

PARENT MANUAL

2016





We are thrilled your children will join us at the J Day Camps, where the spirit of camp has endured for four generations of campers and staff. We look forward to having your child(ren) enjoy a first-class experience filled with fun, friendship, new skills and great activities.

This manual is designed to address many of the questions you might have as you prepare to join us for day camp. Please read it and keep it throughout the summer for reference whenever you have questions. Of course, should you have any questions not addressed here, please don't hesitate to call Brad Chotiner, Day Camp Director, at 314-442-3423; Sara Jones, Camp Registrar, at 314-442-3432; or your individual camp director (see page 7). We look forward to building a wonderful summer camp experience together!

If your camper is attending camp May 23-27, please see the special Pre-Camp Parent Manual.



IMPORTANT DATES

May 22	Open House
May 23	Pre-Camp begins (see Pre-Camp Parent Manual for more information)
May 31	Camp begins
July 4	No camp (Independence Day)
August 12	Last day of camp

SWIMMING

Our Aquatics mission is that each camper has a safe and enjoyable experience while developing skills that they can use for a lifetime. All campers in camps which offer swim instruction are required to participate unless s/he brings a note from their physician that excuses him/her for that day. Each camper will be issued a wristband that will correspond with the swim group in which they are placed.

Campers should wear their wristbands to camp every day. Progress reports are given to campers on June 9, June 23, July 14, July 28 and August 11. These reports will only be given to campers who have attended that week of camp. If you have any questions or concerns, please call either your camp director or the aquatics directors (see page 7).

WHAT TO WEAR AND BRING

Campers should bring lunch in a reusable soft lunch sack (or disposable bag), swimsuit, swim wristband, sunscreen, towel, & water bottle daily. Please label **EVERYTHING** (i.e. clothing, towels, camp bags, water bottles etc.) clearly with the first and last name of your child. Each camper will be issued a wristband that will correspond with the swim group in which they have been placed for instructional swim. Campers should wear their wristbands to camp every day. Also, please make sure that your child's swimsuit does not have metal rivets or accessories, as metal causes damage to the slide and play equipment. Campers should wear tennis shoes and socks to camp each day. No open toe shoes are allowed, including open toe sandals and flip flops.

Please apply sunscreen to your camper before s/he leaves home each day.

Also, please send a bottle of your own sunscreen for reapplying throughout the day. Make sure that it is labeled with your camper's name. If your child is allergic to any brand of sunscreen, please notify his/her counselors.

Please make sure your camper brings a full and labeled water bottle daily.

Water coolers and drinking fountains will be available throughout camp for refilling purposes.

LUNCH

Campers are to bring lunch in a reusable soft lunch sack (or a brown paper bag) Monday through Friday. Out of concern for the health of other campers, please refrain from bringing items containing nuts. If your child has food allergies, please notify the camp director. Due to the different food needs of all our campers and staff, individual lunches may not be shared. Since all lunches are refrigerated, your choice of items to send is really unlimited; the most important elements are nutrition, variety and creativity. We try to discourage juice in lunches since it attracts bees.

We provide campers with a Kosher and nut-free snack daily. If your camper has any other dietary needs, please feel free to send a snack from home.

Tired of making lunches? Order ... Plus Lunch! and we'll provide a complete lunch each day. Please see website or brochure for pricing and menu. This option may be added up to one week in advance. Contact Sara Jones.

DROPOFF AND PICKUP

Times:

Dropoff 8:45 – 9:00am

Pickup 3:00pm (Please adhere to this pick-up time)

Camp Nat Koplar and Camp Essman Katan-Half Day pickup is 12:30pm

STEM Camp, week of 6/6: Morning dropoff 9:00am, pickup 11:45. Afternoon dropoff 12:15pm, pickup 3:00pm.

Carpool Locations:

Creve Coeur - Staenberg Family Complex

All campers will be dropped off and picked up at the back parking lot near the Day Camp Pavilion on the north side of the building.

Chesterfield - Marilyn Fox Building

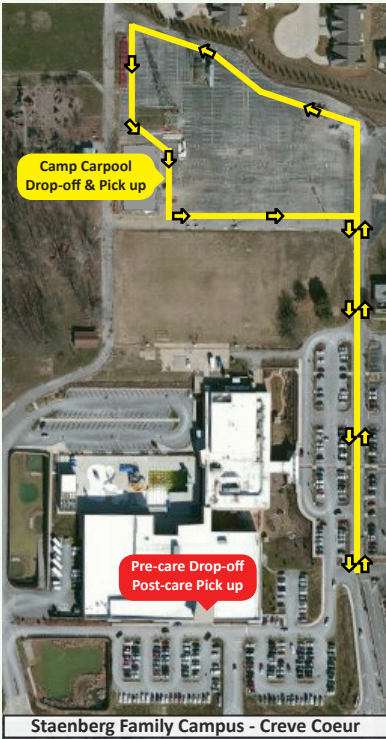
NEW this year, all campers will be dropped off and picked up at the fields near the Ascension parking lot.

