



Register  
at  
[jccstl.org](http://jccstl.org)!



# 2017 J Youth Basketball

Programs for all ages!

3 yrs old – 12<sup>th</sup> grade

*On the Run*

powered by  
wallis companies



[jccstl.org](http://jccstl.org)

# Tournament

## JBL Pre-Season Basketball Tournament December 10-11 at SFC

- Team registration – first come, first served
- Grades 1<sup>st</sup> – 12<sup>th</sup> *(may be combined due to enrollment)*
- Trophies for first place teams
- Three-game guarantee

**Register early  
and save!**

Team Fee:

**Early Bird Special – \$225**

after 11/25 (SFC) – \$250

## Preseason Basketball Coaches Clinic

Prepare for the season with a two hour clinic featuring Minnesota High School Hall of Fame coach Doug Boe. Advance your understanding of the game of basketball and the player. Features demonstrations and discussions on the court with both players and coaches.

### Topics covered:

- Skill development (player/team)
- Teaching a man to man defense
- Offensive Philosophy
- Shooting Mechanics
- And much more....

Sunday, November 20 at Fox

2:00 – 4:00pm

\$20 (team in league)

\$25 (no team in league)



## Start Smart Basketball

3-4 yrs old (parent participation required)

- Children learn introductory skills with their parents
- Signup and play at the J location of your choice
- Players receive a shirt and participation award
- Nationally certified program

SFC

Wednesdays, 1/18 - 2/22

4:00-4:30pm

Fox

Sundays, 1/15 - 2/19

11:00-11:30am

**Early Bird Special – \$65m/\$95p**

after 12/31 – \$72m/\$105p

## Basketball Training League

Pre-Kindergarten (4 and 5 yrs old)

- Games are played on eight foot baskets
- Junior size basketballs
- Players receive a full uniform and trophy
- Meets once per week
- Play at the J location of your choice

SFC & Fox

Wednesdays, 1/18 - 3/8

5:00-6:00pm

**Early Bird Special – \$90m/\$120p**

after 12/31 – \$99m/\$132p





# Mac & Jeanette Brown Youth Basketball League

## Teams

K-8<sup>th</sup> grade

- Practices begin week of December 5
- Games begin weekend of January 7 (Saturday & Sunday)
- Registration includes a practice night, 10 games and full uniform
- Coach must submit roster (available at [jccstl.org](http://jccstl.org)) along with full team payment
- Games played at both J locations
- Practice night and location determined by head coach

*Grades may be combined due to enrollment*

**Best  
Leagues in  
St. Louis!**

### Fee Per Player

**Early Bird Special – \$120m/\$170p**

after 11/7 – \$132m/\$187p



## Games-Only Option

- Team registration only
- Includes 10 games only (no uniforms/no practice time)
- Games in 3<sup>rd</sup>-8<sup>th</sup> grade played on full-length court
- 2<sup>nd</sup> grade option to play on full-length court
- Coach must submit roster (available at [jccstl.org](http://jccstl.org)) along with full team payment

### Team Fee

**Early Bird Special – \$800**

after 11/7 – \$900

**MAC & JEANETTE BROWN**  
*Youth Sports*

# Youth Basketball Program

## Individuals without a Team

K-8<sup>th</sup> grade

Fridays at SFC

1/13 - 3/3

K - 2<sup>nd</sup> grade: 6:00 - 7:00pm

3<sup>rd</sup> - 8<sup>th</sup> grade: 7:00 - 8:00pm

Sundays at Fox

1/15 - 3/5

K - 2<sup>nd</sup> grade: 9:00 - 10:00am

3<sup>rd</sup> - 8<sup>th</sup> grade: 10:00 - 11:00am



- Eight weeks of fundamentals and skill development
- Small group play
- Includes jersey

