

Dear IN Program Families,

July Highlights:

**July 2**  
IN will be creating fun Independence Day decorations for the upcoming July 4 celebration. On July 3, IN will join the Connections program, and celebrate Independence Day together! Wear red, white, and blue on the third and show how patriotic you can be!

**July 13**  
A group of volunteer students will be joining the IN program as we work on a garden, and art project together.

**July 25**  
IN has a volunteer outing with the NCJW (National Council of Jewish Women). The NCJW is hosting their annual Back to School event, which provides new school clothing and supplies to those in need. Everyone will need to be arrive no later than 8:15a so we can be on our way by 9:00am sharp. I will be ordering breakfast and lunch to go for our group, therefore please let me know by July 6, if your loved one will or will not be attending.

**REMINDERS**  
Each participant receives a monthly food menu in their binder. Please go over the menu with your loved one and if there is a meal that does not sound appetizing, you're welcome to bring a substitute meal that day.

Make sure to label any extra clothing items, bags and sunblock. All IN participant items will be kept safely in the front inside cabinets. Remind your loved one that they need to keep extra items and all bags up front. Our activity rooms are constantly be used by other J programs, and we do not always remain in the one room throughout the day. Thank you for your cooperation.

For any changes with transportation or daily schedules please call Kristen Conard at 314.442.3261. If calling after hours, please leave a message.

Looking forward to another great month full of fun activities!

Stay cool out there!

Sincerely,  
Brittany Fischer,  
IN Program Coordinator



Parent Focus Groups

Quarterly Focus Groups are intended to provide parents and families of IN Program participants an opportunity to connect and share resources with each other.

**Quarterly Meeting Dates**  
**Monday, August 13**  
**Monday, December 17**

**Meeting Time: 4:30-5:30pm**

*Meetings are held in the SFC Arts & Education Building*



Funding

Partial funding of the Adult Day Center at the J is provided under the provisions of the 1966 Older Americans Act, the Mid-East Area Agency on Aging (MEAAA), United Way, the Jewish Federation of St. Louis, the Karty Fund, the Veteran's Administration, the Missouri Department of Mental Health, the State of Missouri Medicaid Program and the Department of Veterans Affairs.

A grant though the Julius, Anna and Lillian Jossem Memorial Fund of the Jewish Federation of St. Louis funds the monthly Tai Chi program. The Music Therapy program is funded by a grant through the JCA Charitable Foundation.

The Adult Day Center at the J welcomes adults of all faiths and ethnic origins. Medicaid is accepted and additional financial assistance is available to those who qualify. The program is licensed by the state of Missouri.

IN Program

To contact our staff:

Main Office. . . . . 314.442.3248

	<b>Ashley Stockman</b> <i>Director</i> 314.442.3245		<b>Kristen Conard</b> <i>Assistant Director</i> 314.442.3261
	<b>Brittany Fisher</b> <i>IN Program Coordinator</i> 314.442.3249		<b>Rachel Goldmeier</b> <i>IN Program Assistant</i>
	<b>Cynthia Wyatt</b> <i>Activity Assistant</i>		<b>Connor Flood</b> <i>Activity Assistant</i>
	<b>Renee Gavigan</b> <i>Nurse</i> 314.442.3243		<b>Jenay Sneed</b> <i>CNA</i>
	<b>Lucy Kiarie Kamau</b> <i>RN</i>		<b>Karen Stephenson</b> <i>Admin. Assist.</i> 314.442.3248

**Note:**

- For schedule and/or transportation changes, call **314.442.3248**.
- For all medicine changes, treatments and any other pertinent medical information, contact **Renee**.



IN Program



St. Louis Tai Chi Event

A program of the  
**Adult Day Center**  
*Care for your whole family*

**July 2018**  
**Recreation Calendar & News**

**Staenberg Family Complex**  
**Arts & Education Building**  
**2 Millstone Campus Drive**  
**St. Louis, MO 63146**  
**p 314.442.3248 • f 314.872.7189**  
**jccstl.org**



## July 2 - 6

## July 9 - 13

## July 16 - 20

## July 23 - 27

## July 30 - 31

## July

2018

s	m	t	w	t	f	s
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## Morning

8:30-  
9:30am

9:30am

**12:15pm Lunch**

3:15pm

3:15pm

4:00pm