

# NEWSLETTER

Spring 2016

For  
Athletes  
50+



**37th Annual St. Louis Senior Olympics  
Memorial Day Weekend 2016**

For more information, visit [stlouisseniorolympics.org](http://stlouisseniorolympics.org)





## Welcome from Senior Olympics Chair, Brian Goldman

Dear St. Louis Senior Olympians,

Welcome to the 37th Annual St. Louis Senior Olympics. I am honored to be the chair of this incredible event for the second year. I am looking forward to seeing the competition and working with all of the amazing and loyal volunteers this year.

Please join me in kicking off the Senior Olympics weekend by watching our awesome Senior Olympics Tap Dance Exhibition on Thursday, May 26 at 1:30pm. This also will be your first chance to pick up your goody bags and shirts.

While the 2016 Games will look very similar to previous years, I wanted to let you know of some additions and changes to the slate this year. Duplicate Bridge and Cornhole have been added to the 90+ events we offer to our participants. We are excited to partner with the St. Louis Bridge Center to host the Duplicate Bridge game, and Cornhole will be played at the main venue – the J in Creve Coeur. Our Tennis Tournaments found a new home and will be played at a new venue – Forest Lake Tennis Club.

The athlete and volunteer confirmation notice is enclosed. Please feel free to contact the St. Louis Senior Olympics office at 314-442-3216 or [jsmith@jccstl.org](mailto:jsmith@jccstl.org) with questions. Thank you again for your continued or new support of the St. Louis Senior Olympics. Best of luck to you in the competitions. I look forward to seeing you throughout the Games!

Sincerely,

Brian Goldman  
St. Louis Senior Olympics Chair



## From the Director

Dear St. Louis Senior Olympic Athletes, Volunteers & Supporters,

Thank you for registering for the St. Louis Senior Olympics – as an athlete or volunteer. I cannot tell you how excited we are for 2016. Over Memorial Day Weekend, we will again play host to more than 1,100 athletes, 200+ volunteers, countless supporters, fans, and, of course, our FABULOUS sponsors.

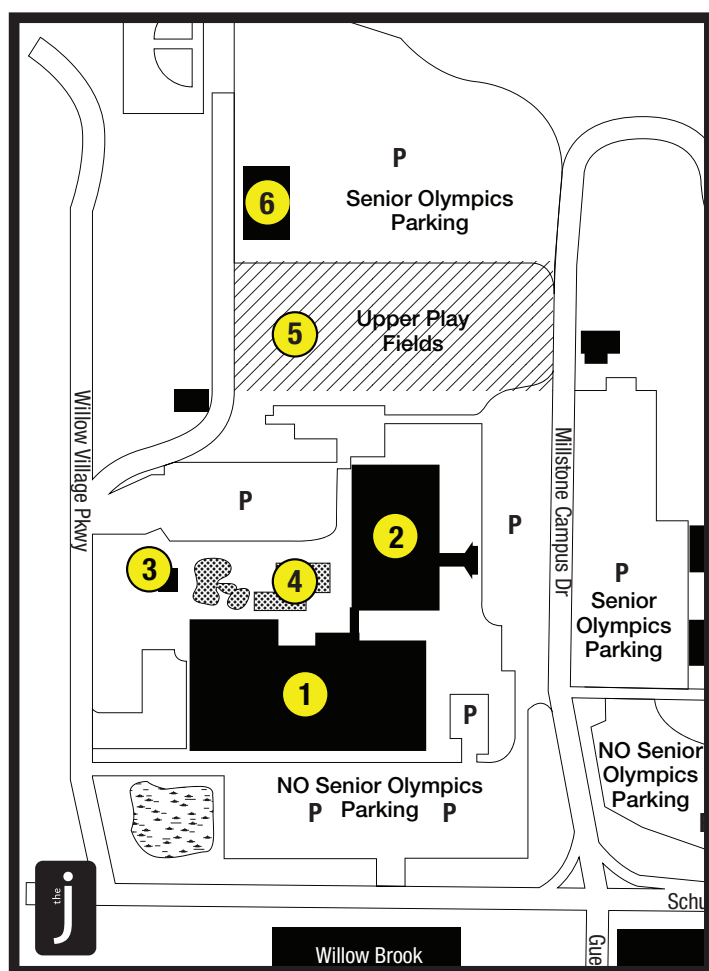
Please join me in welcoming back Brian Goldman, Chairman of the 2016 Games. Brian is a former J employee who began his involvement with the St. Louis Senior Olympics on the grounds crew, lining softball fields, filling water jugs and passing out oranges. Brian has been a longstanding Event Director of the Soccer Accuracy Kick and was the 2014 recipient of the Walter “Doc” Eberhardt Volunteer Award. Brian brought so many fresh ideas and new volunteers in 2015 and we are ecstatic to have him back!

