

## Week of February 26-28

### Monday, February 26

#### Vote for Purim Queen and King!

Salisbury Steak  
*Classic blend of ground beef, seasonings served w/a rich brown gravy*  
Mashed Potatoes  
Roasted Baby Carrots  
Whole Wheat Dinner Roll  
Strawberries w/Whipped Topping,  
Graham Crackers

**Name That Tune: Romantic Love Songs**  
6-6:30pm

### Tuesday, February 27

#### Vote for Purim Queen and King!

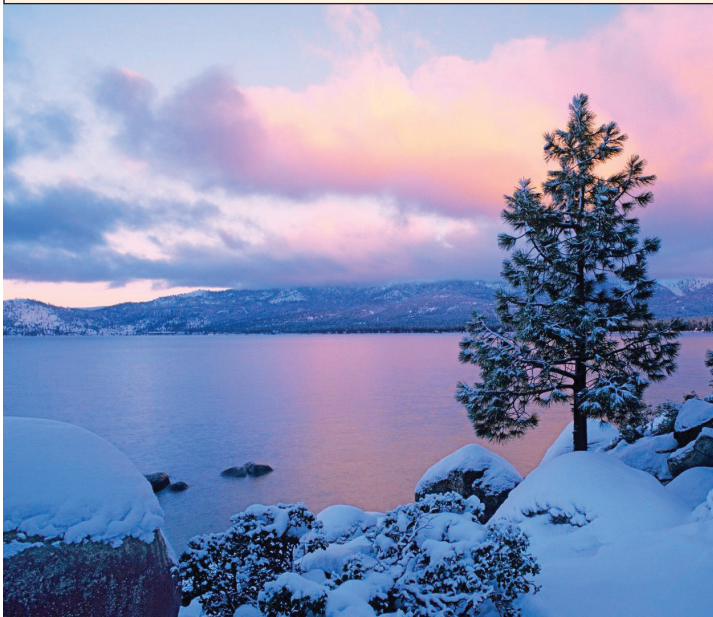
Savory Chicken Stew  
Marinated Tomato Salad  
Whole Wheat Croutons  
French Bread  
Apple Streusel

### Wednesday, February 28

#### Erev Purim Celebration

Roast Turkey and Gravy  
Whole Wheat Bread Stuffing  
Roasted Vegetables  
Green Salad w/Cranberries, Apples, Pecans  
Hamentashen

**King and Queen Crowning**  
5:15pm



Dear Diners,

Shalom!

February means that spring is inching closer and the cold winter days are winding down. Though the shortest month, February is chock-full of celebrations! Amongst them, that we will celebrate, are the Chinese New Year, Groundhog Day, American Heart Month, President's Day and Black History Month.

We hope you choose to join us for ALL our parties and fun programs throughout the month. We will of course have our delicious kosher meals available, and our other after-dinner events. Here is a list of all the programs we have planned in more detail.

#### February Highlights

**Feb 1** – It's dinner and a **movie (with popcorn) night!** We will watch the film **Going In Style!**

**Feb 7** – Put on your dancing shoes for a **Tango Demonstration and Lesson** after dinner!

**Feb 8** – Play **White Elephant Bingo** and you may win some awesome prizes.

**Feb 12** – **The Support Council** and **Menu Meeting** is before dinner. Share your thoughts and help plan our fun activities.

**Feb 13** – It's a **Cajun Celebration!** Entertainment provided by **Bob Artime**.

**Feb 14** – **Red & White Day!** Wear red & white and the best dressed will win a prize! Stay for another **Tango Demonstration and Lesson** after dinner!

**Feb 15** – **AW Healthcare Presentation**

**Feb 19** – Experience our **Chinese New Year Celebration**. Children from the Chinese Modern School perform!

**Feb 21** – **President's Day Trivia!** See what you can recall about past U.S. presidents.

**Feb 22** – **It's a Birthday Party!** We'll have musical entertainment with **Robert Callmeyer**, and flowers presented to those celebrating February birthdays!

**Feb 26** – Test your music knowledge during **Name That Tune!**

**Feb 28** – It's a **Purim Celebration!** We'll crown our King and Queen at 5:15pm in the dining room!

Thanks for joining us!  
Katie Morrison  
Coordinator of Senior Programs



## Coming in March

- 1 Willow Brook Elementary School- Children's Choir
- 7 White Elephant Bingo
- 8 International Woman's Day
- 12 Support Council and Menu Meeting
- 14 Trivia with Katie
- 15 AW Healthcare
- 19 Green Day Celebration
- 21 Name That Tune
- 29 Birthday Celebration

#### Состоится в Марте...

- 1 Начальная школа Уиллоу Брук - Детский хор
- 7 Большое Бинго
- 8 Международный Женский День
- 12 Совет по поддержке и обсуждение меню
- 14 Викторина с Кейти
- 15 AW представляет
- 19 Празднование Дня по озеленению
- 21 Назови мелодию
- 29 Празднование Дней Рождения



*Menus reflect MEAAA requirements which follow key recommendations from the Dietary Guidelines for Americans.*

Kosher meals, Vaad Hoer supervised. This program is funded by Title III of the Older Americans Act through Mid-East Area Agency on Aging, and Jewish Federation, and administered by the J. Everyone 60 years and older is invited to participate. Facilities are available to all without regard to race, faith, color, national origin, age, gender, or handicap.

