








## ST. LOUIS NORC CALENDAR JULY 2018

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2 	3 11:00 Chair Yoga (TGP) 12:30 Current Topics (TGP) 1:15 Knit Group (meets at Cov II, Lower Level – call Laura at 442-3255 for directions)	4 NORC Offices Closed Independence Day Holiday 	5 9:30 Soulard Market and Ted Drewes Bus Trip \$10 (no formal lunch)	6 1:00 “American Graffiti” – Weekly Movie at Covenant Place (Bohm Social Hall- lower level of Covenant II, 8 Millstone Campus Dr. Call 432-1610.)	7
8	9 11:00 Drawing Course w Ed Farber ( Part 1 of 3) Advance RSVP 1:00 Monthly Film Series –A History Of Women’s Achievement in America - part 2 (TGP)	10 11:00 Chair Yoga (TGP) 12:30 Current Topics (TGP) 1:15 Knit Group (meets at Cov II, Lower Level – call Laura at 442-3255 for directions)	11 	12 10:30 Coffee Talk with Ted Gottlieb – Financial Planning for Retirement Years – (TGP) 	13 1:00 “Tall Berta”- Monthly Cabaret at Covenant Place (Bohm Social Hall- lower level of Covenant II, 8 Millstone Campus Dr. Call 432-1610.)	14
15	16 11:00 Drawing Course w Ed Farber (Part 2 of 3) (TGP)	17 10:30 – 12:30 Ask the Nurse/ BP Check by ResCare(TGP) 11:00 Chair Yoga (TGP) 12:30 Current Topics (TGP) 1:15 Knit Group (meets at Cov II, Lower Level – call Laura at 442-3255 for directions)	18 10:30 Creative Expressions Art Group with Joanna Szapszewicz (TGP) 	19 1:00 Pedaling for Paws – Gail Velton’s Bicycle trip Across America (TGP) 4:30 Dinner Out –Provinces Grill Frontenac Hilton RSVP to Joan at 442-3834	20 1:00 Book Group (TGP) – call 442-3255 for book info 1:00 “Beyond the Edge” Weekly Movie at Covenant Place (Bohm Social Hall- lower level of Covenant II, 8 Millstone Campus Dr Call 432-1610..)	21
22	23 11:00 Drawing Course w Ed Farber (Part 3 of 3)(TGP) 1:00 OASIS’ Hidden Truths about Pain with Kim Hoff, PharmD (TGP)	24 11:00 Chair Yoga (TGP) 12:30 Current Topics (TGP) 1:15 Knit Group (meets at Cov II, Lower Level – call Laura at 442-3255 for directions)	25 	26 9:30 St . Louis Science Center “ <u>Destination Moon</u> ” Exhibit \$16 Lunch at Science Center * Must Pay in advance by 7/12	27 9:00 Men’s Breakfast at Creve Coeur McDonalds 1:00 “Forever My Girl” Weekly Movie at Covenant Place (Bohm Social Hall- lower level of Covenant II, 8 Millstone Campus Dr. Call 432-1610.)	28
29	30 1:00 Wii Brain Games – play Jeopardy and stretch your brain (TGP)	31 11:00 Chair Yoga (TGP) 12:30 Current Topics (TGP) 1:15 Knit Group (meets at Cov II, Lower Level – call Laura at 442-3255 for directions)		Reservations Required for all programs – space may be limited. Contact Laura at 442-3834	Reminder: Free taxi pick-up is available for all non-driving members to any NORC program	

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 \*\*For reservations or additional information call Laura at 442-3255; JFed = Jewish Federation Kopolow Building - #12 Millstone Campus TGP= JCC, A&E #2 Millstone Campus Dr.