

Dear J Day Camp Families,

We are thrilled to welcome your campers to Gymnastics Camp! We want to give them a camp experience filled with fun and meaningful activities that create long-lasting friendships and memories. Campers will receive a J Day Camps t-shirt this week. (06-17-19)

Please note these items that will help you, your child and staff:

**Carpool** - Morning carpool drop-off is from 8:45-9am and afternoon pickup is at 3pm. Carpool will be done in the North Parking lot of the J Creve Coeur (in front of the camp pavilion).

**Click here to** download your carpool tag. Please make sure your carpool tag is clearly visible on your dashboard. Campers will only be released to those authorized for pickup. If you need to speak to a counselor or director, please park your car in the lot; do not park in the carpool lane. If your camper will participate in pre- or post- care, drop-off and pickup are located inside of building in the Multi-purpose Room, please use the fitness entrance of the building for Pre and Post drop -off and pick up.

**What to Wear** - Campers should wear appropriate clothing for the weather. Athletic wear, tennis shoes and socks are ideal.

**What to Bring** - Campers should pack a backpack that contains a lunch (unless you've you have ordered a plus lunch), water bottle, sun screen, bathing suit and towel. Lost and found items will be kept inside of the building at the Front Desk or under the Camp Pavilion. Please do not send any valuables.

**Lunch** - Please pack lunch in a brown bag or a reusable soft container. Lunches will be refrigerated. **Out of concern for the health of other campers, please do not bring items containing nuts.** Please pack a sports drink or water. Water will be provided at water stations around the building. Campers should bring a water bottle to refill throughout the day.

**Snack** - We will provide a daily, mid-morning kosher and nut free snack. Snacks may include items like Granola Bars, Oreos, Scooby Snacks and Animal Crackers.

I look forward to a great summer! Please feel free to email with any questions or concerns that you may have.

Taylor Huelsman  
JCC Gymnastics Director

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Parent Manual [HERE](#)