

St. Louis Senior Olympics

Softball Throw for Accuracy Rules

12-INCH SOFTBALL

1. Five (5) consecutive throws will be made by each contestant from the following distances: MEN 50-74: 10 and 15 yards, WOMEN 50-74/MEN 75+: 8 and 12 yards, WOMEN 75+ 6 and 10 yards.
2. Each contestant will be allowed unlimited practice throws on the Practice Target. As soon as the participant is ready the competition will start.
3. The target will be the opening in a 25-inch ring, the center of which will be 5 feet off the ground.
4. Eleven points will be awarded for each throw from the 6 (WOMEN 75+), 8 (WOMEN 50-74/MEN 75+) and 10-yard (MEN 50-74) line that goes through the target.
5. Twenty points will be awarded for each throw from the 10 (WOMEN 75+), 12 (WOMEN 50-74/MEN 75+) and 15-yard (MEN 50-74) line that goes through the target.
6. The object of the event is to score the highest possible number of points.
7. A foot fault called by the official will automatically nullify that throw.
8. One practice throw will be allowed from each distance. The player must announce beforehand if they are taking a practice throw or throwing for a score.
9. In case of a tie, the participant with the most consecutive shots will be declared the winner. If a tie still remains, the player achieving the consecutive series earlier will be declared the winner.
10. No score; no medal/ribbon.