## Marilyn Fox Building - Millstone Pool Schedule

## WINTER/SPRING 2020

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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	LANE	LANE	LANE	LANE	LANE	LANE	LANE
Time	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6
5:30am							
6:00am		<b>Lap/Rec Swim</b> 5:30am-9pm	Lap/Rec Swim 5:30am-9pm	Lap/Rec Swim 5:30am-9pm	<b>Lap/Rec Swim</b> 5:30am-9pm	Lap/Rec Swim 5:30am-7:30pm	
7:00am				·			
8:00am	_	Aqua Power 8-9am		Aqua Power 8-9am	<b>Aqua Power</b> 8-9am	<b>Aqua Power</b> 8-9am	
9:00am	Aqua Power Deep 9-10am		Aqua Flow		Aqua Flow		
9:30am			9-10am		9-10am		Lap/Rec Swim
10:00am							Ongoing, see specific
10:45am		Splash Academy					lanes on chart
11:00am	Splash Academy	10:45 - 11:30am					
12:00pm	9:30am-2pm						
12:30pm							
1:00pm		Splash	Splash				
1:30pm		Academy 1-1:45pm	Academy 1-1:45pm				
2:00pm							
2:30pm							
3:00pm							
3:30pm	Lap/Rec Swim	Splash Academy	Splash Academy		Splash Academy		
4:00pm	Ongoing, see specific	3-5pm	3-5pm	Splash	3-5pm		
5:00pm	lanes on chart	J Sharks	J Sharks	Academy 3-7pm J Sharks	J Sharks		
6:00pm		Swim Club Splash 5-6pm	<b>Swim Club</b> 5-6pm	<b>Swim Club</b> 5-6pm	<b>Swim Club</b> 5-6pm		
6:30pm		Academy 6-15-7pm					
7:00pm			<b>Aqua Power</b> 6:30-7:30pm		<b>Aqua Power</b> 6:30-7:30pm		
7:30pm							
8:00pm	Special Programming Inflatable Obstacle course will be						
9:00pm	available on the first Sunday of each month from 3-5pm.						
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