

March & April 2018

What's Happening at The Gathering Place at the J?

The Gathering Place is located in the Arts & Education Building, 2 Millstone Campus Drive.
For a full listing of events, please see calendars.

"Living in Israel: Young Adults' Perspectives of Life in Israel"

Israeli teens, Yuval and Gal, are deferring their army service for one year to come to St. Louis for a service year. They look forward to talking with you about their home and culture. **Thurs, Mar 8** ■ 11am- 12pm ■ RSVP - Laura 442-3255



OASIS offers "Osteoporosis Dos and Don'ts of Everyday Movement"

Taught by a physical therapist, you'll learn how to use your joints wisely and protect your bones and joints from unnecessary injuries. No cost, and space limited
Weds, Mar 21 ■ 1-3 pm ■ RSVP - Laura 442-3255



Fall Prevention BINGO

Join Washington University Occupational Therapy students for an interactive and fun learning experience. Walk away with practical tips for maintaining health and safety. **Weds, March 28** ■ 1 – 2pm ■ RSVP - Laura 442-3255

Ed's Drawing Course

Conducted by artist, instructor and NORC member Ed Farber, this 3-week drawing course is for all levels of experience. New and returning class members are welcome! Space is Limited. \$5 contribution for supplies appreciated.

Mon, Apr 2, 9 and 16 ■ 11am-12pm ■ RSVP - Laura 442-3255

Secret St. Louis: A Guide to the Weird, Wonderful and Obscure

Author and historian of book Secrets in St. Louis, David Baugher, will share unusual facts and unique stories of St. Louis.

Weds, Apr 4 ■ 1-2pm ■ RSVP - Laura 442-3255



"Sunken Cities: Egypt's Lost Worlds"

St. Louis Art Museum (SLAM) presents information on the upcoming exhibition that will showcase antiquities found through underwater archaeology of the lost cities of Thonis-Heracleion and Canopus.

Thurs, Apr 5 ■ 1-2pm ■ RSVP - Laura 442-3255



Spring is coming! NORC's yardwork days are Saturday, April 21 and Sunday, April 29.



Call early (314-442-3834) to reserve your spot.

NORC members need to provide all rakes, tools and waste bags.

NORC Bus Trips



**FOR ALL TRIPS:* Payment required at reservation – make checks payable to St. Louis NORC and mail to JCC, Attn: Laura w/ NORC, #2 Millstone Campus Dr, St. Louis, MO 63146
Meet at the Gathering Place at the J ■ RSVP - Laura 442-3255*

Bowling Shirt Company Tour: Get an inside look and tour of a U City business that has over 30 years of '50's apparel and novelty items.

Weds, Mar 7 ■ 9:30am-2:30pm ■ \$10 plus cost of lunch on own

Contemporary Art Museum (CAM) St. Louis: Enjoy a docent-led tour of current exhibits, including *Trenton Doyle Hancock: The Re-Evolving Door to the Moundverse*; *Tim Youd: St. Louis Retyped*; *Salvatore Scarpitta: Racing Cars*; *Stanya Kahn: Friends in Low Places*; and *ArtReach: Vashon High School*. Optional self-guided visit to **Pullitzer Arts Foundation**, located next door to CAM, is available for all to enjoy.

Thurs, Apr 19 ■ 9:30am-2:30pm \$10 plus cost of lunch on own

This trip is part of the 2018 Festival: Celebrating Art for Senior Engagement.

"Sunken Cities: Egypt's Lost World's" Exhibit at St. Louis Art Museum: Experience a docent-led tour of the highly anticipated exhibit. This is the 1st stop on its N. American tour.

Weds, May 9 ■ 9:30am-2:30pm ■ Space is limited

\$25 payment due at reservation. Cost of lunch on own

Opera Theatre of St. Louis: Enjoy Giuseppe Verdi's "La Traviata" matinee performance

Weds, June 20 ■ 11:30 am bus departure for 1:00 pm showing ■ Limited number of tickets

Ticket and bus transportation: \$45 ■ Ticket only: \$35 ■ **Payment due at reservation.**

Spring Coach Bus Trip to Edwardsville, IL on Thurs, April 26 – please see separate flyer

Local Adventure in Your Backyard!*

Humane Society of Missouri's Best Buddy Pet Center is offering NORC a community education course and tour of their state of the art facility! Ride share encouraged.

Thurs, March 22 ■ 9:45 – 11:30 am ■ \$5 per person plus cost of lunch on own

*If you choose, enjoy lunch nearby (several blocks away) at **Companion Bakery** (2331 Schuetz).*

**Meet at Humane Society (11660 Administration Drive) at intersection of Schuetz & Page*



Social Dining with NORC Neighbors

ADVANCE reservations to Joan at 442-3834. Cost of meal on own.

Weds, Apr 11 ■ Breakfast at Frontenac Hilton (Provinces, 1335 S. Lindbergh) ■ 9:30 am

Fri, Mar 16 ■ FISH FRY at Our Lady of Pillar Parrish (403 S. Lindbergh) ■ 4:30pm



MARK YOUR CALENDARS!!



39th Annual Storytelling Festival: Thurs, 5/3 from 11am – Noon: The Gathering Place

Spring Musical Concert: Weds, 5/23, 1:30- 2:30pm, Banquet Center at the JCC, No charge
OASIS Jazz Ensemble performs toe-tapping, finger-snapping sounds. Light refreshments