

May & June 2018

Upcoming Events with your NORC Neighbors & Friends

The Gathering Place is located in the Arts & Education Building, 2 Millstone Campus Drive.
For a full listing of events, please see calendars.



NORC Knit Group is collaborating with Covenant Place to meet for a weekly knitting group. Enjoy socializing, knitting, crocheting, crafting and receiving instruction from volunteer knit expert, Jerri Livingston on **Tuesdays at 1:15pm** in the **Covenant II Building, Lower Level**. Starting on **Tues, May 1 at 1:15pm** ■ Contact Laura at 442-3255 for directions and to RSVP.

39th Annual St. Louis Storytelling Festival Returns to St. Louis NORC

Featuring professional storytellers, Deb Swanegan and Jim "Two Crows" Wallen, connecting with your community through stories.



Thurs, May 3 ■ 11am – 12pm ■ JCC, Arts & Education Building ■ **RSVP- Laura: 442-3255.**

Paraquad, the Disability Experts, visits St. Louis NORC's Gathering Place

Health and Wellness Center Manager, Melissa Smith, will share information about the new facility and the unique services available for individuals with disabilities, chronic health conditions and rehabilitation needs. **Thurs, June 14** ■ 11am-12pm ■ **RSVP - Laura 442-3255**



"Ask the Nurse" & Blood Pressure Checks with ResCare Home Care Services

Nurse Sejlka Maksumic will be now be available on the 3rd Wednesday of the month at The Gathering Place to discuss care needs and check your blood pressure.

Weds, May 16 & June 20 ■ 10:15am- 12:15pm ■ **RSVP - Laura 442-3255**

Community Happy Hour at Oxford Hills Gazebo

Hosted by NORC member, Esther Gelb, all are welcome to snack, socialize and play B-I-N-G-O. Beverage will be provided. Bring a snack or appetizer to share. **RSVP - Laura 442-3255**
Weds, June 6 ■ 3:30-5:30pm ■ **Oxford Hills Pool Gazebo** (behind the JF&CS and Fire Dept.)

NEW MONTHLY Film Series: A History of Women's Achievement in America –

Examine the 400 year history of American women's inspiring accomplishments and victories. Destined to play an essential role in the shaping of the US, American women forged an identity unlike any other in the world.

Mon, June 11 ■ 1-2pm ■ The Gathering Place at the J ■ **RSVP - Laura 442-3255**



Lunch & Learn with "The Skinny on Skin Care"

Enjoy a healthy discussion on caring for the outer layer and largest organ of the human body. Bring a brown bag lunch. Program by Golda Cohen and dessert sponsored by AW Health Care.

Thurs, June 28 ■ 11am- 12pm ■ The Gathering Place at the J ■ **RSVP - Laura 442-3255**

Are You Making the Most of Your iPhone?



“Outsmart your iPhone Smart Phone” with Richard Walker

Learn the basics of Apple iPhone usage. Bring your fully charged Apple iPhone to class! *Class is for two sessions and attendance is requested at both sessions. Space is limited.*

Thurs, May 17 and 24 ▪ 1-3pm ▪ The Gathering Place at the J ▪ RSVP - Laura 442-3255

“Basics of iPhone Photography” with Richard Walker

Your iPhone is more than just a phone! Learn what your iPhone camera can do!

Thurs, June 21 ▪ 1-3pm ▪ The Gathering Place at the J ▪ RSVP - Laura 442-3255

NORC Bus Trips

FOR ALL TRIPS:* Payment required at reservation – **make checks payable to NORC and

Mail to JCC, Attn: Laura w/ NORC, #2 Millstone Campus Dr, St. Louis, MO 63146

Meet at the Gathering Place at the J ▪ RSVP - Laura 442-3255*



<p><u>Spring at the Missouri Botanical Gardens</u> Enjoy time at the world-renowned gardens, followed by lunch at the café on site. <u>Weds, May 30</u> ▪ 9:30am-2:30pm \$10 due at reservation + cost of lunch</p>	<p><u>Cherokee Street and STL Style</u> Fall in love with St. Louis all over again! Meet Jeff Vines, proud St. Louisan and owner of STL Style, a thriving South St. Louis business that is dedicated to sharing the greatness of STL with the rest of the world. <u>Thurs, June 7</u> 9:30am-2:30pm ▪ \$10 due + cost of lunch</p>
<p><u>Opera Theatre of St. Louis performs Giuseppe Verdi’s “La Traviata”</u> Enjoy this live opera performance featuring a story of beauty, love and revenge. Limited number of tickets available. Payment due 5/10. <u>Weds, June 20</u> ▪ Payment IS reservation. 11:30 am bus departure for 1:00 pm showing Ticket & bus: \$45 ▪ Ticket only: \$35</p>	<p><u>Soulard Farmers Market & Ted Drewes</u> Enjoy this summer-time favorite! Pick up your favorite fresh fruits and vegetables and treat yourself to frozen custard for lunch at St. Louis’ favorite, Ted Drewes! No restaurant on this trip. <u>Thurs, July 5</u> ▪ 9:30am-1:30pm \$10 + cost of produce and custard on own</p>
<p><u>Destination Moon: & The Apollo 11 Mission at St Louis Science Center</u> As the 49th anniversary of Neil Armstrong’s momentous “one small step” approaches, the excitement of the space race comes to St. Louis! The traveling special exhibition features the command module Columbia that orbited the Moon, as well as other artifacts from the first successful lunar mission. <u>Thurs, July 26</u> ▪ 9:30am-2pm ▪ \$16 due by 7/6 (incl ticket and transport)</p>	

Social Dining with NORC Neighbors

ADVANCE reservations to Joan at 442-3834. Cost of meal on own.



Thurs, May 10 ▪ Applebee’s Restaurant (11950 Olive Blvd) ▪ 4:30 pm ▪ RSVP - Joan - 442-3255

Weds, June 13 ▪ TGI Fridays Restaurant (12398 Olive Blvd) ▪ 4:30pm ▪ RSVP - Joan - 442-3255