts its new year each fall. We are already planning, staffing and recruiting for our 2020 camp season.

This newsletter is one of the first changes for J Day Camps 2020. We plan to update you about things to come for next season and pass along news from our wonderful camp staff. Among our 2020 season changes will be a new name for our camp newsletter. Another change: more reunions! See inside for details.

It is a long-standing tradition to toast the Jewish new year with apples and honey. So everyone go grab some apples and honey. I'll wait..... Got them? Not yet? Hurry up!..... Got them now? Good. Cut a piece of apple, dip it in some honey. While holding your apple, dripping with honey, gather around and say "to a sweet and healthy year." Now, enjoy your apple and the sweet year to follow.

Remember to keep drinking, always apply sunscreen, and we will see you real soon.

Happy schooling,
Chots

Craft Project: Oobleck

Oobleck is a slippery, gooey substance that is both a solid and a liquid! Squeeze it and it feels solid, but if you let it sit still, it will go back to liquid.

Supplies: 2 cups cornstarch, 1 cup water, bowl, spoon, food coloring (optional)

Directions:

1. Pour two cups cornstarch into a bowl
2. Add one cup water and optional food coloring
3. Stir to combine
4. Continue to add cornstarch and water, one tablespoon at a time, until ideal consistency is reached

Ideal consistency: when mixed, you should be able to press a handful of Oobleck into a ball in your hand; when you release the pressure, it should return to a liquid.



Winter Break Camp

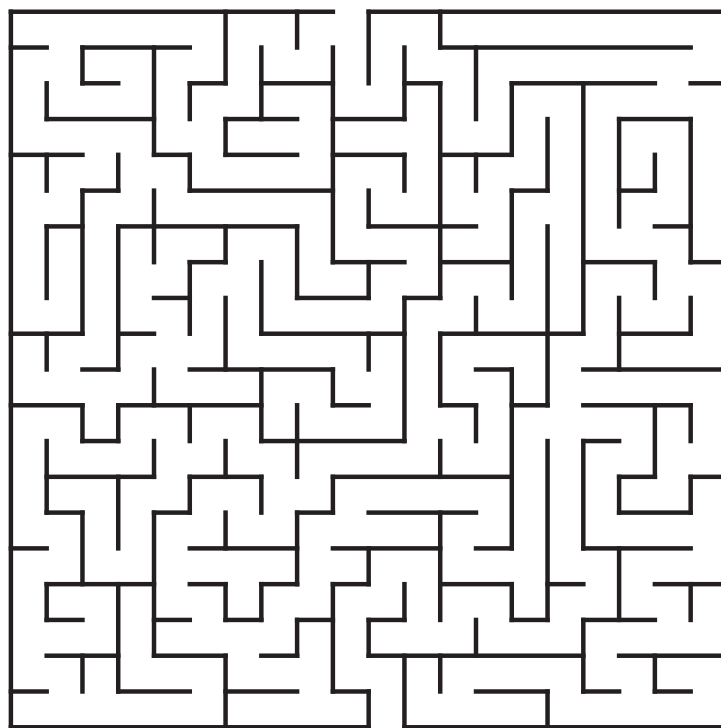
When school is out in December, we have you covered. Traditional camp and Sports Camp options available.

December 23 - January 3
(no camp on 12/25 or 1/1)
SFC & Fox

Full details at jccstl.com/noschool



Maze



Day Camp Word Find

G R E A B N P K K S F E V R N
C N Z I A L S M W H X M Q U B
P O I M E T D I A Q E N Z A Z
S M S G E U M S G C T J Y C W
G S J A N M T A B B A H S H N
E Y M M I I Z U N H X G S E E
D G M N A L S S R Z P F E X X
B T G N B B U F I O A T A R T
X S G U A D P M Y T V G O V J
S P O R T S S E G I I O D H R
Z U A L E R T J G R L O T A Z
D V M H R O J I M O I V B G B
B J X M R Z O U C D O S C A S
X E R K E C Z I N S N O F G B
I L Y X R R X F F R M D X M K

ART
BAER
CAMP
DORITO
ESSMAN
GAGA
GYMNASTICS
PAVILION

RUACH
SHABBAT
SINGING
SPORTS
STEAM
SUMMER
SWIMMING
TEEN



Camp Reunion October 27

Join us Sunday, October 27 and say hi to all your camp friends!

Featuring inflatables (including our aqua-obstacle course!), art, swimming, sports and more!

Marilyn Fox Building in Chesterfield
2:30 – 5:30pm

Riddle Me This

Are you smarter than a Day Camp Director? Try your hand at these brain stumpers. Answers at bottom of page.

1. Name three consecutive days without using Tuesday, Thursday or Saturday.
2. What can you catch and hold, but never throw?
3. What travels the world, but stays in a corner?



The Joke's On You

Answers at bottom of page.

1. What do you call a baby bear with no teeth?
2. What do you call a cow that eats your grass?
3. What did the left eye say to the right eye?

Pick Your Brain

We need your help with some camp classics:

- Send us your favorite Wacky Wednesday ideas
- Help us choose a new name for our weekly newsletter. The winner receives a retro camp t-shirt!

Submit your best and brightest ideas to
jdaycamps@jccstl.org

Answers:
Riddles 1. Yesterday, today and tomorrow 2. Your breath 3. A stamp
Jokes 1. Gummy bear 2. A lawn moo-er 3. Between you and me, something smells



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Tips from the Camp Pros: The Parent Section

The sun is beginning to shine a little bit less into the evening, there is homework to do and screens aplenty are calling. Sadly, none of them are sunscreen. With the end of summer camp and school in full swing, it can become a challenge to get your campers outside to play.

A great place to start is by reminding them, “it’s okay to get wet, dirty and messy.” Although it may be a little more work, both campers and clothes can be cleaned, so do not let a little dirt or water get in the way of their outdoor adventures. Help your campers create their own “Lodge Time” in the backyard. Give them access to balls, sidewalk chalk, buckets and anything else that they can use. You will be amazed what your campers are capable of when they invent their own games.

Challenging your campers is a fun way to encourage outside explorations. Consider asking them to design their own Gaga pit out of objects found around the house or organize a scavenger hunt around the neighborhood for their friends or your family. Give them a rope and an old sheet and see what type of fort they can create. Give your campers a jar to collect plants and bugs, then work together to identify them.

For family-oriented adventures, consider using sidewalk chalk to create a four-square court, plant a vegetable garden or flowers, take a hike in the park, find a nearby greenway or trail to go biking, make a scarecrow, stay up to stargaze, or take a walk around the block. Sometimes you do not need a plan, just go to the outside and see what unfolds. Let your campers wild to tap into their imagination.

Even though the days are getting shorter, make the most of it by going outside to play. It does not matter how much time you have or what you do; time spent outside is an important part of being a kid.

