EC Menus April 2018

Red-Fresh Fruit Blue-Fresh Vegetables Green-Snack Meat/Meat Alternate
Purple-Breakfast Meat/Meat Alternate Brown-Whole Grain Food



Milk is served with breakfast and with snack

Monday	Tuesday	Wednesday	Thursday	Friday
4/2	4/3	4/4	4/5	4/6
Unsweetened Cereal Diced Peaches	Matza/Cream Cheese Cantaloupe Cubes	Unsweetened Cereal Fresh Banana	Apple Cinnamon Matza Brei Fresh Red Grapes	Matza/Cream Cheese Applesauce
Baked Tilapia Au Gratin Potatoes Fresh Strawberries Matza	Seasoned Taco Meat Shredded Lettuce Diced Tomatoes/Salsa Fresh Orange Wedges Matza	Tomato Soup Matza Melt Fresh Apple	Homemade Sweet and Sour Meatballs Mashed Potatoes Pineapple Tidbits Matza	Homemade Chicken Strips/Ranch Dressing Roasted Baby Carrots Diced Pears Matza
Carrot Fries/Russian Dressing	Fresh Apple	Honeydew Cubes	Diced Peaches/Macaroons	Fresh Banana
4/9	4/10	4/11	4/12	4/13
Cereal Diced Peaches	Blueberry Bagel Strawberries	Cereal Banana Half	French Toast Tropical Fruit	Whl Wht Toast/Hard Boiled Egg Half Pineapple Tidbits
Tomato Soup Toasted Cheese Dippers (whole wheat bread) Fresh Honeydew Cubes	Homemade Turkey Burger on Slider Bun Seasoned Potato Wedges Pineapple Tidbits	Baked Tilapia Rainbow Rice Green Beans Mixed Fruit Dinner Roll	Seasoned Taco Meat Shredded Lettuce Diced Tomatoes/Salsa Flour Tortilla Fresh Orange Wedges	Seasoned Chicken Drumsticks Maple Glazed Sliced Carrots Mixed Fruit Challah
Fresh Apple	Graham Crackers/Sun Butter	Fresh Pear	Peaches/Oat Granola	Soft Pretzel Bites/Honey Mustard Dip

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Purple-Breakfast Meat/Meat Alternate Brown-Whole Grain Food



Milk is served with breakfast and with snack

Monday	Tuesday	Wednesday	Thursday	Friday
4/16	4/17	4/18	4/19	4/20
Cereal Mixed Fruit	Cinnamon Wheat Toast Apricot Halves	Oat Granola Banana	Whole Grain Bagel/Cream Cheese Tropical Fruit	Whole Grain Biscuit Strawberries
Mexican Cheese Pizza Shredded Lettuce Diced Tomatoes Salsa Cantaloupe	Hamburger/Bun Mini Potato Pancakes Watermelon	Tuna Salad Roasted Carrot Sticks w/Russian Dressing Fresh Red Grapes Mini Pretzel Bread Sticks	Ziti Pasta w/Meat Sauce Green Salad/Caesar Dressing Fresh Pear	Homemade Oven Fried Chicken Strips Mashed Sweet Potatoes Pineapple Tidbits Challah
Cinnamon Graham Snack	Pineapple Tidbits	Yogurt and Graham Crackers	Cereal Snack Mix	Applesauce
4/23	4/24	4/25	4/26	4/27
Unsweetened Cereal Diced Pears	French Toast Sticks Diced Peaches	Oatmeal w/Apple Slices	Whole Grain Biscuit Mandarin Oranges	Whl Wht Toast/Sun Butter Strawberries
Mac and Cheese Green Beans Strawberries/Kiwi	Scrambled Eggs w/Smoked Turkey Hash Brown Potatoes Fresh Red Grapes Whl Wheat English Muffin Half	Cheese Pizza Cucumber Slices w/ Ranch Dressing Tropical Fruit	Sloppy Joes Sweet Corn Pineapple Tidbits Slider Bun	Turkey/Gravy Mashed Potatoes Cran Applesauce Challah
Soft Pretzel Bites/Honey Mustard Sauce	Fresh Orange Wedges	Crackers/ Cheese Slices	Carrot Fries w/Russian Dip	Fresh Banana

EC Menus April 2018

Red-Fresh Fruit Blue-Fresh Vegetables Green-Snack Meat/Meat Alternate
Purple-Breakfast Meat/Meat Alternate Brown-Whole Grain Food



