Early Childhood Menus December 2018





Milk is served with breakfast and with snack

Monday	Tuesday	Wednesday	Thursday	Friday
12/3 Week 1	12/4	12/5	12/6	12/7
Unsweetened Cereal	Whole Wheat English	Unsweetened Cereal	Blueberry Bagel Half	French Toast
Fresh Orange Wedges	Muffin/Sun Butter	Banana	Strawberries	Fresh Cantaloupe Cubes
	Tropical Fruit			
Meat Meal	Dairy Meal	Cheesy Scrambled	Turkey Burgers	Honey Glazed Chicken
Chili	Pizza Bagels	Eggs	Roasted Zucchini/Red	Drumstick
Sweet Corn	Garden Salad	Hash Brown Potatoes	Pepper	Latkes
Fresh Apple Wedges	w/Tomatoes/Ranch	Fresh Red Grapes	Peaches	Applesauce
Mini Bread Sticks	Dressing	Whole Grain Biscuit	Whole Wheat Roll	Challah
	Diced Peaches			
Roasted Carrot Sticks	Graham	Hummus/Pita Wedges	Fresh Pear	Oat Granola
w/Russian Dressing	Crackers/Applesauce			
12/10 Week 2	12/11	12/12	12/13	12/14
Unsweetened Cereal	Whole Grain Biscuit	Oatmeal	Whole Wheat Toast	Belgian Waffle
Diced Peaches	Mixed Fruit	Banana	Scrambled Eggs	Strawberries
			Fresh Orange Wedges	
Baked Tilapia	Sweet & Sour Chicken	Cheese	Cavatappi Pasta	Homemade Chicken
Au Gratin Potatoes	Seasoned Brown Rice	Quesadilla/Salsa	w/Meat Sauce	Nuggets
Fresh Grapes	Sweet Peas	Lettuce w/Cherry	Broccoli	Green Beans
Whole Wheat Roll	Mandarin Oranges	Tomatoes	Diced Pears	Fresh Honeydew
		Tropical Fruit		Challah
Fresh Pear	Fresh Apple Wedges	Soft Pretzel Bites	Snack Mix	Whole Grain Bagel
Fresh Pear	Fresh Apple Wedges	Soft Pretzel Bites	Snack Mix	Whole Grain Bagel Half/ Cr. Cheese
Fresh Pear	Fresh Apple Wedges	Soft Pretzel Bites	Snack Mix	_

Early Childhood Menus December 2018

Red-Fresh Fruit Blue-Fresh Vegetables Green-Snack Meat/Meat Alternate Purple-Breakfast Meat/Meat Alternate Brown-Whole Grain Food



Milk is served with breakfast and with snack

Monday		Tuesday	Wednesday	Thursday	Friday
12/17 We	ek 3	12/18	12/19	12/20	12/21
Unsweetened Cereal Mixed Fruit		Whole Grain Pancake Pineapple Topping	Unsweetened Cereal Banana	Cinnamon Raisin Bagel Half/Cream Cheese Apricot Halves	Yogurt Strawberries
Tomato Soup Toasted Cheese Dipp on Whole Wheat Bre Fresh Honeydew Cub	ad	Teriyaki Chicken Lo Mein Noodles Stir Fry Vegetables Mandarin Oranges	Cheesy Rotini Seasoned Broccoli Cherry Tomatoes Diced Peaches	Hawaiian Meatballs Seasoned Brown Rice Peas Pineapple	Homemade Oven Fried Chicken Strips Glazed Baby Carrots Fresh Red Grapes Challah
Soft Pretzel Bites		Fresh Apple Wedges	Whole Grain Crackers/Sun Butter	Fresh Red Grapes	Peaches/Oat Granola
12/24 Wee	ek 4	12/25	12/26	12/27	12/28
Unsweetened Cereal Tropical Fruit		Holiday No Meal Service	Oatmeal Apple Slices	French Toast Strawberries	Whl Wht Toast/Hard Boiled Egg Half Mixed Fruit
Cheese Pita Pizza Garden Salad w/ Ran Dressing Fresh Cantaloupe Cu			Vegetable Orzo Soup Tuna Salad Wheat Crackers Fresh Red Grapes	Hamburger on Whole Wheat Roll Baked Beans Carrot Pineapple Slaw	Seasoned Chicken Drumsticks Sweet Potato Fries Apple Sauce Challah
Whole Grain Bagel Half/Sun Butter			Banana	Diced Peaches & Pears	Fresh Orange Wedges

Early Childhood Menus December 2018



Red-Fresh Fruit Blue-Fresh Vegetables Green-Snack Meat/Meat Alternate Purple-Breakfast Meat/Meat Alternate Brown-Whole Grain Food

Milk is served with breakfast and with snack

Monday	Tuesday	Wednesday	Thursday	Friday	
12/31 Week	x 5				
Unsweetened Cereal Strawberries					
Mac and Cheese Seasoned Green Beans Tropical Fruit					
Fresh Apple Wedges					

Early Childhood Special Menu December 2018



Red-Vegetarian Green-No red meat Blue-No Dairy No-Turkey Purple-No Eggs No Dairy & No Eggs

Milk is served with breakfast and snack Fresh fruit is subject to change depending on availability

