**2019 Alzheimer’s Association**

**Caregiver Support Group Dates**

|  |  |  |
| --- | --- | --- |
| Month | Monday  3-4:30pm | Friday  10am-11am |
| January | 7th | 18th |
| February | 4th | 15th |
| March | 4th | 15th |
| April | 1st | 19th |
| May | 6th | 17th |
| June | 3rd | 21st |
| July | 1st | 19th |
| August | 5th | 16th |
| September | \*9th | 20th |
| October | 7th | 18th |
| November | 4th | 15th |
| December | 2nd | 20th |

**Located in the Adult Day Center at the J - #2 Millstone Campus Drive**

**To arrange on-site supports for your loved one while you are attending the group session, contact us at 314.442.3248.**

*Must call 24 hours prior to session start.*

**\* Note that date has been moved to 2nd Monday of the month due to the holiday.**

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