

# St. Louis Senior Olympics

## Softball Throw for Accuracy Rules

### 12-INCH SOFTBALL

1. Five (5) consecutive throws will be made by each contestant from the following distances: MEN 50-74: 10 and 15 yards, WOMEN 50-74/MEN 75+: 8 and 12 yards, WOMEN 75+ 6 and 10 yards.
2. Each contestant will be allowed 3 practice throws. As soon as one goes in, competition will start. If all 3 are missed, competition will start on the fourth attempt. May be adjusted to each distance.
3. The target will be the opening in a 25-inch ring, the center of which will be 5 feet off the ground.
4. Eleven points will be awarded for each throw from the 6 (WOMEN 75+), 8 (WOMEN 50-74/MEN 75+) and 10-yard (MEN 50-74) line that goes through the target.
5. Twenty points will be awarded for each throw from the 10 (WOMEN 75+), 12 (WOMEN 50-74/MEN 75+) and 15-yard (MEN 50-74) line that goes through the target.
6. The object of the event is to score the highest possible number of points.
7. A foot fault called by the official will automatically nullify that throw.
8. One practice throw will be allowed from each distance. The player must announce beforehand if they are taking a practice throw or throwing for a score.
9. In case of a tie, the participant with the most consecutive shots will be declared the winner. If a tie still remains, the player achieving the consecutive series earlier will be declared the winner.
10. No score; no medal/ribbon.