

The Jewish Community Center is currently seeking **Aquatics Exercise Instructors** to join our Aquatics team. Our Aquatics program is located across two St Louis area locations with 6 indoor and outdoor pools. Our features include: lap swimming, water walking, aqua exercise classes, swim team, lessons, water slides, and children's water play features. Anyone hired into this position must be able to work at either of our locations—Creve Coeur and Chesterfield. Candidates should be able to work day, evening or weekend times to meet our customers' needs.

We are currently seeking substitute Instructors who are certified in aqua aerobics, water fitness instructor, aquatic exercise for those with arthritis and or disabilities and we are always on the lookout for new class options.

Summary:

Under supervision of the Aquatics Director or Supervisor, the Aquatics Exercise Instructor is responsible for overseeing the safety of water aerobics patrons while instructing a dynamic, safe, deep, and shallow -based water exercise class.

Responsibilities:

- Provide exemplary and professional service to our members while providing for their safety and well-being.
- Develop and administer safe, engaging, and effective water exercise programs, which have been approved by the JCC and/or
 the approved national fitness certification agencies. Must be capable of altering programs as needed to meet the needs and
 safety concerns of patrons.
- Correct ineffective and incorrect techniques when observed or asked.
- Promote aquatic exercise or other programs pertinent to our member's needs. Present the benefits of water and land exercise
 to all members and demonstrate the value of the program. Be aware of and able to offer current Fitness/Aquatics
 specials/promotions and be aware of programs offered across the J.
- Be punctual and prepared to start classes on time.
- Serve as a role model and leader to patrons, maintaining a positive demeanor at all times and upholding the policies of the JCC.
- · Assist in maintaining a neat, organized and clean pool area. Ensure all equipment is returned to its proper place after class
- Notify Aquatics supervisor about any equipment in need of repair or in need of replacement.
- Learn and be knowledgeable about JCC policies, procedures, programs, and equipment offered through the JCC. Follow and enforce JCC rules and policies.
- Maintain time sheets in a neat, orderly fashion according to company protocol.
- Attend all mandatory meetings and in-house training.
- Continue to develop further knowledge in health and fitness, including but not limited to, the training provided by the JCC.
- Assist in Aquatics/Fitness Center promotions where applicable.
- Other duties as assigned by supervision.

Qualifications:

- High School diploma or GED is required.
- Current nationally recognized group exercise or water fitness certification is preferred.
- Current CPR/AED/First Aid for the Professional Rescuer certification. Training will be provided if necessary.
- Six months prior teaching experience is required.
- Must be physically able to teach classes (demonstrate techniques and lead the group through the program)
- Strong listening and oral communication skills.
- Exhibit leadership skills in an outgoing, professional manner.
- Must demonstrate a desire to improve the health and fitness of our patrons through safe and effective exercise leadership.
- Demonstrated ability to establish networks and effective interpersonal relationships.
- Must be able to communicate clearly and concisely both orally and in writing.
- Demonstrated ability to deal effectively with a diversity of individuals.
- Basic skills with Microsoft Office Suite are required (Outlook, Word, Excel)

For additional information about the J, please see our website: www.jccstl.org .

Jewish Community Center St. Louis, MO

To apply for this position, please send your resume and cover letter to careers@jccstl.org. Please indicate the position title of the position you are applying for in the subject line of your email, "Aquatics Exercise Instructor". The J application is also available for printing from the employment section of our website. This is not an online form.

The J is an Equal Opportunity Employer and participates in the Department of Homeland Security's E-Verify program.

Jewish Community Center St. Louis, MO