

# ST. LOUIS NORC - AUGUST 2019 CALENDAR

| SUN       | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  | SAT       |
|-----------|--|--|---|--|---|-----------|
|           |  |  |    | <b>1</b><br>11:30am-12:30pm<br><b>How Does this Garden Grow?</b> Myra Sue Rosenthal, Master Gardener presents on the Tower Garden and the Garden of Eden (TGP)       | <b>2</b>  | <b>3</b>  |
| <b>4</b>  | <b>5</b><br>12pm-1pm <b>Lunch &amp; Learn "What is in your Flu Kit?" with AW Health Care</b> (TGP)   | <b>6</b><br>11-11:45am <b>Chair Yoga</b> (TGP)<br>12:30-1:45pm <b>Current Topics</b> (TGP)<br>1:15-2:15pm <b>Knit Group</b> (Cov)  | <b>7</b><br>10-11:30am <b>iPhone Basics w Larry Edison (1of2)</b> (TGP)   | <b>8</b>   | <b>9</b>  | <b>10</b> |
| <b>11</b> | <b>12</b><br>1-4pm Annual Silver Screens Series - <b>The Intern</b> (AMC Creve Coeur, 10465 Olive Blvd)  | <b>13</b><br>11-11:45am <b>Chair Yoga</b> (TGP)<br>12:30-1:45pm <b>Current Topics</b> (TGP)<br>1:15-2:15pm <b>Knit Group</b> (Cov)   | <b>14</b><br>10-11:30am <b>iPhone Basics w Larry Edison (2of2)</b> (TGP)  | <b>15</b><br>4:30-6:30pm <b>Dinner Out- Pasta House</b> (700 N. New Ballas Rd, Creve Coeur) RSVP to 442-3834   | <b>16</b><br>1-2:30pm <b>Page Turners Book Group</b> - Book to be announced (TGP)                 | <b>17</b> |
| <b>18</b> | <b>19</b><br>1-3pm Silver Screens Series - <b>Hello, My Name is Doris</b> (AMC Creve Coeur, 10465 Olive Blvd)*<br>*NORC Monthly Film Series will not meet this month                       | <b>20</b><br>10:30-11:30am <b>Ask the Nurse &amp; BP Check with ResCare</b> (TGP)<br>11-11:45am <b>Chair Yoga</b> (TGP)<br>12:30-1:45pm <b>Current Topics</b> (TGP)<br>1:15-2:15pm <b>Knit Group</b> (Cov) | <b>21</b><br>10:30am-12pm <b>Creative Expressions Art Group with Artist Joanna Szapszewicz</b> - \$3/class (TGP)  | <b>22</b><br>6:30-8:30pm <b>Dancing Under the Stars - NORC Annual Community Dance</b> (JCC, A&E Performing Arts Center) - Reservations required - \$10/ticket by 8/1 | <b>23</b><br> | <b>24</b> |
| <b>25</b> | <b>26</b><br>1-4pm Silver Screens Series - <b>Lost in America</b> (AMC Creve Coeur, 10465 Olive Blvd)<br>1-2pm <b>Wii Brain Games</b> - play Jeopardy to stretch and flex your brain (TGP) | <b>27</b><br>11-11:45am <b>Chair Yoga</b> (TGP)<br>12:30-1:45pm <b>Current Topics</b> (TGP)<br>1:15-2:15pm <b>Knit Group</b> (Cov)   | <b>28</b><br>1:30-2:30pm Author of " <b>So, Where'd You Go to High School</b> ", <b>Dan Dillon</b> , shares of his motivation, research and enjoyment in writing the book on the question St. Louisans love to ask. (TGP) | <b>29</b><br>   | <b>30</b><br>9-10am <b>Men's Breakfast at Creve Coeur McDonalds</b> (11521 Olive Blvd)            | <b>31</b> |

Here's a sneak peak at programs coming to St. Louis NORC in September and October:

**KWMU Station Tour Bus Trip** - Wednesday, 9/11 from 9:30am - 2pm

**St. Petersburg, Russia Travel Talk with Linda Nash** - Friday, 9/13 from 11am- 12pm

**NORC Annual Celebration of Life Party** w a Carribean-style Cruise Theme - All Aboard on Thursday, 9/26 from 1 - 2:30pm at the J

**Jean's Fall Coach Bus Trip to Hannibal, MO** - Wednesday, 10/30 - 8am - 5pm