### Individual Fee

**Early Bird Special – \$90m/\$120p**

after 12/31 – \$99m/\$132p

## High School Hoops, 9<sup>th</sup>-12<sup>th</sup> grade

### High School Basketball League

9<sup>th</sup>-12<sup>th</sup> grade

- Practices begin week of December 5
- Games begin weekend of January 7 (Saturday & Sunday)
- Registration includes a practice night, eight games and jersey
- Coach must submit roster (available at [jccstl.org](http://jccstl.org)) along with full team payment
- Games played at both J locations; weeknight games played as needed
- Team rosters consist of 7 to 10 players

*Grades may be combined due to enrollment  
Space is limited – first come, first served!*

### Team Fee

**Early Bird Special – \$800**

after 11/7 – \$900

**Team  
Registration!**

# Coaches' Notes

- **Contacts**

- Registration*

- Morgan Musielak, 314-442-3110, mmusielak@jccstl.org

- K-8<sup>th</sup> Grade Teams*

- Natalie Lesko, 314-442-3104, nlesko@jccstl.org

- K-8<sup>th</sup> Grade Individuals, Coach Clinic and Lessons*

- Jarvis Smith, 314-442-3216, jsmith@jccstl.org

- Start Smart, Training League, High School League and JBL Tournament*

- Eddie Hsia, 314-442-3498, ehssia@jccstl.org

- After early bird deadline (first price listed), preferences may not be honored
- Coach must submit roster (available at jccstl.org) along with full team payment
- Cancellation Policy – Cancellations prior to the first practice will receive a 75% credit towards another SRA program (inclusive of any uniform or equipment charges). Credit is valid for one year. No refunds once a program begins

## Basketball Training

1st - 12th grade

SFC & FOX

**Areas of Focus:**

- Shooting mechanics
- Dribbling fundamentals
- Defensive and Offensive philosophy
- Guard, Wing and Big Man skill work
- Footwork



Learn from  
former  
D1 player,  
Marcus  
Wilson

**Group or Private Lesson's:**

**Individual Training**

1 hr - \$50m/\$70p (packages available for discount pricing)

30 min - \$25m/\$35p

**Group Training**

1 hr - \$20/person, 3-6 people (min. 3)

By appointment only, Contact Jarvis Smith, 314-442-3216, jsmith@jccstl.org

Return with payment to:  
Morgan Musielak 2 Millstone Campus Dr., St. Louis, MO 63146  
*We cannot complete registration without payment.*  
*Team registrations must include payment & team roster. Rosters located at [jccstl.org](http://jccstl.org)*



## Participant Information

Name \_\_\_\_\_

☐ Member    ☐ Public

DOB \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Alternate Phone (emergency contact) \_\_\_\_\_

Email \_\_\_\_\_

## Program Information

Program:    ☐ JBL Tournament    ☐ Coach Clinic  
                  ☐ High School League    ☐ Start Smart  
                  ☐ K-8<sup>th</sup> individual without team    ☐ Training League  
                  ☐ K-8<sup>th</sup> with team (Coach Name) \_\_\_\_\_

Practice Preference:    ☐ SFC (Creve Coeur)    ☐ Fox (Chesterfield)

Teammate Requests (limit 2 - every effort made to accommodate requests)

1. \_\_\_\_\_

2. \_\_\_\_\_

I am interested in coaching:    ☐ Yes    Name \_\_\_\_\_

*Please include roster when submitting registration.*

I am interested in sponsorship:    ☐ Yes

Contact Name/Number \_\_\_\_\_

- Company name and logo seen in gym, on jerseys and high-visibility literature
- Contact Natalie Lesko at 314-442-3104 or [nlesko@jccstl.org](mailto:nlesko@jccstl.org) for more information

## Payment Information

Amount Enclosed \$ \_\_\_\_\_

Check # \_\_\_\_\_ (payable to JCC)

☐ Charge my credit card on file

☐ Place my credit card on file\*

Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

\*Name as it appears on credit card \_\_\_\_\_

\*Billing address (if different from above) \_\_\_\_\_

\_\_\_\_\_



Jewish Community Center  
2 Millstone Campus Drive  
St. Louis, MO 63146



Register at  
[jccstl.org!](http://jccstl.org!)

*On-the-Run*  
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