Milk is served with breakfast and with snack

Monday	Tuesday	Wednesday	Thursday	Friday
4/30				
Cereal				
Diced Peaches				
Milk				
Tomato Mac Soup				
Cheese Cubes				
Fresh Red Grapes				
Mini Pretzel Bread Sticks				
Yogurt/Granola				

Early Childhood Special Menus April 2018



Red-Vegetarian Green-No red meat Blue-No Dairy No-Turkey Purple-No Eggs No-Fish

Milk is served with breakfast and snack

Monday	Tuesday	Wednesday	Thursday	Friday
4/2	4/3	4/4	4/5	4/6
Unsweetened Cereal	Matza/Cream Cheese	Unsweetened Cereal	Apple Cinnamon Matza	Matza/Cream Cheese
Diced Peaches	Cantaloupe Cubes	Fresh Banana	Brei	Applesauce
			Fresh Red Grapes	
Baked Tilapia	Seasoned Taco Meat	Tomato Soup	Homemade Sweet and	Homemade Chicken
Hard Boiled Eggs	Egg Salad	Matza Melt	Sour Meatballs	Strips/Ranch Dressing
Au Gratin Potatoes	Egg Salad	Hard Boiled Eggs	Veggie Quiche	Scrambled Eggs
Fresh Strawberries	Shredded Lettuce	Tropical Fruit	Veggie Quiche	Roasted Baby Carrots
Matza	Diced Tomatoes/Salsa		Mashed Potatoes	Diced Pears
	Fresh Orange Wedges		Pineapple Tidbits	Matza
	Matza		Matza	
Carrot Fries/Russian	Fresh Apple	Honeydew Cubes	Diced	Fresh Banana
Dressing		·	Peaches/Macaroons	
4/9	4/10	4/11	4/12	4/13
Cereal	Blueberry Bagel	Cereal	French Toast	Whl Wht Toast/Hard
Diced Peaches	Strawberries	Banana Half	Tropical Fruit	Boiled Egg Half
				Pineapple Tidbits
Tomato Soup	Homemade Turkey	Baked Tilapia	Seasoned Taco Meat	Seasoned Chicken
Toasted Cheese Dippers	Burger on Slider Bun	Scrambled Eggs	Taco Seasoned Tofu	Drumsticks
Sun Butter	Homemade Veggie	Rainbow Rice	Crumbles	Seasoned Veggie Burger
(whl wht bread)	Burger on Slider Bun	Green Beans	Taco Seasoned Tofu	Maple Glazed Sliced
Fresh Honeydew Cubes	Homemade Veggie	Mixed Fruit	Crumbles	Carrots
	Burger on bun	Dinner Roll	Shredded Lettuce	Mixed Fruit
	Seasoned Potato Wedges		Diced Tomatoes/Salsa	Challah
	Pineapple Tidbits		Flour Tortilla	
			Fresh Orange Wedges	
Fresh Apple	Graham Crackers/Sun	Fresh Pear	Peaches/Oat Granola	Soft Pretzel Bites/Honey
	Butter			Mustard Dip

