

## **Pre-Season Tournaments**

- Team registration first come, first served
- Trophies for first place teams
- Grades may be combined based on enrollment

3-on-3	
Middle	School
JBL	

October 7 at Fox October 13-14 at SFC December 8-9 at SFC

Full details and rates at jccstl.com/hoops



### **Pre-Season Coaches' Clinic**

Prepare for the season with a two-hour clinic featuring Minnesota High School Hall of Fame coach Doug Boe. Advance your understanding of the game of basketball and the player. Features demonstrations and discussions on the court with both players and coaches.

#### **Topics covered:**

- Skill development (player/team)
- Man-to-man defense
- Offensive philosophy
- Shooting mechanics
- And much more....

Sunday, November 11 at Fox 2:00 – 4:00pm \$20 (team in league) \$25 (no team in league)



# Youth Hoops, 3-5 yrs old

### **Start Smart Basketball**

3-4 yrs old (parent participation required)

- Children learn introductory skills with their parents
- Sign up and play at the J location of your choice
- Players receive a shirt and participation award
- Nationally certified program

SFC Wednesdays, 1/16 - 2/20 4:00-4:30pm

Fox Sundays, 1/13 - 2/17 11:00-11:30am

#### Early Bird Special – \$69m/\$99p

after 12/31 - \$76m/\$109p

### **Basketball Training League**

Pre-Kindergarten (4 and 5 yrs old)

- Games are played on 6-8 foot baskets
- Junior size basketballs
- Players receive a full uniform and trophy
- Meets once per week
- Play at the J location of your choice

SFC & Fox Wednesdays, 1/16 - 3/6 5:00-6:00pm

#### Early Bird Special – \$95m/\$125p

after 12/31 - \$105m/\$138p



m-member/p-public SFC-Staenberg Family Complex (Creve Coeur) Fox-Marilyn Fox Building (Chesterfield)

# Mac & Jeanette Brown Youth Basketball League

### Teams

K-8<sup>th</sup> grade

- Practices begin week of December 3
- Games begin weekend of January 5 (Saturday & Sunday)
- Full registration includes practice night, 10 games and full uniform
- Coach must submit roster (available at jccstl.org) along with full team payment
- · Games played at both J locations
- 3rd-8th grade play full-court, 2nd grade has option
- Practice night and location determined by head coach

Grades may be combined based on enrollment

#### K-2nd

Per Player Early Bird - \$120m/\$170p after 10/31 - \$132m/\$187p

#### 3rd-8th

Team Fee Early Bird - \$695 games only after 10/31 - \$775 games only

#### **Add-ons**

Practices: \$250 Uniforms: \$22 per player





Best Leagues in

St. Louis!



## Youth Basketball Program

### Individuals without a Team

K-8<sup>th</sup> grade

Fridays at SFC 1/11 - 3/1 K - 2<sup>nd</sup> grade: 6:00 - 7:00pm 3<sup>rd</sup> - 8<sup>th</sup> grade: 7:00 - 8:00pm

Sundays at Fox 1/13 - 3/3 K - 2<sup>nd</sup> grade: 9:00 - 10:00am 3<sup>rd</sup> - 8<sup>th</sup> grade: 10:00 - 11:00am



- Eight weeks of fundamentals and skill development
- Small group play
- Includes jersey

#### Individual Fee Early Bird Special – \$95m/\$125p after 12/31 – \$105m/\$138p

# High School Hoops, 9<sup>th</sup>-12<sup>th</sup> grade

### High School Basketball League

9<sup>th</sup>-12<sup>th</sup> grade

- Practices begin week of December 3
- Games begin weekend of January 5 (Saturday & Sunday) with weeknight games played as needed
- Registration includes eight games and the option to add practices and jerseys
- Coach must submit roster (available at jccstl.org) along with full team payment
- · Games played at both J locations

Grades may be combined based on enrollment Space is limited – first come, first served!

#### Team Fee

**Early Bird - \$555 games only** after 10/31 - \$625 games only Practices - \$250 Uniforms - \$14 per player



### **Coaches' Notes**

Contacts

*Registration* Program Registrar, 314.442.3110 *Questions & Information* Natalie Lesko, 314.442.3104, nlesko@jccstl.org

- After early bird deadline (first price listed), preferences may not be honored
- Coach must submit roster (available at jccstl.org) along with full team payment
- Cancellation Policy Cancellations prior to the first practice will receive a 75% credit toward another program (inclusive of any uniform or equipment charges). Credit is valid for one year. No refunds once a program begins.

# **Basketball Training**

1st - 12th grade SFC & FOX

Areas of Focus:

- Shooting mechanics
- Dribbling fundamentals
- Defensive and offensive philosophy
- Guard, wing and big man skill work
- Footwork

Group or Private Lessons: Individual Training

1 hr - \$50m/\$70p (packages available for discount pricing) 30 min - \$25m/\$35p

Group Training

1 hr - \$20/person, 3-6 people (min. 3)

By appointment only



Return with payment to: Program Registrar, 2 Millstone Campus Dr., St. Louis, MO 63146 We cannot complete registration without payment. Team registrations must include payment & team roster. Rosters located at jccstl.org	OR Register at iccstl.org!
Participant Information	



Jewish Community Center 2 Millstone Campus Drive St. Louis, MO 63146





