

# Staenberg Family Complex - Indoor Warm Water Rec Pool

Time	Sunday				Monday				Tuesday				Wednesday				Thursday				Friday				Saturday			
	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area	Lane 1	Lane 2	Beach Entry Play Area	Open Water Area
5:30am	Grey shaded				Lap Swim 5:30am-1:00pm				Lap Swim 5:30-3:00pm				Lap Swim 5:30am-3:15pm				Lap Swim 5:30am-3:15pm				Lap Swim 5:30am-5:30pm				Grey shaded			
6:00am																												
7:00am	Lap Swim 7:00-9:30am		Open Swim 7:00-10:00am		Lap Swim 5:30am-1:00pm				Open Swim 5:30am-4:00pm		Lap Swim 5:30-3:00pm		Open Swim 5:30am-4:00pm		Lap Swim 5:30am-3:15pm		Open Swim 5:30am-4pm		Lap Swim 5:30am-3:15pm		Open Swim 5:30-11:00am		Lap Swim 7:00-9:00am		Open Swim 7:00-10:00am			
8:00am																												
9:00am	Splash Academy 9:30am-2:00pm		Open Swim 7:00-10:00am		Lap Swim 5:30am-1:00pm				Aqua Flow 9-9:45am		Lap Swim 5:30-3:00pm		Aqua Flow 9-9:45am		Lap Swim 5:30am-3:15pm		Aqua Flow 9-9:45am		Lap Swim 5:30am-3:15pm		Aqua Flow 9:00-9:45am		Splash Academy 9:30-11:45am		Open Swim 7:00-10:00am			
10:00am																												
11:00am	Splash Academy 9:30am-2:00pm		Slide Open 10:00am-7:30pm		Lap Swim 5:30am-1:00pm				Beach Slide Open 10-11am		Lap Swim 5:30-3:00pm		Beach Slide Open 10-11am		Lap Swim 5:30am-3:15pm		Beach Slide Open 10-11am		Lap Swim 5:30am-3:15pm		Aqua Fit 11:00am-12:00pm		Splash Academy 9:30-11:45am		Open Swim 7:00-10:00am			
12:00pm																												
1:00pm	Lap Swim 2:00-4:00pm		Slide Open 10:00am-7:30pm		Lap Swim 5:30am-1:00pm				Splash Academy 1:00-1:45pm		Lap Swim 5:30-3:00pm		Splash Academy 1:00-1:45pm		Lap Swim 5:30am-3:15pm		Aqua Tai Chi 1:45-2:30pm		Lap Swim 5:30am-3:15pm		Aqua Fit 11:00am-12:00pm		Splash Academy 9:30-11:45am		Open Swim 7:00-10:00am			
2:00pm																												
3:00pm	Lap Swim 2:00-4:00pm		Beach Area Open 10:00am-7:30pm		Lap Swim 5:30am-1:00pm				Lap Swim 2:00-3:00pm		Lap Swim 5:30-3:00pm		Aqua Flow 2:15-3pm		Lap Swim 5:30am-3:15pm		Aqua Flow 2:15-3pm		Lap Swim 5:30am-3:15pm		Lap Swim 7:00-9:00am		Open Swim 7:00-10:00am					
4:00pm																												
4:00pm	Adaptive Aquatics 4:00-5:00pm		Slide Open 10:00am-7:30pm		Lap Swim 5:30am-1:00pm				Splash Academy 3:15-7:00pm		Lap Swim 5:30-3:00pm		Lap Swim 2:00-3:00pm		Lap Swim 5:30am-3:15pm		Aqua Flow 2:15-3pm		Lap Swim 5:30am-3:15pm		Lap Swim 7:00-9:00am		Open Swim 7:00-10:00am					
5:00pm																												
6:00pm	Lap Swim 5:00-7:30pm		Slide Open 10:00am-7:30pm		Lap Swim 5:30am-1:00pm				Beach Area Open 4-8pm		Lap Swim 5:30-3:00pm		Beach Area Open 4:00-8:00pm		Lap Swim 5:30am-3:15pm		Beach Area Open 4:00-8:00pm		Lap Swim 5:30am-3:15pm		Lap Swim 4:00-6:00pm		Beach Area Open 10:00am-5:30pm		Slide Open 10:00am-5:30pm			
7:00pm																												
7:30pm	Lap Swim 5:00-7:30pm		Slide Open 10:00am-7:30pm		Lap Swim 5:30am-1:00pm				Splash Academy 3:15-7:45pm		Lap Swim 5:30-3:00pm		Beach Area Open 4:00-8:00pm		Lap Swim 5:30am-3:15pm		Beach Area Open 4:00-8:00pm		Lap Swim 5:30am-3:15pm		Lap Swim 6:00-7:00pm		Beach Area Open 10:00am-5:30pm		Slide Open 10:00am-5:30pm			
8:00pm																												
8:00pm	Grey shaded				Lap Swim 7:00-9:00pm				Open Swim 8:00-9:00pm		Lap Swim 7:45-9:00pm		Open Swim 8:00-9:00pm		Lap Swim 5:30-9pm		Adaptive Aquatics 7:30-8:30pm		Lap Swim 7:00-9:00pm		Open Swim 8:00-9:00pm		Lap Swim 7:00-9:00am		Open Swim 8:00-9:00pm			
8:30pm																												
9:00pm	Grey shaded				Lap Swim 7:00-9:00pm				Lap Swim 7:45-9:00pm				Lap Swim 5:30-9pm				Lap Swim 7:00-9:00pm				Lap Swim 7:00-9:00am				Open Swim 8:00-9:00pm			
9:00pm																												

