


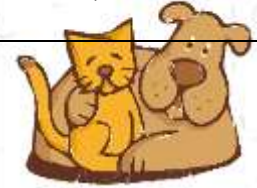


ST. LOUIS NORC CALENDAR March 2018

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	 Naturally Occurring Retirement Community	Reminder: Free taxi pick-up is available for all non-driving members to any NORC program		1 1:00 iphone basics – with Richard Walker (part 2 of 2 part series) (TGP)	2 1:00 Covenant Place Weekly Movie (Bohm Social Hall- lower level of Covenant II, 8 Millstone Campus Dr.) Call 432-1610 for movie title.	3
4	5 1:00 Knit, Crochet and crafts group (TGP) 	6 11:00 Chair Yoga (TGP) 12:30 Current Topics discussion group (TGP)	7 9:30 “The Bowling Shirt Company “ tour Bus Trip \$10 and lunch on own	8 11:00 “Living in Israel” with Yuval Cohen and Gal Roberman(TGP) 	9 1:00 Covenant Place Cabaret(Bohm Social Hall- lower level of Covenant II, 8 Millstone Campus Dr.) Call 432-1610 for movie title	10
11 Daylight Saving Time Begins – move clocks one hour ahead	12 1:00 Monthly Film Series – The Men Who Built America” – part 6 (TGP)	13 11:00 Chair Yoga (TGP) 12:30 Current Topics discussion group (TGP)	14	15	16 1:00 Book Group “Commonwealth” by Ann Patchett (TGP) 4:30 <u>Dinner Out</u> – Fish Fry at Our Lady of Pillar	17
18	19 1:00 Knit, Crochet and crafts group (TGP)	20 10:30 BJC Ask the Nurse – Blood Pressure Check (TGP) 11:00 Chair Yoga (TGP) 12:30 Current Topics discussion group (TGP)	21 10:30 Creative Expressions Art Group with Joanna Szapszewicz (TGP) 1:00 OASIS presents Osteoperosis Do’s and Don’ts with Katherine Meirink, PT (TGP)	22 10:00 <u>St Louis Humane Society</u> Community Education and Tour_- \$5 <i>Ride Share (location 11660 Administration Dr. at Page and Schuetz Rd, NorthEast Corner)</i> 	23 9:00 Men’s Breakfast at Creve Coeur McDonalds 1:00 Covenant Place Weekly Movie (Bohm Social Hall- lower level of Covenant II)	24
25	26 1:00 Brain Games – fun brain exercise (TGP)	27 11:00 Chair Yoga (TGP) 12:30 Current Topics discussion group (TGP)	28 1:00 Fall Prevention Bingo with Wash U Occupational Therapy Program – fun, interactive and educational (TGP)	29	30 Good Friday Passover begins at Sun Down	31

www.jewishinstlouis.org/norc • NORC is a non-sectarian program.** PLEASE NOTE: NORC Calendars are mailed bi-monthly. Please check the front and back of each edition.
 **For reservations or additional information call Laura at 442-3255; JFed = Jewish Federation Kopolow Building - #12 Millstone Campus TGP= JCC, A&E #2 Millstone Campus Dr