HI-NRG GYMNASTICS

the J DAY CAMPS
Discover the Spirit!

A LOOK BACK: *This week's "When I Grow Up" themed Wacky Wednesday, campers dressed up as hockey players, pop stars, and artists.
*Our gymnasts had a blast at Parents Night out and enjoyed getting the chance to show their families some cool skills.
*The campers got to see an interesting Mad Science show before Shabbat this Friday along with an Arts Camp performance of School House Rock Live.

A LOOK AHEAD: *Next week, campers will have the opportunity to receive soccer instruction from former professional player Dan O'Keefe. Dan has logged an impressive 38+ years of camp experience including over 20 years with the JCC. He is a veteran of several NPSL teams including the 1992 Champion Detroit Rockers and the 1993 St. Louis Ambush.
*Campers can also participate in the Decades themed Wacky Wednesday.
*Next Friday is Yom Isreal Day, where we will have Juggling Jeff: Death by Tickle perform.