## Covenant Place Dining

Catered by **kitchen j**  
**February 2018**



Dinner Served: 5pm  
Monday – Thursday

Friday Shabbat Dinner: 5pm

### Reservations Required

Please call one day in advance.  
RESERVATION LINE: 314.442.3149  
OR: kmorrison@jccstl.org

Covenant II  
Milford and Lee Bohm Social Hall  
8 Millstone Campus Drive

Thank you for your contribution.  
Suggested per meal: \$3.50

**For changes or cancellations in service due to inclement weather, call 314.442.3149.**

jccstl.org





Week of February 1-2



**Thursday, February 1**  
Chili Dog  
Seasoned Potato Wedges  
Sweet Corn  
Chilled Applesauce  
Oatmeal Raisin Bar

**Movie and Popcorn Night**  
“Going in Style”  
6-8pm

**Friday, February 2**  
**Shabbat Dinner**  
Chicken Vegetable Soup  
Braised Chicken & Gravy  
Kasha and Bowties  
Pickled Beets  
Challah  
Apricot Peach Shortcake

Week of February 5-9

**Monday, February 5**  
Tuna Noodle Casserole  
*A creamy classic recipe*  
Green Lettuce Salad  
*With fresh apples and sweet vinaigrette dressing*  
Glazed Carrots  
Soft Wheat Dinner Roll  
Double Chocolate Brownie

**Tuesday, February 6**  
Soft Beef Tacos  
*Mildly seasoned beef w/two flour tortillas*  
Cilantro Rice  
Chopped Lettuce  
Diced Tomatoes  
Salsa  
Fresh Orange Wedges

**Wednesday, February 7**  
Vegetable Cous Cous Soup  
Italian Salad  
Cheese Pita Pizza  
Strawberries  
Vanilla Ice Cream

**Tango Demonstration & Lesson**  
**A Covenant Place Program**  
6pm

**Thursday, February 8**  
Chicken Cacciatore w/ Spaghetti  
Three Bean Salad  
Garlic Wheat Rolls  
Pear Almond Cookie Crumble

**White Elephant Bingo**  
6-6:30pm

**Friday, February 9**  
**Shabbat Dinner**  
Vegetable Barley Soup  
Baked Meatloaf/Gravy  
Baked Potato  
Challah  
Apricots w/Whipped Topping

Week of February 12-16

**Monday, February 12**  
Creole Tomato Soup  
Egg Salad Croissant  
Lettuce, Tomato, Sweet Pickle  
Savory Wheat Croutons  
*Try adding to the soup!*  
Fresh Honeydew & Red Grapes

**Support Council & Menu Meeting**  
**Everyone is Welcome!**  
**Friendship Room**  
**2:30-4pm**

**Tuesday, February 13**  
**Cajun Celebration!**  
Chicken Jambalaya w/Brown Rice  
Sweet Corn  
Crisp Garden Salad  
Warm French Bread  
King’s Cake

**Fun & Music with Bob Artime**  
6-6:30pm

**Wednesday, February 14**  
**Red and White Day**  
Sloppy Joes on Wheat Bun  
Red Potato Salad  
Creamy Coleslaw  
Sweetheart Strawberry Cake

**Wear Red & White!**  
**Best Dressed wins prize!**  
**Tango Demonstration & Lesson**  
**A Covenant Place Program**  
6pm

**Thursday, February 15**  
Meatball Sliders  
Italian Braised Potatoes  
Grilled Peppers and Onions  
Kosher Dill Pickles  
Soft Wheat Dinner Rolls  
Fresh Banana

**Heart Healthy Living**  
**AW Healthcare**  
6-6:30pm

**Friday, February 16**  
**Shabbat Dinner**  
Chicken Soup w/Kasha  
Oven Fried Chicken  
Baked Sweet Potato  
Cucumber Dill Salad  
Challah  
Chilled Mixed Fruit  
Homemade Sugar Cookie

Week of February 19-23

**Monday, February 19**  
**Chinese New Year Celebration**  
Stir Fry Chicken and Vegetables  
Steamed Brown Rice  
Asian Salad  
Egg Rolls  
Fresh Orange Wedges  
Almond Cake

**Children Performance**  
**Chinese Modern School**  
**6-6:30pm**

**Tuesday, February 20**  
Italian Beef  
Herbed Fettucine  
Seasoned Sliced Carrots  
Tomato, Red Onion, Kosher Pickle  
Marble Rye Bread  
Fresh Red Grapes

**Wednesday, February 21**  
**President’s Day**  
Creamy Corn Chowder  
Soft Pretzel Stick  
Mediterranean Chicken Chef Salad  
*Seasoned chicken breast, mixed greens, tomatoes, peppers, sweet vinaigrette*  
Whole Wheat Crostini  
Fresh Apple Wedges

**President’s Day Trivia**  
**Test Your Memory!**  
**Team with the highest score will get a prize!**  
6-6:30pm

**Thursday, February 22**  
**Birthday Party!**  
BBQ Burger on Wheat Bun  
Sweet Potato Wedges  
Creamy Coleslaw  
Chilled Pears  
Birthday Carrot Cake

**Musical Entertainment**  
**Robert Callmeyer**  
6-6:30pm



**Friday, February 23**  
**Shabbat Dinner**  
Chicken Rice Soup  
Honey Glazed Chicken  
Smothered Cabbage  
*Braised cabbage and potatoes*  
Sweet Peas  
Challah  
Tropical Fruit Ambrosia