

Summer Basketball Training Programs



Maccabi Basketball Academy

Grades K-2

- Six offseason training sessions
- Emphasis on shooting, dribbling, footwork

SFC
Wednesdays, 7/11 - 8/15
5:00 - 6:00pm

Fox
Tuesdays, 7/10 - 8/14
5:00 - 6:00pm

Early Bird - \$60m/\$90p
after 7/1: \$66m/\$99p

Basketball Training

Grades 1-12

- Focus on core basketball fundamentals
- Areas include shooting, speed and control dribbling, off-the-ball defense, more
- Workouts customized to the player/team

SFC & Fox
By appointment

Individual
1 hour: \$50m/\$70p
30 mins: \$25m/\$35p

Group (3-6 people)
1 hour: \$20 per person

Contact: Justin Bange, 314.442.3216, jbange@jccstl.org

Participant Information

Name _____
 Member Public
DOB _____ Grade _____
Address _____
City _____ State _____ Zip _____
Home Phone _____ Alt. Phone (emergency) _____
Email _____

Maccabi Academy: SFC Fox Training League: SFC Fox

Payment Information

Amount Enclosed \$ _____ Check # _____ (payable to JCC)
 Charge my credit card on file Place my credit card on file*
Credit Card _____ Exp # _____
Signature _____
*Name as it appears on card _____
*Billing address (if different from above) _____

