Staenberg Family Complex - Millstone Indoor Lap Pool

SPRING 2022

	Sunday LANE					Monday LANE				Tuesday LANE				Wednesday LANE				Thursday LANE					F	riday		Saturday			
																						LANE				LANE			
Time	1	2	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
5:30am										Lap Swim																			
6:00am										Swiiii																			
7:00am																													
8:00am																										A	qua Boo	ot Camp	р
9:00am																											8-9:3		
9:30am										А		oot Can :15am	np																
10:00am								Swim								Swim				Swim				p Swim					
10:30am				•			Ong	oing							Ong	oing			On	going			0	ngoing					
11:00am			ap Sv Ongoi																										
12:00pm											lan	Curina															lan C		
1:00pm												Swim going															Lap S Ongo		
2:00pm 																													
4:00pm																													
5:00pm							l Ch	arks			I Ch	arks			l Ch	arks			1 6	narks									
5:30pm						J Sharks Swim Club			J Sharks Swim Club			J Sharks Swim Club				J Sharks Swim Club													
6:00pm							Aqua	pm Power I			5-6	5pm			Aqua	pm Power			5-	5pm									
7:00pm								5:15-7pm								5:15-7pr	า												
7:30pm																													
8:00pm																													
9:00pm																													

Notes: Dark shaded areas denotes that area is closed.

updated 3/14/22 • Schedule subject to change without notice.