Note: Grey shaded = pool closed; Beach Area indicates toddler water features are turned on. Schedule subject to change without notice.

updated 1/8/18

Aquatics staff supervises pool area so recreational swimmers, lap swimmers and water walkers can share the facility, while maintaining comfort and maximum usage.

# Staenberg Family Complex - Millstone Lap Pool

	Sunday				Monday				Tuesday				Wednesday				Thursday				Friday				Saturday							
	LANE				LANE				LANE				LANE				LANE				LANE											
Time	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4				
5:30am	Closed				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-9:30pm				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-7:30pm				Closed							
6:00am									Lap Swim 5:30am-9:30pm																				Aqua Power 9:20-10:30am			
7:00am	Lap Swim 7:00am-7:30am				Lap Swim 5:30am-5:00pm				Aqua Power 9:20-10:30am				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-7:30pm				Lap Swim 7:00-8:15am							
8:00am																									Swim Boot Camp 8:15-9:30am				Lap Swim 10:30am-4:30pm			
9:00am									Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-5:00pm											
9:30am																									Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm			
10:00am									Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-5:00pm											
11:00am																									Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm			
12:00pm									Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-5:00pm											
1:00pm																									Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm			
2:00pm									Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-5:00pm											
3:00pm																									Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm			
4:00pm	Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-7:30pm															
5:00pm																					Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm				Lap Swim 5:30am-5:00pm			
5:30pm	Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-7:30pm															
6:00pm																					Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm				Lap Swim 5:30am-5:00pm			
7:00pm	Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-7:30pm															
7:30pm																					Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm				Lap Swim 5:30am-5:00pm			
8:00pm	Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-5:00pm				Lap Swim 5:30am-7:30pm															
9:00pm																					Lap Swim 7:00am-7:30am				Lap Swim 10:30am-4:30pm				Lap Swim 5:30am-5:00pm			
	Closed				Closed				Closed				Closed				Closed															

Notes: Dark shaded areas denotes that area is closed.

Schedule subject to change without notice.

Aquatics staff will supervise pool area so recreational swimmers, lap swimmers and water walkers can share the facility, to maintain maximum usage.

updated 1/8/18