



Jewish Community Center

15th Annual Indoor Triathlon

February 9 & 10, 2019

LONG EVENT

Heat Time	Clock Time	Body Mark #	Participant		Swim			Bike			Run			Final Time
SATURDAY														
					START	OUT	SPLIT	START	OUT	SPLIT	START	OUT	SPLIT	
6:00 AM	0:00:00	1001	Darryl	Briscoe	0:00:00	0:15:38	0:15:38	0:17:43	0:44:18	0:26:35	0:44:53	1:26:28	0:41:35	1:26:28
		1002	Ariel	Berwald	0:00:00	0:11:22	0:11:22	0:12:28	0:41:40	0:29:12	0:41:52	1:20:49	0:38:57	1:20:49
		1003	Daniel	Klug	0:00:00	0:12:35	0:12:35	0:15:26	0:39:49	0:24:23	0:40:32	1:14:24	0:33:52	1:14:24
		1004	Adam	Lewkowitz	0:00:00	0:09:41	0:09:41	0:11:45	0:36:58	0:25:13	0:38:20	1:14:34	0:36:14	1:14:34
		1005	Steve	Winkel	--	--	--	--	--	--	--	--	--	--
6:50 AM	0:50:00	1013	Amanda	Kraft	0:50:00	1:04:53	0:14:53	1:10:23	1:47:41	0:37:18	1:48:29	2:40:55	0:52:26	1:50:55
		1014	Linda	Rigden	0:50:00	1:05:24	0:15:24	1:07:11	1:37:20	0:30:09	1:37:38	2:21:37	0:43:59	1:31:37
		1015	Dana	Watt	0:50:00	1:02:56	0:12:56	1:06:24	1:39:03	0:32:39	1:40:04	2:27:31	0:47:27	1:37:31
8:40 AM	2:40:00	21	Andrew	Burstein	2:40:00	2:52:50	0:12:50	2:56:14	3:24:58	0:28:44	3:26:45	4:04:35	0:37:50	1:24:35
SUNDAY														
					START	OUT	SPLIT	START	OUT	SPLIT	START	OUT	SPLIT	
6:30 AM	0:00:00	1001	Ryan	Modde	--	--	--	--	--	--	--	--	--	--
		1002	Tim	Probst	0:00:00	0:14:15	0:14:15	0:17:54	0:42:15	0:24:21	0:44:11	1:14:48	0:30:37	1:14:48
		1003	Adriano	Udani	0:00:00	0:16:19	0:16:19	0:18:36	0:47:48	0:29:12	0:49:08	1:30:02	0:40:54	1:30:02
		1004	Chris	Heinz	0:00:00	0:14:25	0:14:25	0:16:29	0:43:56	0:27:27	0:44:15	1:25:55	0:41:40	1:25:55