

EC Menus April 2017

**Red-Fresh Fruit Blue-Fresh Vegetables Green-Snack Meat/Meat Alternate
Purple-Breakfast Meat/Meat Alternate**



Milk is served with breakfast and with snack.

4/3	Wk 1	4/4	4/5	4/6 Mock Seder	4/7
Unsweetened Cereal Diced Peaches		Biscuit (1)/Margarine Honeydew Cubes	Unsweetened Cereal Banana Half	Bagels Cream Cheese Cantaloupe, Honeydew	Egg Matza/Cream Cheese Mandarin Oranges
Mac and Cheese Green Beans Mixed Fruit		Tuna Salad/Wheat Crackers Cucumber Slices/Russian Dressing Diced Pears	Tomato Basil Soup Cheese Cubes Pretzel Bread Sticks Fresh Orange Wedges	Deli Turkey Squares Red Grapes Pineapple Tidbits Matza	Chicken Drumstick Seasoned Potato Wedges Apricot Halves Matza
Vanilla Yogurt /Fruit Granola		Applesauce/Graham Crackers	Diced Pears	Pretzels	String Cheese *not Passover; pre wrapped
4/10 Passover	Wk 2	4/11 Passover	4/12 Passover	4/13 Passover	4/14 Passover
Unsweetened Cereal Diced Peaches		Matza/Cream Cheese Pineapple Tidbits	Unsweetened Cereal Banana Half	Apple Cinnamon Matza Brei Diced Peaches	Matza/Cream Cheese Applesauce
Baked Tilapia Au Gratin Potatoes Fresh Strawberries Matza		<u>Taco Tuesday</u> Seasoned Taco Meat Shredded Lettuce Diced Tomatoes/Salsa Fresh Orange Wedges Matza	Matza Pizza Broccoli/Creamy Italian Dip Honeydew	Homemade Sweet and Sour Meatballs Mashed Potatoes Pineapple Tidbits Matza	Homemade Chicken Strips/Ranch Dressing Roasted Baby Carrots Diced Pears Matza
Fresh Apple Milk		Fresh Red Grapes Milk	Macaroons Milk	Cantaloupe Milk	Strawberries Milk

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4/17 Passover Wk 3	4/18 Passover	4/19	4/20	4/21
Unsweetened Cereal Diced Pears	Scrambled Eggs Fresh Red Grapes Matza	Unsweetened Cereal Fresh Banana	Mini Bagel/Sun Butter Mandarin Oranges	French Toast Sticks Applesauce
Cheese Cubes Roasted Zucchini Sticks/Ranch Dressing Fresh Orange Matza	BBQ Meatloaf Sweet Potato Wedges Applesauce Matza	Baked Tilapia Mac and Cheese Green Beans Diced Peaches	Steak Soup Green Salad w/Russian Dressing Red Grapes Cornbread	Hawaiian Chicken Sweet Peas Pineapple Tidbits
Honeydew	Macaroons	Pretzels	Honeydew/Blueberries	Whl Wht Bagel Half/Cream Cheese
4/24 Wk 4	4/25	4/26	4/27	4/28
Unsweetened Cereal Diced Peaches	Biscuit/Margarine Fresh Red Grapes	Oatmeal w/Apple Slices	Whl Wht Toast Scrambled Eggs/Red Pepper Apricots	Whl Grain Waffle Peach Topping Tropical Fruit
Pizza Bagel Broccoli w/Ranch Honeydew/Blueberries	Taco Tuesday Seasoned Taco Meat Shredded Lettuce/Diced Tomatoes/Salsa Flour Tortilla Orange Wedges	Tomato Rotini Soup Toasted Cheese Dippers Fresh Pear	Turkey Meatballs/Gravy Brown Rice Green Beans Pineapple Tidbits	Chicken Drumsticks Maple Glazed Carrots Fresh Apple Wedges
Vanilla Yogurt/Strawberries	Cheese Crackers	Cantaloupe/Kiwi	Fresh Banana	Cottage Cheese/Mandarin Oranges