



# Support Groups

The J/Alzheimer's Association Support Group meets at the Adult Day Center at the J, in the Staenberg Family Complex – Arts & Education Building.

Upcoming meetings: [alzheimer's association](#)

**Monday:**  
**September 17 & October 1 3:00 - 4:30pm**

**Friday:**  
**September 21 & October 19 10:00 - 11:00am**

Supervision is available for your loved one during Monday meetings, by reservation.

Questions/RSVP: Kristen Conard  
**314.442.3261 • kconard@jccstl.org**



**2018 Group Information**  
**Mondays • 10:30am – 12pm**

## Meeting Dates

September 17      October 15

# Funding

Partial funding of the Adult Day Center at the J is provided under the provisions of the 1966 Older Americans Act, Aging Ahead, United Way, the Jewish Federation of St. Louis, the Karty Fund, the Veteran's Administration, the Missouri Department of Mental Health, the State of Missouri Medicaid Program and the Department of Veterans Affairs.

A grant through the Julius, Anna and Lillian Jossem Memorial Fund of the Jewish Federation of St. Louis funds the monthly Tai Chi program. The Music Therapy program is funded by a grant through the JCA Charitable Foundation.

# To contact our staff:

**Main Office. . . . . 314.442.3248**

	<b>Ashley Stockman</b> <i>Director</i> 314.442.3245		<b>Kristen Conard</b> <i>Assistant Director</i> 314.442.3261
	<b>Cathy Connoley</b> <i>Rec. Program Coordinator</i> 314.442.3247		<b>Cynthia Wyatt</b> <i>Activity Assistant</i>
	<b>Connor Flood</b> <i>Activity Assistant</i>		<b>Emily Jolly</b> <i>PRN Program Assistant</i>
	<b>Karen Stephenson</b> <i>Admin. Assist.</i> 314.442.3248		<b>Renee Butler</b> <i>RN</i> 314.442.3243
	<b>Lucy Kiarie Kamau</b> <i>RN</i>		<b>Jenay Sneed</b> <i>CNA</i>

## Note:

- For schedule and/or transportation changes, call **314.442.3248**.
- For all medicine changes, treatments and any other pertinent medical information, contact **Renee**.



The Adult Day Center at the J welcomes adults of all faiths and ethnic origins. Medicaid is accepted and additional financial assistance is available to those who qualify. The program is licensed by the state of Missouri.

# Connections

**Socialization • Recreation • Support**



A program of the  
**Adult Day Center the j**  
Care for your whole family

# September 2018 Recreation Calendar & News

**Staenberg Family Complex**  
**Arts & Education Building**  
**2 Millstone Campus Drive**  
**St. Louis, MO 63146**  
**p 314.442.3248 • f 314.872.7189**



