

St. Louis Senior Olympics

Soccer Kick, Accuracy Rules

1. Each contestant will be allowed 10 shots. Women - 10 yards, Men - 12 yards. Men and women 80+ years move up 3 yards (Women, 7 yards; Men, 9 yards).
2. Each contestant will be allowed 3 practice shots. As soon as one goes in, competition will start. If all 3 are missed, competition will start on the fourth attempt.
3. Each shot must be taken with the soccer ball while it is stationary and in contact with the designated line.
4. Scoring will be as follows:
 - 1 Point - each of the lower corners
 - 3 Points - each of the upper corners
 - 2 Points - for the center circle
5. In order for a shot to be scored, the ball must pass completely over the goal line.
6. The ball: Official FIFA approved ball. Size 5 for men, size 4 for women.
7. In case of a tie, the individual with the most shots that scored points will be the winner. If a tie still persists:
 - 1) Most 3 points will be awarded a higher place
 - 2) Most 2 points made
 - 3) Most points in a row