

St. Louis Senior Olympics

Softball Homerun Derby Rules

GENERAL INFORMATION

1. Contestants must use official ball furnished by Senior Olympics.
2. Participants are encouraged to bring their own bats, but Senior Olympics will provide a few bats.

PLAYING RULES

1. Each player will then have 10 official swings
2. Participants will have 3 practice swings, and if participant chooses, may use towards competition swings.
3. The distance required to hit a homerun will be as follows:

Men
50-59=190 feet
60-69=170 feet
70-79=120 feet
80+=60 feet

Women
50-59=120 feet
60-69=90 feet
70-79=45 feet
80+=30 feet

4. Each batter will get only one chance to hit his/her homeruns.
5. If the batter does not hit a homerun, one extra ball will be hit and the distance measured to ensure that each person has a score for results.
6. In case of a tie, the player with the most consecutive homeruns will be declared the winner. If a tie still remains, the player achieving the consecutive series earlier in the 10 swings will be the winner.