



July & August 2019 Events with St. Louis NORC Neighbors & Friends



Learn iPhone Basics with Larry Edison

Have an Apple iPhone? Whether you consider yourself technology savvy or technology challenged, these classes are for you! Bring a fully charged iPhone and our skilled volunteer will teach you tricks and tips that will simplify and maybe even add joy to your life.

Space is limited. Advanced RSVP required to 442-3255.



iPhone Photography

If you're using an iPhone, you have a great camera at your fingertips. Learn tricks for taking incredible photos. **RSVP 442-3255**

Mon, 7/1 ▪ 10:30am – 12pm ▪ TGP

iPhone Contacts & Calendars

Master managing contacts (numbers, addresses, birthdays, etc.) and appointments on your iPhone.

Mon, 7/15 ▪ 1 – 2:30pm ▪ TGP

Two-Part Series on iPhone Basics

Learn the basics of iPhone usage in this two-part series.

Participants are asked to commit to attending both sessions.

Weds, 8/7 and 8/14 ▪ 10am – 11:30am ▪ RSVP to 442-3255

CONTACT INFO

Program

Reservations

Laura: 442-3255 or
norc@jccstl.org

Volunteer Requests

Joan: 442-3834 or
jfirst@jfedstl.org

Other Inquiries

Sarah: 442-3859 or
slevinson@jfedstl.org

PROG LOCATIONS

TGP

The Gathering Place,
Arts & Education Bldg,
2 Millstone Campus Dr

COV

Covenant Place
8 Millstone Campus Dr
Lower Level



Jewish Federation
OF ST. LOUIS

**PLEASE TURN OVER –
MORE PROGRAMS
ON REVERSE SIDE**



3-Session Drawing Course with Artist Ed Farber

Calling artists of any and all levels – no experience necessary. Practice new techniques, embrace the process Space is limited.

\$5 contribution appreciated for 3-week series. **RSVP to 442-3255**

Mon, 7/8, 7/15 & 7/22 ▪ 11am – 12pm ▪ TGP



3-Session Play Reading Group with Dan Weinberg

Enjoy the thrill and unique experience of reading Henrik Ibsen's Hedda Gabler aloud with friends! No prior experience necessary.

Materials provided. Space is limited. **RSVP to 442-3255**

Fri, 7/12, 7/19 & 7/26 ▪ 10:30am – 12pm ▪ TGP

Creative Expressions Art Group w Artist Joanna Szpazewicz

Express thoughts and emotions through creativity at this monthly art group. Bring artist journal to class. Space is limited.

\$3/class for supplies. ▪ RSVP to 442-3255

Weds, 7/17 & 8/21 ▪ 10:30am – 12pm ▪ TGP



“How Does This Garden Grow?” with Myra Sue Rosenthal

Learn about The Gathering Place's Tower Garden and the JCC's Garden of Even from its overseer. Myra –master gardener, volunteer extraordinaire and NORC member – will inspire and share her passion to cultivate the earth and harvest food for the Harvey Kornblum Jewish Food Pantry Space is limited.

Thurs, 8/1 ▪ 11:30am – 12:30pm ▪ TGP ▪ RSVP to 442-3255



NORC's 5th Annual Evening of “Dancing Under the Stars”

Music, refreshments and more make this a special evening and St. Louis NORC's signature event. Lookout for invitation in the mail! **\$10 per person by 8/1. Space is limited. RSVP to 442-3255**

Thurs, 8/22 ▪ 6:30 – 8:30pm ▪ JCC, Arts & Education, Performing Arts Center



St. Louis NORC July-August 2019 Events continued...



----- **Trouble Hearing on the Phone? Learn about Solutions from ClearCaptions**

Learn how this FREE phone captioning service is helping people with hearing loss regain confidence and increase communication via telephone! See how ClearCaptions provides near real-time captions of phone conversations and find out more about eligibility criteria and set-up.

Thursday, 7/18 ■ 1 – 2:30pm ■ TGP ■ **RSVP to 442-3255**

----- **Travel Talk with Eliot Katz: “Jewish Roots” Tour of Eastern Europe**

Hear about highlights and view photographs from Eliot’s journey through Warsaw, Krakow, Prague, Vienna and Budapest, and several Nazi concentration camps.

Thursday, 7/25 ■ 1 – 2:30pm ■ TGP ■ **RSVP to 442-3255**

PAGE TURNERS Book Club

All are welcome! Please join us from 1-2:30pm in TGP

Fri, 7/19: “Where the Crawdads Sing” by Delia Owens

Fri, 8/16: Book to be announced **RSVP to 442-3255**



“So Where’d You Got to High School”

Author Visits NORC

Dan Dillon shares his motivation, research and enjoyment in writing *the book* on the fun and revealing question

St. Louis natives love to ask. **RSVP to 442-3255**

Wednesday, 8/28 ■ 1 – 2:30pm ■ TGP

Lunch & Learn: Get Ready for Flu Season

Presented by AW Health Care, learn how to prevent and prepare for flu season. Bring brown bag lunch to enjoy during discussion. Ice cream provided.

Mon, 8/5 ■ 12 – 1pm ■ TGP ■ **RSVP 442-3255**



Ask the Nurse and Blood Pressure Check

Presented by ResCare, meet with a nurse for blood pressure checks and discuss your questions regarding health and wellness. **RSVP to 442-3255**

Tues, 7/16 & 8/20 ■ 10:30 – 11:30am ■ TGP

Dinner Out with St. Louis NORC

Enjoy dinner with friends. Cost of meal on own. RSVP to Joan at 442-3834

Thursday, 7/18 ■ **Provinces Grill** (Frontenac Hilton – 1335 S Lindbergh) ■ **4:30- 6:30 pm**

Thursday, 8/15 ■ **Pasta House** (700 N New Ballas, Creve Coeur) ■ **4:30- 6:30 pm**

St. Louis NORC Bus Trips *add \$.5 for non-NORC members

Pompeii: The Exhibition at StL Science Center

Learn of the ancient Roman City buried under rubble and ash and view ancient artifacts. Payment due with RSVP.

Weds, 7/31 ■ 9:30am–2:30pm ■ \$25/person*

Advance registration required. ■ **RSVP 442-3255**



St. Louis Public Radio Station Tour

Visit KWMU radio station and learn what goes on behind the scenes. Then, enjoy lunch at Adriana’s On the Hill (cost of lunch on own). **RSVP 442-3255**

Weds, 9/11 ■ 9:30am–2pm ■ \$10*/person



Jean’s Coach Bus Trip to Hannibal, MO: October 30, 2019: 8am – 5:30pm

Travel to historic river town and boyhood home of Mark Twain. Journey includes visits to multiple homes and museums with lunch at Ole Planter’s Restaurant. NOTE: Full mobility required for trip. **Reservations by 10/17.**

Tickets are non-refundable. NORC Members: **\$35 per person*** **RSVP to Laura: 442-3255**

Mail checks to Attn: NORC, JCC – 2 Millstone Campus Drive, 63146

Dedicated to the life and memory of Jean Payuk and generously underwritten by Women’s Auxiliary Foundation for Jewish Aged. Cost per person includes coach bus, ticket prices and cost of lunch. Space is limited.

***add \$5 to ticket price for non-NORC members**