In order to keep the carpool line running safely and smoothly, please make sure you place your carpool tag in the dashboard of your car so that your camper's name is clearly visible. Campers will only be released to individuals whom you have authorized to pick up. If you need to speak with your campers' counselor or director, you may park in the lot (NOT in the carpool lane). Otherwise, please proceed through the carpool line in order to pick up your child(ren). Carpool tags will be included in your welcome letter email sent 3-5 days prior to the start of your camp.

****LATE FEE:** If your child is not picked up from car pool by 3:15pm, s/he will be escorted to our Post Care program and a fee of \$25 will be applied to your account.

For Pre- and Post-Care, please park in the parking lot and use the main entrance (noted on the maps) to enter the building to drop off/pick up your child(ren). In Creve Coeur, go to Multipurpose Rooms. In Chesterfield, Wool Conference A & B.

DROP-OFF AND PICK UP MAPS



****LATE FEE:** If your child is not picked up by 6:00pm you will incur a late fee of \$25 for the first 1-10 minutes late and an additional \$1 per minute thereafter.

LOST AND FOUND

Although we make every effort to make sure that your campers have all of their belongings at the end of the day, things do get misplaced. Please help us by LABELING ALL of your child's belongings.

Campers should not bring toys, stuffed animals, radios, watches, iPods or cell phones to camp. J Day Camps will not be responsible for lost or damaged items of value. If items from home are needed for special programs, instructions will be sent home in advance to notify you.

The summer camp lost and found tables are located:

Creve Coeur - Pavilion, pool or front desk

Chesterfield - Conference Room A, front desk or pool

OPEN HOUSE

Sunday, May 22

Both Locations

1:00 – 1:30pm

1:30 – 2:00Pm

Parents' Informational Meeting - An orientation session, which is ideal for new camp families, but all are welcome.

Camp Meet and Greet - This is an opportunity for you and your child to get acquainted with the counselors, meet other campers, see the facilities and check out camp.

LOCATIONS:

Creve Coeur - Staenberg Family Complex

Informational Meeting - Camp Pavilion

Meet & Greet - Camp Pavilion

Chesterfield - Marilyn Fox Building

Informational Meeting - Lobby Meeting Room

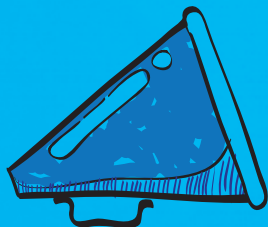
Meet & Greet - See signage in Lobby

QUICK NOTES

Quick Notes will be provided to campers' families as a means of communicating messages to camp. Just fill out the Quick Note with the information you'd like to convey and hand it to your child's camp director or counselor. This will allow for a simple, yet efficient method of sending messages back and forth.

MACCABI

St. Louis is hosting the JCC Maccabi Games® this summer (July 31 - August 5). The Maccabi Games are a "teen Olympic" event which brings together more than 1,000 athletes from around the world for competition and camaraderie. The Games will have an impact on camp the week of August 1. More information will be shared as the Games approach. If you are interested in volunteering for the Games, please contact Sheree Werner at 314-442-3433 or swerner@jccstl.org.



STAFF DIRECTORY

J Day Camp Director

(contact also for Pre/Post Care & Technology Camps)

Brad Chotiner

314-442-3423

bchotiner@jccstl.org

Director of Programming

Craig Neuman

314-442-3434

cneuman@jccstl.org

Day Camp Registrar/ Attendance Hotline

Sara Jones

314-442-3432

sjones@jccstl.org

Inclusion Coordinator

Sara Rambo

314-442-3295

srambo@jccstl.org

Maccabi Sports Camp

Tyler Tatum

314-442-3498

ttatum@jccstl.org

Camp Essman Gadol

Jessica Bauer

314-442-3431

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Milton Frank Camp of the Arts

Laura Enstall

314-442-3239

lenstall@jccstl.org

Camp Essman Katan

Linda Rosenblatt

314-442-3436

lrosenblatt@jccstl.org

Fox Aquatics

Tracy Branson

314-442-3495

tbranson@jccstl.org

Hyman Multin Sports Track/Gymnastics

Natalie Lesko

314-442-3104

nlesko@jccstl.org

Sydney R. Baer Track

Lory Cooper

314-442-3198

lcooper@jccstl.org

Ben A'Kiba Teen Mitzvah Camp/ CIT and LIT

Jaime Hurwitz

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Camp Nat Koplar

Amanda Bereza

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SFC Aquatics

Heather Cheseman

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