




ST. LOUIS NORC CALENDAR January 2018

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 NORC Offices Closed New Year's Day Holiday Observed	2 11:00 Chair Yoga (TGP) 12:30 Current Topics discussion group (TGP)	3	4 1:00 Bingo Bash – to ring in New Year, prizes, hot cocoa & conversation (TGP) 	5 1:00 Covenant Place Weekly Movie (Bohm Social Hall- lower level of Covenant II, 8 Millstone Campus Dr.) Call 432-1610 for movie title.	6
7	8 1:00 Monthly Film Series – The Men Who Built America” – part 4 (TGP)	9 11:00 Chair Yoga (TGP) 12:30 Current Topics discussion group (TGP)	10 9:30 MO History Museum Exhibits: Panoramas of the City or World War I Bus Trip \$10 and lunch on own	11 1:30 “Be Well 2018” JCC Fitness Trainers lead you into a healthy new year – refreshments, attendance prizes (TGP)	12 1:00 Covenant Place Weekly Movie (Bohm Social Hall- lower level of Covenant II, 8 Millstone Campus Dr.) Call 432-1610 for movie title.	13
14	15 Martin Luther King Jr. Day NORC Offices Closed	16 10:30 BJC Ask the Nurse – Blood Pressure Check (TGP) 11:00 Chair Yoga (TGP) 12:30 Current Topics discussion group (TGP)	17 10:30 Creative Expressions Art Group with Joanna Szapszewicz (TGP) Space limited, RSVP	18	19 11:00 Creative Writing Class with Dan Weinberg – part 1 or 3 (TGP) 11:30-2 Tech Trouble Shooting (Parkway Northeast Middle School) 1:00 Book Group –“ Under-ground Railroad” (TGP)	20
21	22 1:00 Knit, Crochet and crafts group (TGP)	23 11:00 Chair Yoga (TGP) 12:30 Current Topics discussion group (TGP)	24 9:30 Mercantile Library & Museum Bus Trip \$10 and lunch on own	25 4:30 Dinner Out Lester's Restaurant (9906 Clayton Rd) RSVP to Joan 442-3834	26 9:00 Men's Breakfast at Creve Coeur McDonalds 11:00 Creative Writing Class – part 2 of 3 (TGP) 1:00 Covenant Place Movie	27
28	29 1:00 Brain Games – fun brain exercise (TGP)	30 11:00 Chair Yoga (TGP) 12:30 Current Topics discussion group (TGP)	31 1:30 Appreciation Celebration for Dr. Peggy Neufeld (JCC) Light refreshments served.		Reminder: Free taxi pick-up is available for all non-driving members to any NORC program	

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**For reservations or additional information call Laura at 442-3255; JFed = Jewish Federation Kopolow Building - #12 Millstone Campus TGP= JCC, A&E #2 Millstone Campus Dr