HI-NRG GYMNASTICS

the J DAY CAMPS
Discover the Spirit!

A LOOK BACK:

This week, campers enjoyed cake decorating (and eating) along with a scavenger hunt. We broke up into teams and found clues to help us uncover who the super-villain was. This was perfect for this week's superhero themed Wacky Wednesday. Campers got the chance to dress up and be a hero for the day. The children also had the opportunity to try out some fencing techniques. Many gymnasts have been excited about getting new skills this week.

A LOOK AHEAD:

*Next week's Wacky Wednesday is themed "When I Grow Up."
*Please feel free to join the gymnastics camp staff this Wednesday at Performance Night at 6:00pm. All are welcome, whether you are planning to attend gymnastics camp or have already attended.
*On Friday we will get to see a Mad Science event called "Sounds Like Science."This event gets children excited about science, with a particular focus on the science of sound. Kids will get tuned-in to learning with exciting demonstrations and experiments including the surprisingly loud Dinosaur-in-a-Can, the glowing Electric Pickle, and a kid-created Thunder Storm!
The Scientific Objectives: Air pressure, sound waves, corrugation, and resonance.
*Also on Friday Arts Camp is performing a mini (10-minute) version of School House Rock Live.