Early Childhood Special Menus April 2018



Red-Vegetarian Green-No red meat Blue-No Dairy No-Turkey Purple-No Eggs No-Fish

Milk is served with breakfast and snack

Monday	Tuesday	Wednesday	Thursday	Friday
4/16	4/17	4/18	4/19	4/20
Cereal	Cinnamon Wheat Toast	Oat Granola	Whole Grain	Whole Grain Biscuit
Mixed Fruit	Apricot Halves	Banana	Bagel/Cream Cheese	Strawberries
			Tropical Fruit	
Mexican Cheese Pizza	Hamburger/Bun	Tuna Salad	Ziti Pasta w/Meat	Homemade Oven Fried
Mexican Seasoned Tofu	Veggie Patty on Bun	Egg Salad	Sauce	Chicken Strips
Crumble Pizza (no cheese)	Veggie Patty on Bun	Roasted Carrot Sticks	Ziti Pasta w/Tofu	Homemade Oven Fried
Shredded Lettuce	Mini Potato Pancakes	w/Russian Dressing	Crumbles	Tofu Strips
Diced Tomatoes	Watermelon	Fresh Red Grapes	Ziti Pasta w/Tofu	Mashed Sweet Potatoes
Salsa		Mini Pretzel Bread	Crumbles	Pineapple Tidbits
Cantaloupe		Sticks	Green Salad/Caesar	Challah
			Dressing	
			Fresh Pear	
Cinnamon Graham Snack	Pineapple Tidbits	Yogurt and Graham	Cereal Snack Mix	Applesauce
		Crackers		
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4/23	4/24	4/25	4/26	4/27
Unsweetened Cereal	French Toast Sticks	Oatmeal	Whole Grain Biscuit	Whl Wht Toast/Sun Butter
			-7	
Unsweetened Cereal Diced Pears	French Toast Sticks Diced Peaches	Oatmeal w/Apple Slices	Whole Grain Biscuit Mandarin Oranges	Whl Wht Toast/Sun Butter Strawberries
Unsweetened Cereal	French Toast Sticks Diced Peaches Scrambled Eggs	Oatmeal w/Apple Slices Cheese Pizza	Whole Grain Biscuit Mandarin Oranges Sloppy Joes	Whl Wht Toast/Sun Butter Strawberries Turkey/Gravy
Unsweetened Cereal Diced Pears Mac and Cheese Veggie Burger	French Toast Sticks Diced Peaches Scrambled Eggs w/Smoked Turkey	Oatmeal w/Apple Slices	Whole Grain Biscuit Mandarin Oranges Sloppy Joes Sloppy Veggie Patty	Whl Wht Toast/Sun Butter Strawberries Turkey/Gravy Seasoned Tofu
Unsweetened Cereal Diced Pears Mac and Cheese Veggie Burger Seasoned Macaroni	French Toast Sticks Diced Peaches Scrambled Eggs w/Smoked Turkey Scrambled Eggs	Oatmeal w/Apple Slices Cheese Pizza Homemade Veggie Burger Pizza (no	Whole Grain Biscuit Mandarin Oranges Sloppy Joes Sloppy Veggie Patty Crumbles	Whl Wht Toast/Sun Butter Strawberries Turkey/Gravy Seasoned Tofu Seasoned Tofu
Unsweetened Cereal Diced Pears Mac and Cheese Veggie Burger Seasoned Macaroni Green Beans	French Toast Sticks Diced Peaches Scrambled Eggs w/Smoked Turkey	Oatmeal w/Apple Slices Cheese Pizza Homemade Veggie Burger Pizza (no cheese)	Whole Grain Biscuit Mandarin Oranges Sloppy Joes Sloppy Veggie Patty Crumbles Sloppy Veggie Patty	Whl Wht Toast/Sun Butter Strawberries Turkey/Gravy Seasoned Tofu
Unsweetened Cereal Diced Pears Mac and Cheese Veggie Burger Seasoned Macaroni	French Toast Sticks Diced Peaches Scrambled Eggs w/Smoked Turkey Scrambled Eggs Hash Brown Potatoes Fresh Red Grapes	Oatmeal w/Apple Slices Cheese Pizza Homemade Veggie Burger Pizza (no	Whole Grain Biscuit Mandarin Oranges Sloppy Joes Sloppy Veggie Patty Crumbles Sloppy Veggie Patty Crumbles	Whl Wht Toast/Sun Butter Strawberries Turkey/Gravy Seasoned Tofu Seasoned Tofu Mashed Potatoes Cran Applesauce
Unsweetened Cereal Diced Pears Mac and Cheese Veggie Burger Seasoned Macaroni Green Beans	French Toast Sticks Diced Peaches Scrambled Eggs w/Smoked Turkey Scrambled Eggs Hash Brown Potatoes Fresh Red Grapes Whl Wheat English	Oatmeal w/Apple Slices Cheese Pizza Homemade Veggie Burger Pizza (no cheese) Cucumber Slices w/ Ranch Dressing	Whole Grain Biscuit Mandarin Oranges Sloppy Joes Sloppy Veggie Patty Crumbles Sloppy Veggie Patty Crumbles Sweet Corn	Whl Wht Toast/Sun Butter Strawberries Turkey/Gravy Seasoned Tofu Seasoned Tofu Mashed Potatoes
