

Stenberg Family Complex - Indoor & Warm Water Rec Pool

updated 11/03/16

Time	Sunday				Monday				Tuesday				Wednesday				Thursday				Friday				Saturday									
	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area						
5:30am	Grey shaded				Lap Swim 5:30am-1:00pm				Lap Swim 5:30-3:00pm				Lap Swim 5:30am-3:15pm				Lap Swim 5:30am-3:15pm				Lap Swim 5:30am-5:30pm				Grey shaded									
6:00am																																		
7:00am	Lap Swim 7:00-9:30am		Open Swim 7:00-10:00am		Lap Swim 5:30am-1:00pm				Open Swim 5:30am-4:00pm		Lap Swim 5:30-3:00pm				Open Swim 5:30am-4pm		Lap Swim 5:30-11:00am				Open Swim 5:30-9:00am				Lap Swim 7:00-9:00am		Open Swim 7:00-10:00am							
8:00am	Open Swim 7:00-10:00am		Aqua Flow 9-9:45am						Aqua Flow 9-9:45am						Aqua Flow 9-9:45am										Aqua Flow 9-9:45am		Aqua Flow 9-9:45am		Aqua Flow 9-9:45am		Aqua Flow 9-9:45am		Aqua Flow 9-9:45am	
9:00am	Splash Academy 9:30am-2:00pm		Beach Area Open 10:00am-7:30pm		Slide Open 10:00am-7:30pm		Lap Swim 5:30am-1:00pm				Aqua Flow 9-9:45am		Lap Swim 5:30-3:00pm				Aqua Flow 9-9:45am		Lap Swim 5:30-3:15pm				Aqua Flow 9-9:45am		Lap Swim 5:30-11:00am				Aqua Flow 9-9:45am		Splash Academy 9:30-11:45am		Open Swim 7:00-10:00am	
10:00am											Beach Slide Open 11am-12pm						Beach Slide Open 11am-12pm						Beach Slide Open 11am-12pm						Beach Slide Open 11am-12pm					
11:00am	Splash Academy 9:30am-2:00pm		Beach Area Open 10:00am-7:30pm		Slide Open 10:00am-7:30pm		Lap Swim 5:30am-1:00pm				Aqua Fit 11:00am-12:00pm		Lap Swim 5:30-3:00pm				Aqua Fit 11:00am-12:00pm		Lap Swim 5:30-3:15pm				Aqua Fit 11:00am-12:00pm		Lap Swim 5:30-11:00am				Aqua Fit 11:00am-12:00pm		Splash Academy 9:30-11:45am		Open Swim 7:00-10:00am	
12:00pm											Aqua Fit 11:00am-12:00pm						Aqua Fit 11:00am-12:00pm						Aqua Fit 11:00am-12:00pm						Aqua Fit 11:00am-12:00pm					
1:00pm	Lap Swim 2:00-4:00pm		Beach Area Open 10:00am-7:30pm		Slide Open 10:00am-7:30pm		Splash Academy 1:00-1:45pm				Splash Academy 1-1:45pm		Lap Swim 5:30-3:00pm				Aqua Tai Chi 1:45-2:30pm		Lap Swim 5:30-3:15pm				Aqua Tai Chi 1:45-2:30pm		Lap Swim 5:30-11:00am				Aqua Tai Chi 1:45-2:30pm		Lap Swim 7:00-9:00am		Open Swim 7:00-10:00am	
2:00pm							Lap Swim 2:00-3:00pm		Aqua Flow 2:15-3pm		Aqua Flow 2:15-3pm						Aqua Flow 2:15-3pm						Aqua Flow 2:15-3pm						Aqua Flow 2:15-3pm					
3:00pm	Adaptive Aquatics 4:00-5:00pm		Beach Area Open 10:00am-7:30pm		Slide Open 10:00am-7:30pm		Lap Swim 2:00-3:00pm				Lap Swim 2:00-3:00pm		Lap Swim 5:30-3:00pm				Aqua Flow 2:15-3pm		Lap Swim 5:30-3:15pm				Aqua Flow 2:15-3pm		Lap Swim 5:30-11:00am				Aqua Flow 2:15-3pm		Lap Swim 7:00-9:00am		Open Swim 7:00-10:00am	
4:00pm							Lap Swim 2:00-3:00pm		Aqua Flow 2:15-3pm		Aqua Flow 2:15-3pm						Aqua Flow 2:15-3pm						Aqua Flow 2:15-3pm						Aqua Flow 2:15-3pm					
5:00pm	Lap Swim 5:00-7:30pm		Beach Area Open 10:00am-7:30pm		Slide Open 10:00am-7:30pm		Lap Swim 5:30am-1:00pm				Lap Swim 5:30am-1:00pm		Lap Swim 5:30-3:00pm				Aqua Tai Chi 1:45-2:30pm		Lap Swim 5:30-3:15pm				Aqua Tai Chi 1:45-2:30pm		Lap Swim 5:30-11:00am				Aqua Tai Chi 1:45-2:30pm		Lap Swim 7:00-9:00am		Open Swim 7:00-10:00am	
6:00pm							Lap Swim 5:00-7:30pm		Aqua Flow 2:15-3pm		Aqua Flow 2:15-3pm						Aqua Flow 2:15-3pm						Aqua Flow 2:15-3pm						Aqua Flow 2:15-3pm					
7:00pm	Adaptive Aquatics 4:00-5:00pm		Beach Area Open 10:00am-7:30pm		Slide Open 10:00am-7:30pm		Lap Swim 2:00-3:00pm				Lap Swim 2:00-3:00pm		Lap Swim 5:30-3:00pm				Aqua Tai Chi 1:45-2:30pm		Lap Swim 5:30-3:15pm				Aqua Tai Chi 1:45-2:30pm		Lap Swim 5:30-11:00am				Aqua Tai Chi 1:45-2:30pm		Lap Swim 7:00-9:00am		Open Swim 7:00-10:00am	
8:00pm							Lap Swim 2:00-3:00pm		Aqua Flow 2:15-3pm		Aqua Flow 2:15-3pm						Aqua Flow 2:15-3pm						Aqua Flow 2:15-3pm						Aqua Flow 2:15-3pm					
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9:00pm							Lap Swim 5:30am-1:00pm		Aqua Flow 2:15-3pm		Aqua Flow 2:15-3pm						Aqua Flow 2:15-3pm						Aqua Flow 2:15-3pm						Aqua Flow 2:15-3pm					

Note: Grey shaded = pool closed; Beach Area indicates toddler water features are turned on. Schedule subject to change without notice.
 **Aquatics staff supervises pool area so recreational swimmers, lap swimmers and water walkers can share the facility, while maintaining comfort and maximum usage.