

## J Associates Mission

The J Associates, a women's auxiliary, supports the St. Louis Jewish Community Center by promoting public awareness and fundraising through activities that foster camaraderie, develop leadership and inspire Jewish values.



Jewish Community Center  
2 Millstone Campus Drive  
St. Louis, MO 63146

Nonprofit Org  
US Postage

**PAID**

St. Louis MO  
Permit No 754



J Associates  
Programming Event

# Discover Your Inner Sparkle!

**Tuesday, February 7, 2017**



Associates

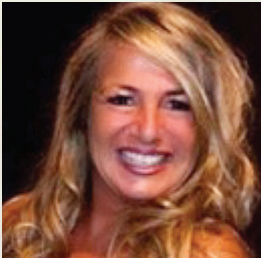


We invite you to ***Discover Your Inner Sparkle!***

Join our unique blend of speakers sharing their insights, experiences and expertise on inner health and well-being. Feel your inner sparkle ignite while learning about *The Language of Happiness*, the great benefits of friendship and becoming in touch with your own body compass when making every day decisions. Together, this recipe will make for a delicious, insightful afternoon and provide a sweet opportunity to enjoy each other’s *sparkle!*



**Dr. Deborah Butler**  
Chiropractor, Acupuncturist,  
Nutritionist, Master Weight Loss  
and Life Coach



**Dr. Pam Shifter**  
PhD, Private Practice  
Psychotherapist



**Lori Lander**  
Co-Founder, Language of Happiness  
Founder, Girls in the Know

**Tammi Johnson**  
Co-Founder, Language of Happiness  
Certified Psychology Coach

***The J Associates invite you to our Programming Event***

**Tuesday, February 7, 2017**  
11:00am – 1:30pm

Lunch, Dessert and Empowerment Presentations by:  
Dr. Deborah Butler, Lori Lander, Tammi Johnson & Dr. Pam Shifter

SqWires Annex, Lafayette Square  
*(located directly behind SqWires Restaurant with its own entrance on the east side)*  
1415 S 18th Street  
St. Louis, MO 63104  
Free parking adjacent to SqWires Annex

\$36 per person

Co-Chairs: Mindy Pultman & Julie Sandler  
Vice President, Programming: Susie Horowitz

*RSVP required by January 31*

**Please return mail portion, or email**  
Staci Gerchen, sgerchen@jccstl.org

**For more information, contact:**  
Robin Rickerman, 314.442.3275, rrickerman@jccstl.org

Registration: \$36 per person

RSVP required by January 31  
J Associates  
2 Millstone Campus Drive  
St. Louis, MO 63146



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

☐ I am a current J Associates Member

☐ I am not a current J Associates Member

☐ I would like to become a new J Associates member for an additional \$18

**Method of Payment:**

☐ Check ☐ Charge

Name on Card \_\_\_\_\_

Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Please charge my card \$ \_\_\_\_\_

I’m bringing some friends! They are:

Name _____	Email _____	Phone _____
Name _____	Email _____	Phone _____
Name _____	Email _____	Phone _____