If you cannot join us for the Senior Olympics Tap Exhibition, we look forward to seeing you at one of our community venues or around the J (or even cooling off in the Family Center – our Hospitality Room – enjoying complimentary snacks and beverages). We wish you the best of luck in competition, but more importantly, we hope you have FUN and enjoy in the camaraderie that is the St. Louis Senior Olympics.

One final thank you to our amazing sponsors, without whose support we would not exist. Please take a moment to visit our sponsors on [stlouisseniorolympics.org](http://stlouisseniorolympics.org) and on their individual websites. Thank you as always for your support of the Games.

Sincerely,

Phil Ruben  
St. Louis Senior Olympics Director



1. The J - Staenberg Family Complex  
Fitness & Wellness Building
  - Goody Bag Pick-up & Medal Distribution
  - Art Competition
  - Badminton
  - Basketball Throws
  - Pickleball
  - Racquetball
  - Squash
  - Table Tennis
  - Tap Dance
  - Volleyball
  - Weightlifting
2. The J - Staenberg Family Complex  
Arts & Education Building
3. The J - Pool House
4. The J - Lap & Recreation Swimming Pool  
Accuracy Plug Casting
5. Upper Play Fields
  - Bocce
  - Cornhole
  - Football Kicks
  - Football Throws
  - Frisbee Toss
  - Homerun Derbies
  - Soccer Kicks
  - Softball Throws
  - Ultimate Frisbee
  - Washer Toss
6. The J Day Camps Pavilion
  - Shuffleboard

## Opening Ceremonies

### Featuring the Senior Olympics Tap Exhibition

The 2016 St. Louis Senior Olympics Opening Ceremonies will begin with the Tap Exhibition at 1:30pm in the Robert L. Edison Gymnasium at the Staenberg Family Complex in Creve Coeur. Watch these dancers kick off the 2016 Games and enjoy the torch lighting, commencement speeches and presentation of the Walter "Doc" Eberhardt Memorial Award and the Helen Stephens Memorial Award. Athlete and Volunteer shirts and goodies will be available for pickup during this time.

### Goody Bags

Participants may pick up goody bags, t-shirts and age identification wristbands beginning Thursday, May 26 from 1:30-4pm at the Jewish Community Center in Creve Coeur. Participants may also check-in at the Information Desk at the Jewish Community Center in Creve Coeur: Friday, May 27 (10am-4pm); Saturday, May 28 (7am-4pm); Sunday, May 29 (7am-4pm); and Monday, May 30 (8am-1pm).

### Vendors & Health Screenings

Throughout the Games, local vendors, hospitals and health organizations will be onsite offering services and free product samples for Senior Olympic athletes and volunteers at pre-determined times when events are taking place at each location. The venues include the Staenberg Family Complex (Creve Coeur); Marilyn Fox Building (Chesterfield); and Gay Field.

