Jewish Community Center's

## Staenberg Family Complex Health \& Wellness Building

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Lower Level


## Staenberg Family Complex - Health \& Wellness Building

St. Louis (near Creve Coeur)
Fitness and Recreation Facilities

| Type of Space | Dimensions | Ceiling Height | Sguare Feet | Audience | UShape | Class | Hollow Square | Club | $\begin{aligned} & \text { Exhibits } \\ & \text { 8'x10' } \end{aligned}$ | Exhibits 10'x10' | Comments |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Meeting Space |  |  |  |  |  |  |  |  |  |  |  |
| Multipurpose Room | $20^{\prime} \times 50$ | 9'6" | 988 | 100 | 25 | 50 | 22 | 70 | - | - | Room may be sub divided, great for birthday parties, counter tops, microwave, small refrigerator, slip resistant flooring. Available for small group business meetings. |
|  |  |  |  |  |  |  |  |  |  |  |  |
| Fitness and Recreation |  |  |  |  |  |  |  |  |  |  |  |
| Group Exercise Studio | $33^{\prime} \times 45^{\prime}$ | 9'6" | 1,503 | - | - | - | - | - | - | - | - |
| J Game Zone | $23^{\prime} \times 34{ }^{\prime}$ | 9'6" | 786 | - | - | - | - | - | - | - | Kid's interactive work out zone to include game bikes, dance pads, Wi-Fi, and educational computers |
| Mind Body Studio | 22' $\times 51^{\prime}$ | 9'6" | 1,113 | - | - | - | - | - | - | - | - |
| Pilates Studio | $22^{\prime} \times 24^{\prime}$ | 9'6" | 519 | - | - | - | - | - | - | - | - |
| Gymnasium Total | $102 ' \times 144^{\prime}$ | 25' / 13' | 14,688 | 1,500 | - | - | - | 1,100 | 87 | 70 | 4 volleyball net systems and 2 regulation full basketball courts with $1 / 4$ smaller court options with mechanized divider curtains, 3 regulation badminton courts, hardwood sports flooring system, 2 electronic scoreboard systems, sound acoustical panels throughout. Portable sound system available |
| 1/4 Ct. Gymnasium A | $51 \times 72$ | 25'/13' | 3,672 | - | - | - | - | - | - | - | - |
| 1/4 Ct. Gymnasium B | $51 \times 72$ | 25' / 13' | 3,672 | - | - | - | - | - | - | - | - |
| 1/4 Ct. Gymnasium C | $51 \times 72$ | 25'/13' | 3,672 | - | - | - | - | - | - | - | - |
| 1/4 Ct. Gymnasium D | $51 \times 72$ | 25' / 13' | 3,672 | - | - | - | - | - | - | - | - |
| Racquetball Courts | $20 \times 40$ | $20^{\prime}$ | 800 | - | - | - | - | - | - | - | 6 racquetball courts |
| Squash Courts | $22^{\prime} \times 31^{\prime}$ | $20^{\prime}$ | 672 | - | - | - | - | - | - | - | 2 squash courts |
| Grand Lobby Area | $25^{\prime} \times 60$ ' | $30^{\prime}$ | 1,488 | - | - | - | - | 120 | 9 | 7 | Lounge seating area with TV and available Café seating. Surround music available with iPod capabilities. |
| Kids Zone (Babysitting) | $28^{\prime} \times 48$ | 9'6" | 1,340 | - | - | - | - | - | - | - | Cubbies for storage, TV/VCR/DVD unit, climbing play structure, educational computers |
| Indoor Rec Pool | - | - | 10,200 | - | - | - | - | - | - | - | Two 18 yard recreational lap lanes, kids play area with slide, fountains, interactive play elements, large double circle slide and area for water exercise classes |
| Lap Pool | - | - | 2,016 | - | - | - | - | - | - | - | 25 yard pool with 4 lap lanes, indoor water climbing wall, area for water basketball and volleyball. Surround music available with CD and iPod capabilities. |
| 4 Ball Fields | General softball and baseball fields | - | - | - | - | - | - | - | - | - | 4 ball fields... 2 lighted fields |
| 2 Soccer Fields | Standard soccer field with goals | - | - | - | - | - | - | - | - | - | 2 soccer fields... 1 lighted soccer field with goals |