Unsweetened Cereal Diced Pears Mac and Cheese Veggie Burger Seasoned Macaroni Green Beans	French Toast Sticks Diced Peaches Scrambled Eggs w/Smoked Turkey Scrambled Eggs Hash Brown Potatoes Fresh Red Grapes	Oatmeal w/Apple Slices Cheese Pizza Homemade Veggie Burger Pizza (no cheese) Cucumber Slices w/	Whole Grain Biscuit Mandarin Oranges Sloppy Joes Sloppy Veggie Patty Crumbles Sloppy Veggie Patty Crumbles Sweet Corn Pineapple Tidbits	Whl Wht Toast/Sun Butter Strawberries Turkey/Gravy Seasoned Tofu Seasoned Tofu Mashed Potatoes Cran Applesauce
Unsweetened Cereal Diced Pears Mac and Cheese Veggie Burger Seasoned Macaroni Green Beans	French Toast Sticks Diced Peaches Scrambled Eggs w/Smoked Turkey Scrambled Eggs Hash Brown Potatoes Fresh Red Grapes Whl Wheat English	Oatmeal w/Apple Slices Cheese Pizza Homemade Veggie Burger Pizza (no cheese) Cucumber Slices w/ Ranch Dressing	Whole Grain Biscuit Mandarin Oranges Sloppy Joes Sloppy Veggie Patty Crumbles Sloppy Veggie Patty Crumbles Sweet Corn	Whl Wht Toast/Sun Butter Strawberries Turkey/Gravy Seasoned Tofu Seasoned Tofu Mashed Potatoes Cran Applesauce
Unsweetened Cereal Diced Pears Mac and Cheese Veggie Burger Seasoned Macaroni Green Beans Strawberries/Kiwi	French Toast Sticks Diced Peaches Scrambled Eggs w/Smoked Turkey Scrambled Eggs Hash Brown Potatoes Fresh Red Grapes Whl Wheat English Muffin Half	Oatmeal w/Apple Slices Cheese Pizza Homemade Veggie Burger Pizza (no cheese) Cucumber Slices w/ Ranch Dressing Tropical Fruit	Whole Grain Biscuit Mandarin Oranges Sloppy Joes Sloppy Veggie Patty Crumbles Sloppy Veggie Patty Crumbles Sweet Corn Pineapple Tidbits Slider Bun	Whl Wht Toast/Sun Butter Strawberries Turkey/Gravy Seasoned Tofu Seasoned Tofu Mashed Potatoes Cran Applesauce Challah
Unsweetened Cereal Diced Pears Mac and Cheese Veggie Burger Seasoned Macaroni Green Beans Strawberries/Kiwi	French Toast Sticks Diced Peaches Scrambled Eggs w/Smoked Turkey Scrambled Eggs Hash Brown Potatoes Fresh Red Grapes Whl Wheat English	Oatmeal w/Apple Slices Cheese Pizza Homemade Veggie Burger Pizza (no cheese) Cucumber Slices w/ Ranch Dressing Tropical Fruit Crackers/	Whole Grain Biscuit Mandarin Oranges Sloppy Joes Sloppy Veggie Patty Crumbles Sloppy Veggie Patty Crumbles Sweet Corn Pineapple Tidbits Slider Bun Carrot Fries w/Russian	Whl Wht Toast/Sun Butter Strawberries Turkey/Gravy Seasoned Tofu Seasoned Tofu Mashed Potatoes Cran Applesauce
Unsweetened Cereal Diced Pears Mac and Cheese Veggie Burger Seasoned Macaroni Green Beans Strawberries/Kiwi	French Toast Sticks Diced Peaches Scrambled Eggs w/Smoked Turkey Scrambled Eggs Hash Brown Potatoes Fresh Red Grapes Whl Wheat English Muffin Half	Oatmeal w/Apple Slices Cheese Pizza Homemade Veggie Burger Pizza (no cheese) Cucumber Slices w/ Ranch Dressing Tropical Fruit	Whole Grain Biscuit Mandarin Oranges Sloppy Joes Sloppy Veggie Patty Crumbles Sloppy Veggie Patty Crumbles Sweet Corn Pineapple Tidbits Slider Bun	Whl Wht Toast/Sun Butter Strawberries Turkey/Gravy Seasoned Tofu Seasoned Tofu Mashed Potatoes Cran Applesauce Challah

Early Childhood Special Menus April 2018



Red-Vegetarian Green-No red meat Blue-No Dairy No-Turkey Purple-No Eggs No-Fish Milk is served with breakfast and snack

Monday	Tuesday	Wednesday	Thursday	Friday
4/30				
Cereal				
Diced Peaches				
Milk				
Tomato Mac Soup				
Cheese Cubes				
Veggie Patty				
Fresh Red Grapes				
Mini Pretzel Bread Sticks				
Vocant/Canada				
r ogurt/Granola				
Veggie Patty Fresh Red Grapes				