View 2015 Results and All-Time Records at [stlouisseniorolympics.org](http://stlouisseniorolympics.org)

**Thank you to our 2016 St. Louis Senior Olympics Sponsors and Community Partners!**

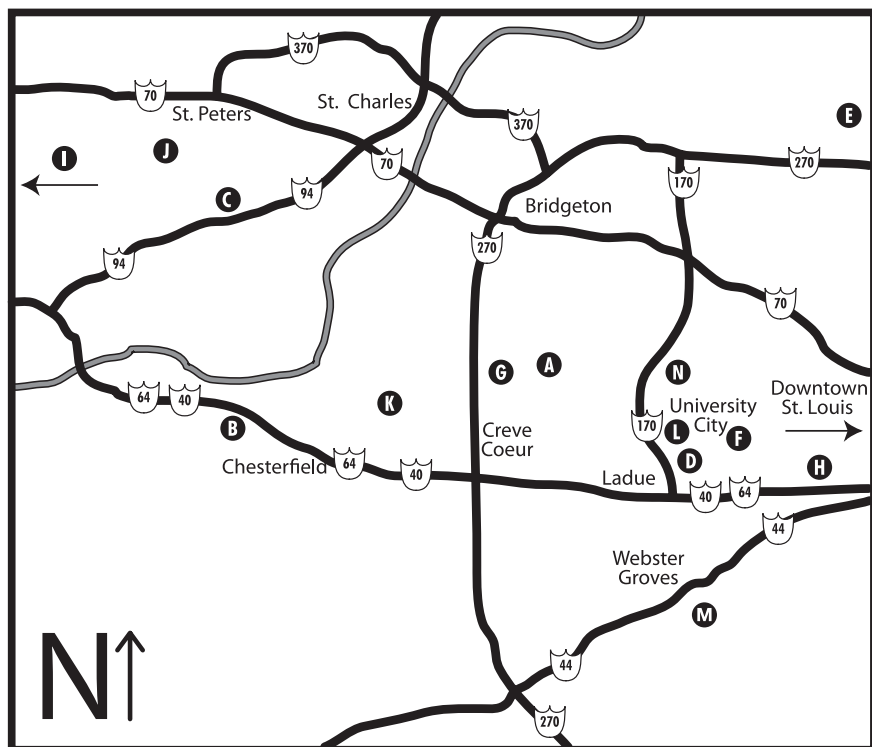
## SPONSORS



## COMMUNITY PARTNERS



## Venue Map



- A Main Venue: The J in Creve Coeur,**  
Staenberg Family Complex  
2 Millstone Campus Drive, St. Louis, MO 63146
- B 3 on 3 Basketball & Swimming:**  
**The J in Chesterfield, Marilyn Fox Building,**  
16801 Baxter Road, Chesterfield, MO 63005
- C Billiards: Teacher's Billiards and Sports Cafe,**  
3611 N. St. Peters Pkwy St. Peters, MO 63376
- D Bowling: Tropicana Lane,**  
7960 Clayton Road, Richmond Heights, MO 63117
- E Cycling: Columbia Bottom Conservation Area,**  
801 Strodman Road, St. Louis, MO 63138
- F Darts: Blueberry Hill,**  
6504 Delmar Boulevard, St. Louis, MO 63130
- G 9-Hole Golf Tournament: Creve Coeur Golf Course,**  
11400 Olde Cabin Road, Creve Coeur, MO 63141
- H 18-Hole Golf Tournament:**  
**Norman K. Probstein Golf Course at Forest Park,**  
6141 Lagoon Drive, St. Louis, MO 63112
- I Horseshoes: Quail Ridge Horseshoe Club,**  
100 Bluestem Way, Wentzville, MO 63385
- J 7 on 7 Soccer Tournament: Tony Glavin Soccer Complex,**  
2 Woodlands Parkway, St. Peters, MO 63338
- K Tennis: Forest Lake Tennis Club,**  
1012 N. Woods Mill Road, St. Louis, MO 63141
- L Track & Field: Gay Field,**  
305 Gay Avenue, Clayton, MO 63105
- M Water Volleyball:**  
**Lutheran Senior Services at Laclede Groves,**  
723 S. Laclede Station Road, St. Louis, MO 63119
- N Bridge: St. Louis Bridge Center**  
8616 Olive Boulevard, St. Louis, MO 63132

Venue directions available at [stlouisseniorolympics.org](http://stlouisseniorolympics.org)