Monday	Tuesday	Wednesday	Thursday	Friday
12/3 Week 1	12/4	12/5	12/6	12/7
Unsweetened Cereal	Whole Wheat English	Unsweetened Cereal	Blueberry Bagel Half	French Toast
Fresh Orange Wedges	Muffin/Sun Butter	Banana	Strawberries	Fresh Cantaloupe Cubes
	Tropical Fruit			
Meat Meal	Dairy Meal	Cheesy Scrambled	Turkey Burgers	Honey Glazed Chicken
Chili	Pizza Bagels	Eggs	Tofu Burgers	Drumstick
Tofu Chili	Homemade Veggie	Cheesy Biscuit(no	Tofu Burgers	Seasoned Veggie Patty
Tofu Chili	Burger Pizza Bagel(no	eggs)	Roasted Zucchini/Red	Latkes
Sweet Corn	cheese)	Scrambled Eggs (no	Pepper	Applesauce
Fresh Apple Wedges	Garden Salad	cheese)	Diced Peaches	Challah
Mini Bread Sticks	w/Tomatoes/Ranch	Veggie Patty	Whole Wheat Roll	
	Dressing	Hash Brown Potatoes		
	No Ranch Dressing	Fresh Red Grapes		
	Diced Peaches	Whole Grain Biscuit		
Roasted Carrot Sticks	Graham	Hummus/Pita Wedges	Fresh Pear	Oat Granola
w/Russian Dressing	Crackers/Applesauce	10110	10110	
12/10 Week 2		12/12	12/13	12/14
Oatmeal	Whole Grain Biscuit	Unsweetened Cereal	Whole Wheat Toast	Belgian Waffle
Diced Peaches	Mixed Fruit	Banana	Scrambled Eggs	Strawberries
			Fresh Orange Wedges	
Baked Tilapia	Sweet & Sour Chicken	Cheese	Cavatappi Pasta	Homemade Chicken
Seasoned Veggie Patty	Sweet & Sour Tofu	Quesadilla/Salsa	w/Meat Sauce	Nuggets/Honey Mustard
Au Gratin Potatoes	Seasoned Brown Rice	Hard Boiled Egg	Cavatappi Pasta	Homemade Tofu
Seasoned Potatoes (no	Mandarin Oranges	Lettuce w/Cherry	w/Tofu & Sauce	Nuggets/Honey
cheese)		Tomatoes	Cavatappi Pasta	Mustard
Fresh Grapes		Tropical Fruit	w/Tofu & Sauce	No Honey Mustard
Whole Wheat Roll			Broccoli	Green Beans
			Diced Pears	Fresh Honeydew
T 1 D		G 0 P + 1 P'+	G 1 1 C	Challah
Fresh Pear	Fresh Apple Wedges	Soft Pretzel Bites	Snack Mix	Whole Grain Bagel
				Half/ Cr. Cheese

Early Childhood Special Menu December 2018



Red-Vegetarian Green-No red meat Blue-No Dairy No-Turkey Purple-No Eggs No Dairy & No Eggs

Milk is served with breakfast and snack Fresh fruit is subject to change depending on availability

Monday	Tuesday	Wednesday	Thursday	Friday
12/17 Week	3 12/18	12/19	12/20	12/21
Unsweetened Cereal	Whole Grain Pancake	Unsweetened Cereal	Cinnamon Raisin Bagel	Yogurt
Mixed Fruit	Pineapple Topping	Banana	Half/Cream Cheese	Strawberries
	m : 1: al : 1		Apricot Halves	** 1.0 5:1
Tomato Soup	Teriyaki Chicken	Cheesy Rotini	Hawaiian Meatballs	Homemade Oven Fried
Toasted Cheese Dippers		Seasoned Rotini	Hawaiian Tofu Patty	Chicken Strips
on Whole Wheat Bread	Lo Mein Noodles	w/Veggie Patty	Hawaiian Tofu Patty Seasoned Brown Rice	Veggie Patty
Sun Butter on Whole Wheat	Stir Fry Vegetables	Seasoned Broccoli Cherry Tomatoes		Glazed Baby Carrots Mixed Fruit
Fresh Honeydew Cubes	Mandarin Oranges	Diced Peaches	Pineapple Tidbits	Challah
Tresh froncydew Cubes		Diccu i caches		Chanan
Soft Pretzel Bites	Fresh Apple Wedges	Whole Grain	Fresh Red Grapes	Peaches/Oat Granola
		Crackers/Sun Butter	1	
12/24 Week	4 12/25	12/26	12/27	12/28
Unsweetened Cereal	Holiday	Oatmeal	French Toast	Whl Wht Toast/Hard
Tropical Fruit		Apple Slices	Strawberries	Boiled Egg Half
	No Meal Service			Mixed Fruit
Cheese Pita Pizza		Vegetable Orzo Soup	Hamburger on Whole	Seasoned Chicken
Sun Butter on Whole		Tuna Salad	Wheat Roll	Drumsticks
Wheat		Egg Salad	Veggie Patty	Seasoned Tofu Strips
Garden Salad w/ Ranch		Wheat Crackers	Veggie Patty	Baked Sweet Potato
Dressing		Fresh Red Grapes	Baked Beans	Fries
No Ranch Dressing			Carrot Pineapple Slaw	Apple Sauce
Fresh Cantaloupe Cubes	5			Challah
Whole Grain Bagel		Banana	Diced Peaches & Pears	Fresh Orange Wedges
Half/Cream Cheese		Dullulu	Dissu i suches & i suis	Trom orange wages

Early Childhood Special Menu December 2018



Red-Vegetarian Green-No red meat Blue-No Dairy No-Turkey Purple-No Eggs No Dairy & No Eggs

Milk is served with breakfast and snack Fresh fruit is subject to change depending on availability

Monday	Tuesday	Wednesday	Thursday	Friday
12/31 Week 5				
Unsweetened Cereal				
Strawberries				
Mac and Cheese				
Mac and Seasoned Tofu				
Seasoned Green Beans				
Tropical Fruit				
Fresh Apple Wedges				